

Community Health Needs Assessment

Mercy Hospital Southeast
2025



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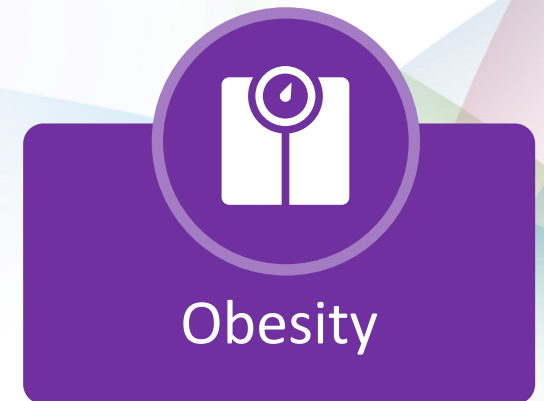


FY22-24 Impact

The 2022 community health needs assessment identified six priority health areas:



A community health improvement plan was developed and implemented to address these significant needs. Southeast Health developed and implemented a variety of programs and initiatives to address the needs identified in the 2022 CHNA.





FY22-24 Impact

Substance Use / Mental Health Smoking and Vaping



Project Charlie (Chemical Abuse Resolution Lies in Education): School-based program for 7–10-year-old youth to prevent substance use disorders.

Southeast Behavioral Hospital Collaboration: Work with local Behavioral Health Hospital to provide appropriate warm hand-offs to specialized care.

Smoking Cessation Program: Focused on patients with COPD to help manage health and wellbeing through evidence and education around smoking and other tobacco uses.



FY22-24 Impact

Chronic Disease Management Healthcare Access



Diabetes Support group: Hosted monthly within Mercy Fitness Center - Jackson to help engage patients with the chronic disease management.

Daybreak for Youth: Hosted annually within Mercy Fitness Center – Jackson to help educate youth to reduce diabetes prevalence

Chronic Care Management (CCM) Program: Provided comprehensive care plannings and monthly nursing engagement with patients diagnosed with chronic conditions

Extender Model in Primary Care: Allowed advanced practice providers to see physician patients, giving more capacity for top-of-license patients to see more in the community.



FY22-24 Impact

Healthcare Affordability

Obesity

Pharmacy High-cost medication assistance program: Internal Pharmacy program to help underserved patients afford essential prescriptions for treatment care plan, including specific oncological medications.

Prescription Produce Program: Ensuring access to healthy foods for patients with food insecurity to manage weight and overall health. Collaborating with Southeast Missouri Food Bank to actually provide fresh product and other food items to these enrollees. Currently have 125 patients enrolled in program.

StartingPoint: Hosted at Mercy Fitness Centers to medically manage obesity mitigation. This program has served over 150 patients during the evaluated time.

Cooking Classes for Cape Central Middle School: Providing hands-on education to youth to better understand impact of healthy food and techniques in preparing it at home. This program has served over 400 students during the evaluated time.

Executive Summary

Mercy Southeast is committed to carrying out its mission to deliver compassionate care and exceptional service for all members of the communities it serves, with special attention to those who are marginalized, underserved, and most vulnerable. As part of this CHNA, Mercy convened a collaboration of area health care and non-profit partners to conduct a comprehensive community health survey and various focus group sessions. Available secondary health data was also obtained, and Southeast indicators were compared to those of Missouri and the United States.

Mercy Hospital Southeast is a 245-bed acute-care hospital located in Cape Girardeau, Missouri affiliated with Mercy, a large Catholic health system. Headquartered in St. Louis, Mercy serves millions of people each year in multiple states across the central United States. For the purposes of this Community Health Needs Assessment (CHNA), the community served by Mercy Southeast will be defined as the four-county Southeast region made up of Cape Girardeau, Bollinger, Scott and Stoddard Counties.



Executive Summary *(continued)*

The Southeast community health needs assessment Task Force reviewed and prioritized the needs based on several criteria. 2025 prioritized community health needs are: Behavioral Health, Healthcare Capacity, and Transportation Access

These prioritized needs will be the basis of Mercy Southeast's three-year community health improvement plan (CHIP), which will guide the coordination and targeting of resources and the planning, implementation, and evaluation of new and existing programs and interventions.

This cycle, the community health assessment process was impacted by the transition of Southeast Health to Mercy Southeast. At Mercy and among our key collaborative partners, resources and energy were redirected to essential operational functions, including electronic health record integration. Also impacted by the transition were the methods by which our partners collaborated and collected data. This created a hybrid of both in-person and virtual data collection methods and community engagement.

Community Profile

Population

Median Age

Median Income
and Education

Population
Growth

Insurance
Coverage



Community Profile

Median Age, Household Income, Graduation Rate

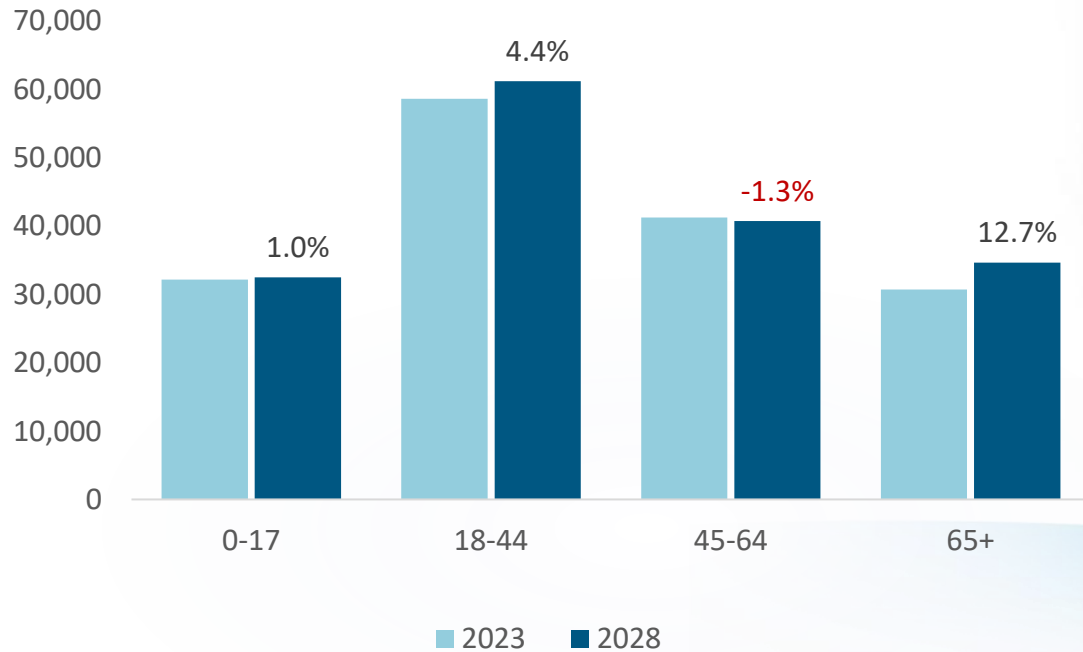
	Community	MO	US
5-Year Population Growth	3.9%	2.8%	4.0%
Median Age	35	39	35
Median HH Income	\$49k	\$57k	\$61k
High School Grad or Greater	89%	92%	90%

Source: Advisory Board Demographic Estimates, 2023-2028



Community Profile

Population Growth



Community Profile

Access to Care



System Affiliation	ID	Hospital	City, State	Type	Total Hospital Beds	Total Inpatient Discharges	Total Births	Total Assets (millions)	Net Patient Revenue (millions)	Operating Profit Margin
Mercy	1	Mercy Hospital Southeast	Cape Girardeau, MO	Acute	245	7,045	655	\$258	\$314	-44.3%
	2	Mercy Hospital Stoddard	Dexter, MO	Acute	43	1,192	0	\$25	\$37	-44.2%
Other System or Independent	3	Saint Francis Medical Center	Cape Girardeau, MO	Acute	306	8,624	1,191	\$1,295	\$557	-1.3%
	4	Missouri Delta Medical Center	Sikeston, MO	Acute	132	3,906	443	\$95	\$126	-14.7%

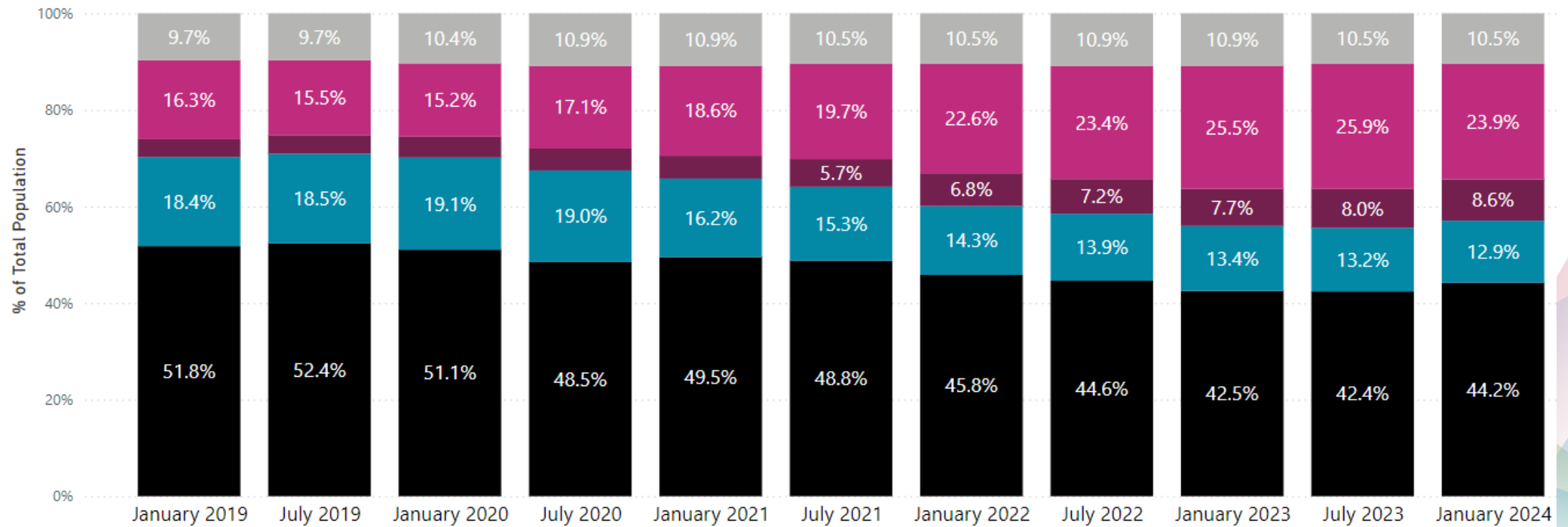
Sources: IP discharges and births-MHA/HIDI, FY2024; total beds (all types) and financials (hospital only)-AHD (reporting year varies by provider)



Community Profile

Insurance Status

● Commercial ● Medicare Traditional ● Medicare Advantage ● Medicaid ● Uninsured



Source: EDAO/Market Intelligence/Clarivate



Our Assessment Process

Finding the Real Community Needs

This CHNA process was designed to: use data to identify those who may not be flourishing; use information provided from focus groups and community surveys to help community members and organizations identify systems that perpetuate inequity; and test programmatic changes that have the potential to disrupt these systems. By doing this we hope the long-term outcome will be the creation of conditions where everyone has the opportunity to achieve health and well-being, by addressing the root causes of poor health outcomes.

The following methods were used to understand the community health needs:

- **Community Survey** – a survey of the general public to better understand what they view as the most significant health issues.
- **Community Focus Groups** – discussions with community members and community champions to delve deeper into individual experiences with health-related issues
- **Secondary Data Research** – information related to the current state of our community’s economic, social, and health status published by established sources

Our Assessment Process

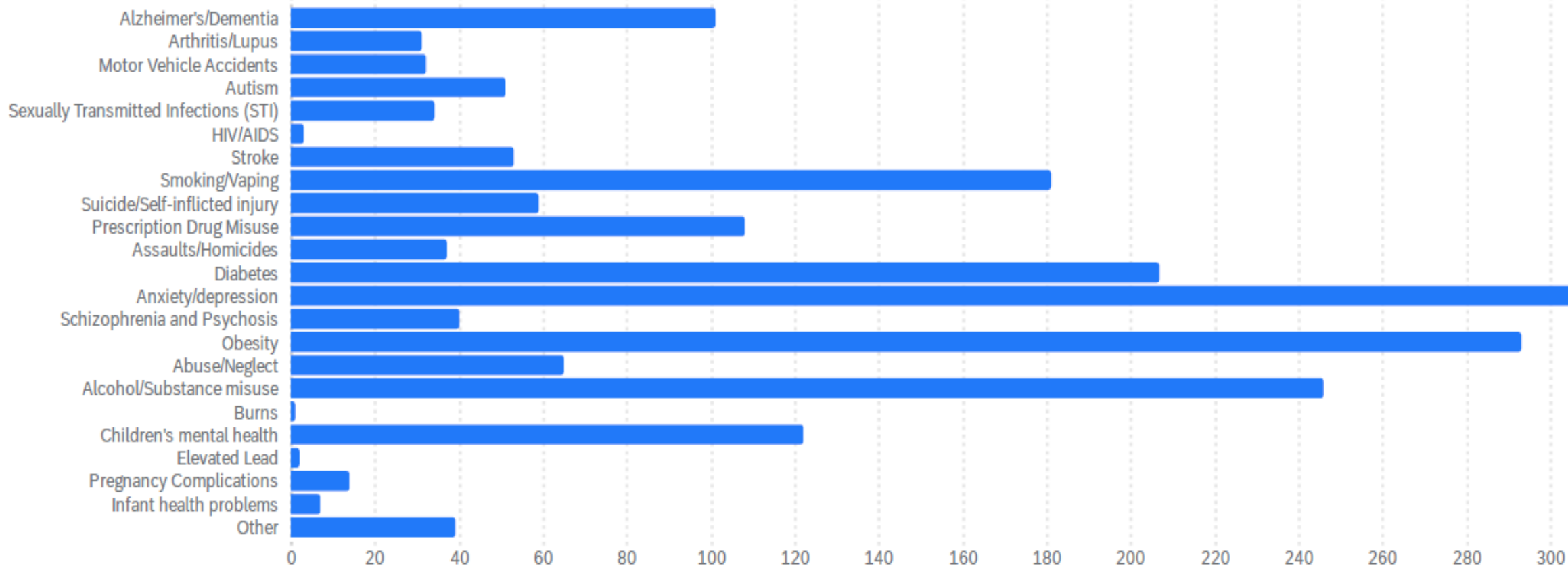
Community Input

Community Health Survey

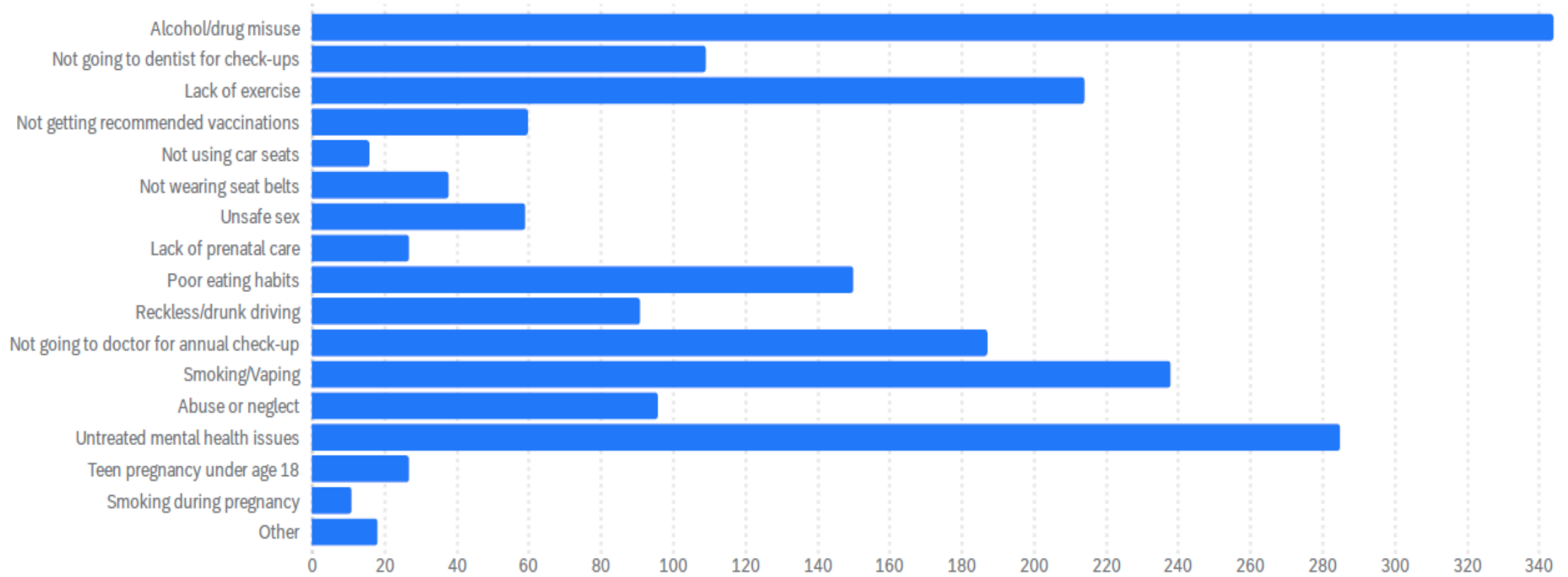
Mercy convened a community task force of *fifteen* Southeast area health care and social service organizations to conduct a comprehensive community health survey in 2024. The final survey was made up of *forty* questions focused on health issues and needs most important to the respondents, wellness, mental health, barriers to care, and childhood immunizations. Various community partners promoted the survey on social media while also distributing the survey electronically to their co-workers, patients, clients, and community members by email and through social media.

506 responses were included in the final analytic sample. 57% of respondents were from Cape Girardeau County, 21% from Stoddard County, 15% from Scott County, and 7% from Bollinger County. Results regarding the top health issues, social issues, and risk behaviors are on the following pages. Complete results of the 2025 Southeast Community Health Survey are included in the Appendix.

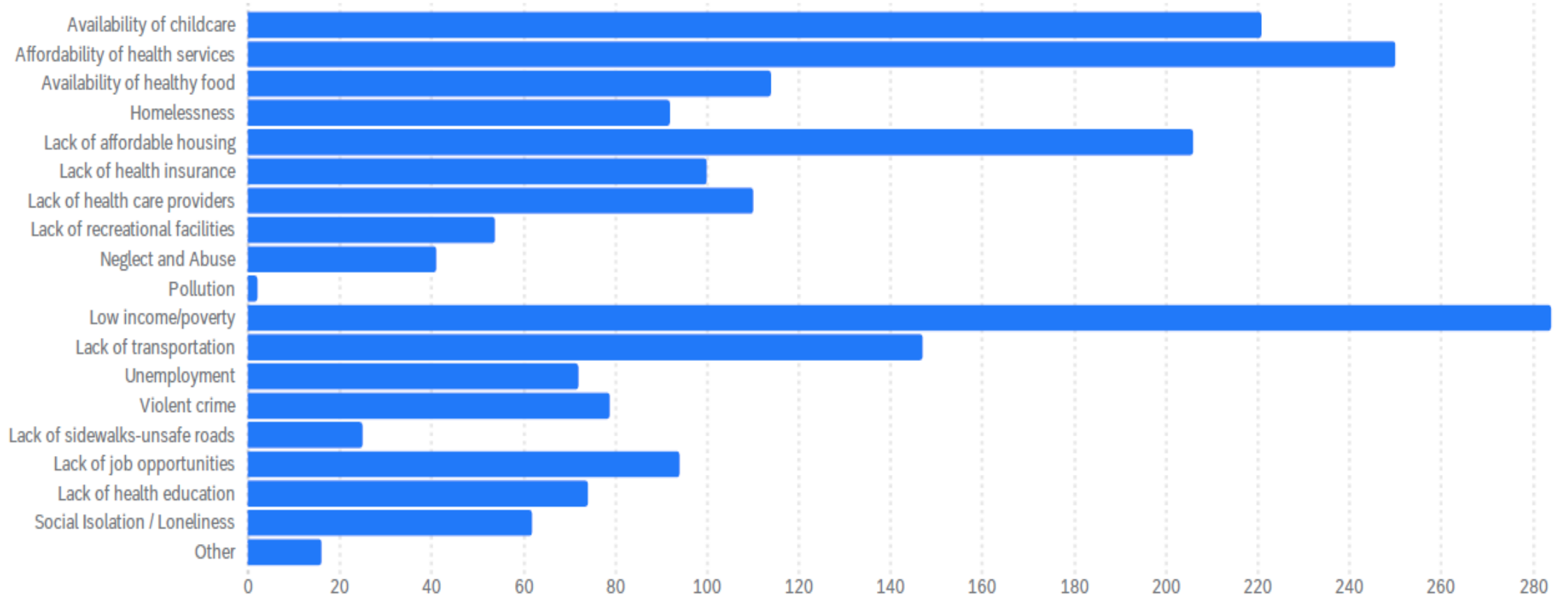
What are the TOP 5 most common health issues in your community? 429 ⓘ



What are the TOP 5 risk behaviors that impact health in your community? 420 ⓘ



What are the TOP 5 social issues that have the greatest effect on quality of life in your community? 428 ⓘ



Our Assessment Process

Community Input (continued)

Community Health Focus Groups

The facilitation team was made up of a lead facilitator and scribe during the *four* focus groups. The participants included individuals served by collaborating organizations as well as leaders from within the community. The facilitator led each community focus group and followed a written script to ensure consistent messaging at all events. The scribe then recorded quotes and ideas from individuals as they responded to each question. There were both in-person and virtual focus groups held allowing for maximum participation.

Participants convened discussions regarding the state of health in the Southeast region. Key community health issues were discussed whether they were *clinical* in scope (diabetes) or *non-clinical* (healthy food access). Then the group talked through currently available community resources along with the barriers to accessing these benefits. Finally, the community members brainstormed future solutions towards the top needs that included expanding/increasing current programs or developing new initiatives.

Our Assessment Process

Secondary Data Research

The following external sources of published data are examples of those utilized in the data collection process.

- U.S. Census Bureau, 2020 Census Results. <https://www.census.gov/>
- U.S. Census Bureau American Community Survey, 2023. <https://www.census.gov/programs-surveys/acs/data.html>
- The Robert Wood Johnson Foundation and The University of Wisconsin-Public Health Institute <http://www.countyhealthrankings.org/>
- Cape Girardeau County Health Department, 2023 Community Health Assessment. [cha-cape-long-2-23-23_001.pdf](#)
- MO Dept. of Health and Senior Services, 2024 Missouri State Health Assessment. <https://health.mo.gov/accreditation/pdf/state-health-assessment.pdf>

Our Assessment Process

A list of community partners involved in the CHNA process is provided below:

- Cape Girardeau County Health Department
- Community Counseling Centers
- Community Partners of Southeast MO
- Cross Trails Medical & Dental Center
- City of Cape Girardeau Police Department
- Federal Emergency Management Agency
- Gateway to Hope
- Gibson Recovery Center
- John's Pharmacy
- Safe House of Southeast MO
- Saint Francis Healthcare
- Southeast MO State University
- Southeast MO Food Bank
- Southside Farms
- United Way of Southeast MO



Prioritized Needs

Prioritizing Identified Health Needs

The Southeast MO Comm Health Needs Assessment Task Force met in November 2024 to prioritize the identified health needs. The committee reviewed the primary and secondary data collected during the CHNA process, evaluated the strengths and resources of the community, and took into account the hospital's strategic plan. The committee narrowed the list of identified health needs by using a strategy grid. Criteria used to prioritize the needs using the strategy grid were Magnitude of the Need and Availability of Resources to address the need. The strategy grid narrowed the list of health needs to eleven themes: **Affordable Housing, Affordable Childcare, Affordable Medications, Behavioral Health, Chronic Disease, Healthy Food Access, Health Literacy, Healthcare Capacity, Internet Access, Meaningful Employment, and Transportation Access.**

The above themes were then placed in level of importance through the nominal group technique. This ranked the needs based off the strategy grid, key primary and secondary data collection process and organizational insights. Based on the results of the **2025 CHNA**, Mercy Southeast has prioritized three health needs: **Behavioral Health, Healthcare Capacity, and Transportation Access**

Prioritized Needs

Prioritizing Identified Health Needs

Strategy Grid Results

		Magnitude of Need		
		High	Medium	Low
Resources Available	High	Health Literacy	Meaningful Employment	
	Medium	Chronic Disease Healthy Food Access Behavioral Health	Affordable Medications Internet Access	
	Low	Affordable Housing Healthcare Capacity Transportation Access	Affordable Childcare	

Nominal Group Ranking Results

Identified Health Need	Ranking Score*	Chosen as Priority Need
Affordable Childcare	54	
Affordable Housing	34	
Affordable Medications	34	
Behavioral Health	22	Yes
Chronic Disease	27	
Healthcare Capacity	21	Yes
Health Literacy	33	
Healthy Food Access	41	
Internet Access	58	
Meaningful Employment	43	
Transportation Access	24	Yes

Prioritized Needs



Behavioral Health



Healthcare Capacity



Transportation Access



Prioritized Needs

Behavioral Health

- Behavioral Health (substance use + mental health) was noted as a top health concern in many instances of the primary data collection. Drug misuse was noted as the 1st safety concern in the community survey results, with mental health a close 2nd. These community health concerns were mentioned throughout all four of the focus groups and all listed as having a high ability to collaborate on from a multi-organizational standpoint.
- Accompanied with the increases in depression and anxiety prevalence throughout the nation post-pandemic, using substances as unique coping mechanisms will also climb to higher levels. Being able to educate and communicate the risks and alternatives will be vital.
- Behavioral Health was chosen as a priority health need for Southeast Health's 2022 CHNA. Mercy remains committed to increasing access to care for uninsured, economically poor, and vulnerable persons and will be a number of programs to address this need.



Prioritized Needs

Healthcare Capacity



- Healthcare Capacity looks to develop increased access to services, especially specialties (i.e. obstetrics, oncology, nephrology) that remain out of reach for many patients. This ensures that more people receive timely and appropriate care – leading to improved health outcomes and satisfaction.
- This focus will also drive economic development through the inclusion of more healthcare occupations, elevating the socioeconomic status of certain patients as well as increasing community-wide healthcare engagement.
- Comprehensive care created through increased healthcare capacity also address not just immediate health issues but also key innovative services, such as nutrition education, virtual health programs and personalized medication interventions. Through the integration of electronic health records and other health technologies there will be an extension of core healthcare capacity.



Prioritized Needs



Transportation Access

- Transportation affects rural communities in multiple ways: access to healthcare, social services, employment and educational opportunities. All these factors can either be positively or negatively impacted through access to transportation.
- Focusing on transportation systems within our community leads to economic development and improves quality of life for our neighbors. Unfortunately, not many solutions exist to enable people without forms of transportation to get to-and-from their grocery store, employer or healthcare provider.
- Utilizing Mercy and key community-based organizations as the main conveners with public and private partnerships, our Southeast community can facilitate sustainable transportation networks. This infrastructure will assist not only underserved communities but also energize the local business industry.

Resources

Mercy Southeast collaborates with many local community agencies and organizations that have similar missions and personnel dedicated to improving the health and quality of life for individuals within the Southeast region. Some of these partners include:

- Community Counseling Centers
- Cross Trails Medical & Dental Center
- Gibson Recovery Center
- St. Francis Healthcare
- Southeast Behavioral Hospital
- Local Southeast Emergency Medical Services Districts
- Local Southeast Job Centers
- Local Southeast Public Health Departments
- Local Southeast School Districts
- United Way of Southeast Missouri
- Workforce Development Board

Appendices





Your life is our life's work.

MERCY SOUTHEAST

Southeast Focus Group 1

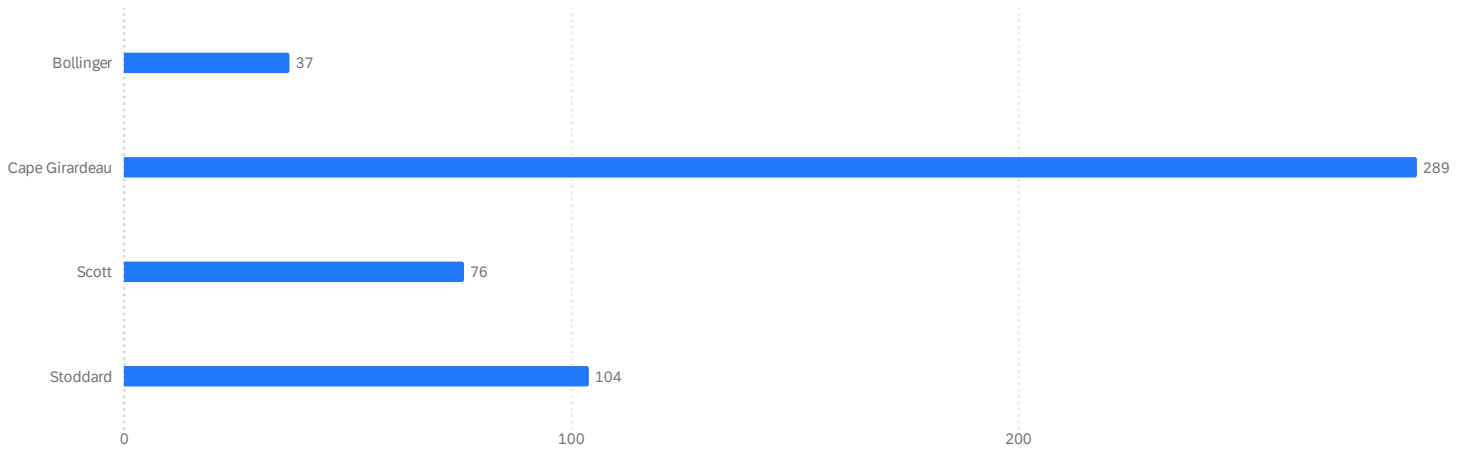
- **Vision for a Healthy Community:** Discussed their vision for a healthy community, emphasizing the importance of physical and mental health, collaboration, and accessibility to healthcare services. They highlighted the need for a holistic approach to healthcare and the importance of preventive measures.
 - **Holistic Approach:** Emphasized the need for a holistic approach to healthcare, integrating physical, mental, and preventive health measures. They discussed the importance of collaboration among healthcare providers to avoid duplicating services and ensure comprehensive care.
 - **Accessibility:** Accessibility to healthcare services was highlighted as a critical factor. Laura mentioned that fee-for-service pricing often limits access to services, and there is a shortage of mental health providers, particularly for pediatric care. The group discussed the need for more accessible and affordable healthcare options.
 - **Preventive Measures:** Preventive healthcare was identified as essential for a healthy community. The group discussed creating a culture that focuses on preventive measures, such as programs and activities that promote healthy living. They also emphasized the importance of educating the community about managing their health conditions and preventing new ones.
 - **Community Empowerment:** Discussed the importance of empowering the community to take ownership of their health. This includes providing access to healthcare and mental health services, as well as support systems that enable individuals to manage their conditions and maintain a high quality of life.
- **Serious Health Issues:** Identified mental health, particularly pediatric mental health, as a significant concern. They also discussed the challenges of affordable healthcare, transportation, and the prevalence of obesity and substance use disorders in the community.
 - **Mental Health:** Mental health, especially pediatric mental health, was identified as a significant concern. The group discussed the shortage of mental health providers and the stigma associated with mental health issues. They emphasized the need to normalize conversations about mental health and integrate mental and physical health care.
 - **Affordable Healthcare:** The challenge of affordable healthcare was discussed, with a focus on the need for more accessible services. The group mentioned that high costs prevent many individuals from accessing necessary care, and there is a need for better financial assistance programs.
 - **Transportation:** Transportation was identified as a major barrier to accessing healthcare. The group discussed the limitations of the current transportation system and the need for more reliable and widespread transportation options to ensure that individuals can reach healthcare facilities.
 - **Obesity:** Obesity, including pediatric obesity, was highlighted as a serious health issue. The group discussed the factors contributing to obesity, such as sedentary lifestyles and the availability of unhealthy food options. They emphasized the need for community programs that promote physical activity and healthy eating.

- **Substance Use Disorders:** Substance use disorders, including alcohol and drug abuse, were identified as prevalent issues in the community. The group discussed the cultural acceptance of alcohol and the need for initiatives to shift this culture and promote healthier behaviors.
- **Beneficial Health Resources:** Acknowledged the presence of valuable health resources in the community, including hospitals, behavioral health services, and mobile wellness units. They emphasized the need for better utilization and awareness of these resources.
 - **Healthcare Facilities:** The community has several valuable healthcare resources, including hospitals and a behavioral health hospital. However, the demand for services often exceeds capacity, highlighting the need for better resource allocation and utilization.
 - **Mobile Wellness Units:** Mobile wellness units, such as the Saint Francis Mobile Mammogram Bus and the Gibson Center's mobile unit, were recognized as beneficial resources. These units help bring healthcare services to underserved areas, although there is a need for increased awareness and utilization of these services.
 - **Community Partnerships:** The group discussed the importance of community partnerships in enhancing healthcare resources. They mentioned various organizations, such as the Boys and Girls Club and the Community Counseling Center, that contribute to the community's health and well-being.
- **Perception of Healthcare System:** Discussed the perception of the healthcare system, noting issues of mistrust and misconceptions about healthcare providers. They highlighted the need for better communication and education to address these concerns.
 - **Mistrust:** The group discussed the mistrust in the healthcare system, exacerbated by the COVID-19 pandemic. They noted that some community members believe healthcare providers profit from sick people, which contributes to negative perceptions.
 - **Communication:** Improving communication and education was identified as crucial for addressing misconceptions about the healthcare system. The group emphasized the need for clear, accurate information to be disseminated to the community to build trust and understanding.
 - **Insurance Issues:** The group discussed issues related to insurance, such as the impact of mergers and changes in coverage. They noted that misunderstandings about insurance policies contribute to negative perceptions and emphasized the need for better communication about these changes.
- **Improving Community Health:** Brainstormed ways to improve community health, including increasing access to urgent care, enhancing health literacy, and promoting preventive measures. They also discussed the importance of collaboration among healthcare providers and community organizations.
 - **Access to Urgent Care:** The group discussed the need for more urgent care facilities, particularly in convenient locations. They mentioned the inconvenience of having the only urgent care in Jackson and suggested expanding services to other areas to improve accessibility.
 - **Health Literacy:** Enhancing health literacy was identified as a key strategy for improving community health. The group emphasized the importance of educating

the community about healthcare options, preventive measures, and how to navigate the healthcare system effectively.

- **Preventive Measures:** The group discussed the importance of promoting preventive measures, such as healthy lifestyles and regular health screenings. They suggested community-wide initiatives and educational campaigns to encourage preventive health behaviors.
- **Collaboration:** Collaboration among healthcare providers and community organizations was highlighted as essential for improving community health. The group discussed the benefits of working together to provide comprehensive care and avoid duplicating services.
- **Community Health Assessment:** Emphasized the importance of conducting a collaborative community health assessment to gather meaningful data and address health issues more effectively. They discussed the challenges of aligning different organizations' requirements and timelines.
 - **Collaborative Assessment:** The group discussed the benefits of conducting a collaborative community health assessment, involving various organizations to gather comprehensive and meaningful data. They noted that working together would provide a more accurate picture of the community's health needs.
 - **Challenges:** Challenges in aligning different organizations' requirements and timelines were acknowledged. The group discussed the difficulties in coordinating efforts and the need for a unified approach to overcome these challenges.
 - **Past Success:** The group mentioned past successes in conducting collaborative health assessments and expressed a desire to return to this approach. They noted that previous collaborative efforts had yielded more meaningful data and better outcomes.

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Bollinger	7%	37
Cape Girardeau	57%	289
Scott	15%	76
Stoddard	21%	104

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Please select the county where you live.	Average	Minimum	Maximum	Count
Bollinger	60.00	60.00	60.00	37
Cape Girardeau	58.00	58.00	58.00	289
Scott	61.00	61.00	61.00	76
Stoddard	59.00	59.00	59.00	104

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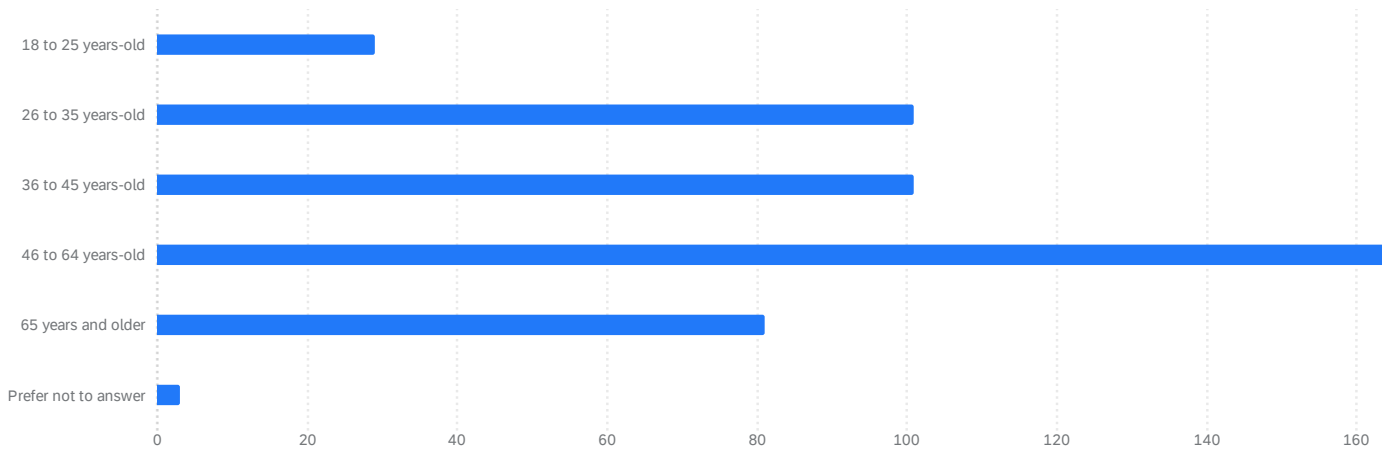
63755

63730

63701

63785

Please select the age range that best fits you. 487 ⓘ



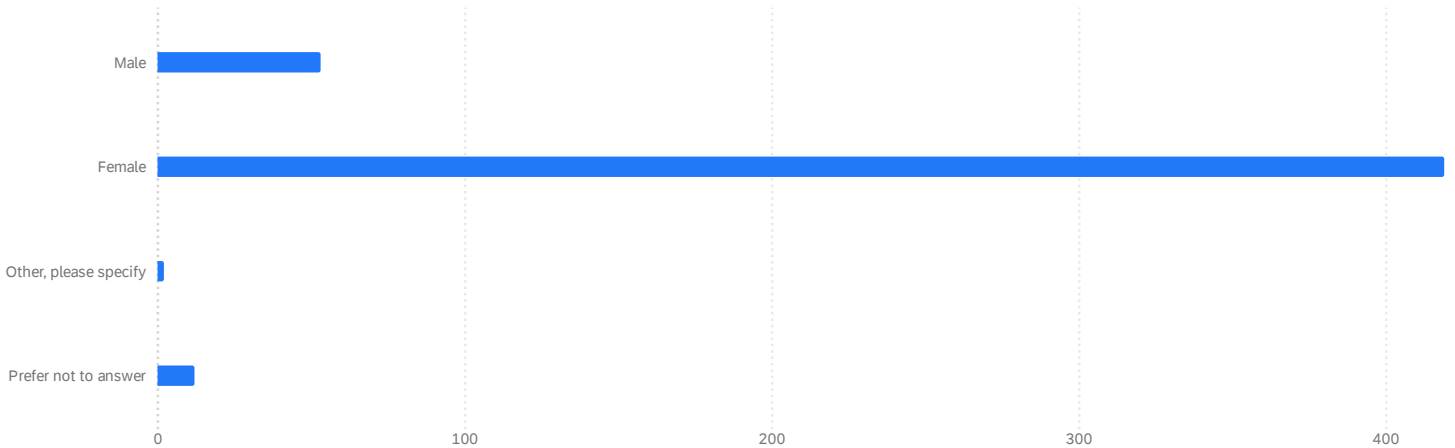
Please select the age range that best fits you. 487 ⓘ

Q7 - Please select the age range that best fits you.	Percentage	Count
18 to 25 years-old	6%	29
26 to 35 years-old	21%	101
36 to 45 years-old	21%	101
46 to 64 years-old	35%	172
65 years and older	17%	81
Prefer not to answer	1%	3

Please select the age range that best fits you. 487 ⓘ

Please select the age range that best fits you.	Average	Minimum	Maximum	Count
18 to 25 years-old	1.00	1.00	1.00	29
26 to 35 years-old	2.00	2.00	2.00	101
36 to 45 years-old	3.00	3.00	3.00	101
46 to 64 years-old	4.00	4.00	4.00	172
65 years and older	5.00	5.00	5.00	81
Prefer not to answer	6.00	6.00	6.00	3

What is your gender identity? 486 ⓘ



What is your gender identity? 486 ⓘ

Q8 - What is your gender identity? - Selected Choice	Percentage	Count
Male	11%	53
Female	86%	419
Other, please specify	0%	2
Prefer not to answer	2%	12

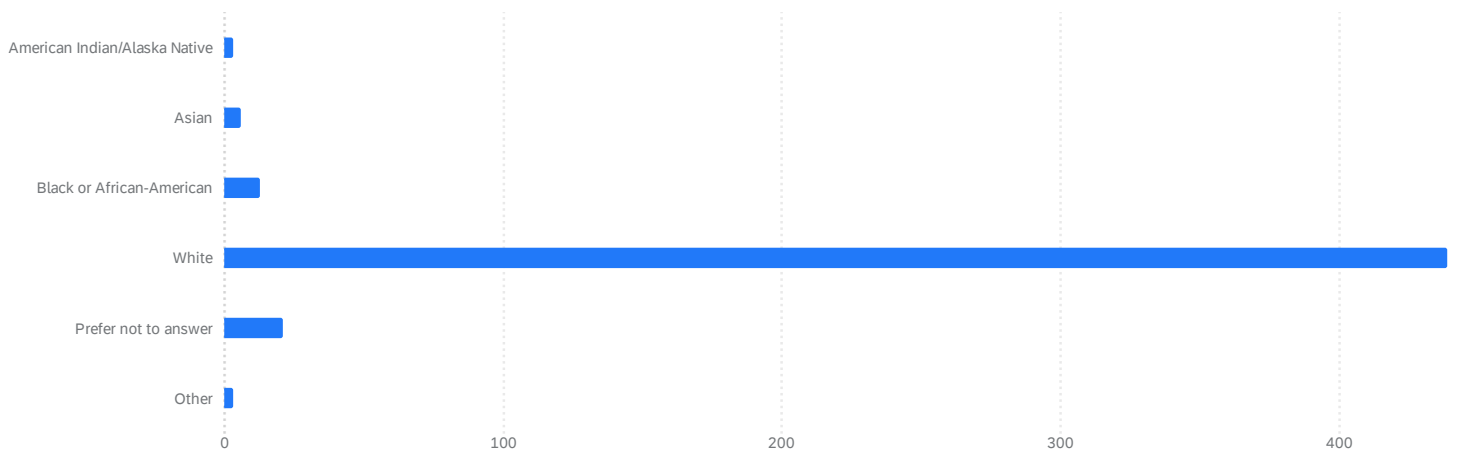
What is your gender identity? 486 ⓘ

What is your gender identity?	Average	Minimum	Maximum	Count
Male	1.00	1.00	1.00	53
Female	2.00	2.00	2.00	419
Other, please specify	7.00	7.00	7.00	2

Other, please specify

There is only male and female, and you all took Biology so you know this.

Please choose the race/ethnicity that best fits you. Select all that apply or you can simply choose "prefer not to answer." 480 ⓘ



Please choose the race/ethnicity that best fits you. Select all that apply or you can simply choose "prefer not to answer." 480 ⓘ

Q9 - Please choose the race/ethnicity that best fits you. Select all that apply or you can simply choose "prefer not to answer." - Selected Choice

Percentage

Count

Race/Ethnicity	Percentage	Count
American Indian/Alaska Native	1%	3
Asian	1%	6
Black or African-American	3%	13
White	91%	439
Prefer not to answer	4%	21
Other	1%	3

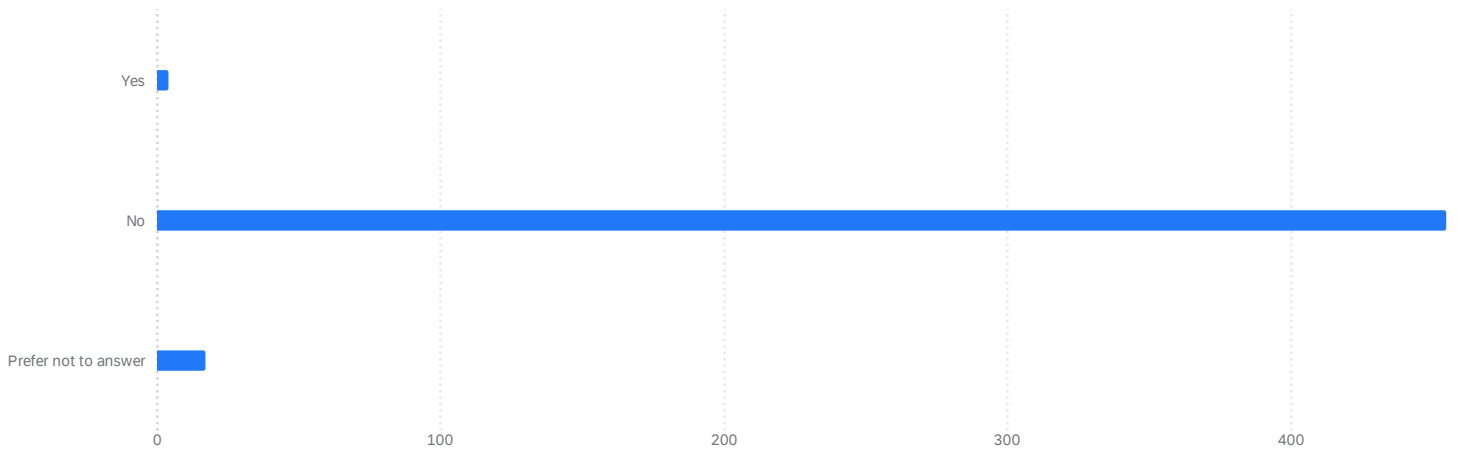
Please choose the race/ethnicity that best fits you. Select all that apply or you can simply choose "prefer not to answer.": Other 506 ⓘ

Other

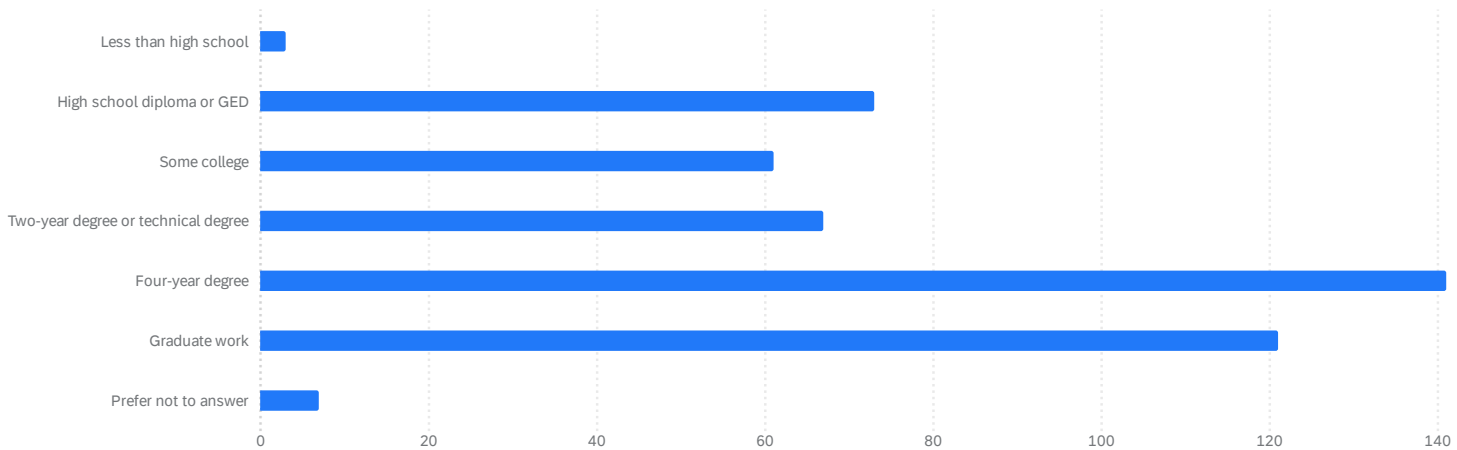
Other

Other

Do you identify yourself as Hispanic or Latino? 476 ⓘ



Please select the education level that best describes you. 473 ⓘ



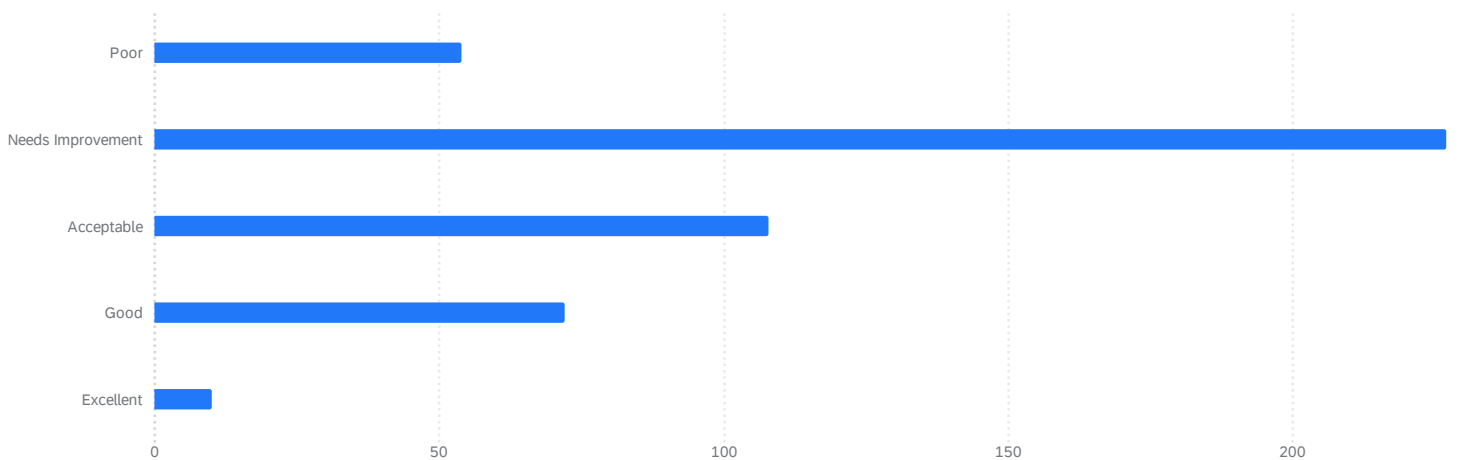
Please select the education level that best describes you. 473 ⓘ

Q11 - Please select the education level that best describes you.	Percentage	Count
Less than high school	1%	3
High school diploma or GED	15%	73
Some college	13%	61
Two-year degree or technical degree	14%	67
Four-year degree	30%	141
Graduate work	26%	121
Prefer not to answer	1%	7

Please select the education level that best describes you. 473 ⓘ

Please select the education level that best describes you.	Average	Minimum	Maximum	Count
Less than high school	7.00	7.00	7.00	3
High school diploma or GED	2.00	2.00	2.00	73
Some college	4.00	4.00	4.00	61
Two-year degree or technical degree	5.00	5.00	5.00	67
Four-year degree	6.00	6.00	6.00	141
Graduate work	14.00	14.00	14.00	121
Prefer not to answer	15.00	15.00	15.00	7

How would you rate the job that local schools are doing to prepare children for college or the job market? 471 ⓘ



How would you rate the job that local schools are doing to prepare children for college or the job market? 471 ⓘ

Q46 - How would you rate the job that local schools are doing to prepare children for college or the job market?

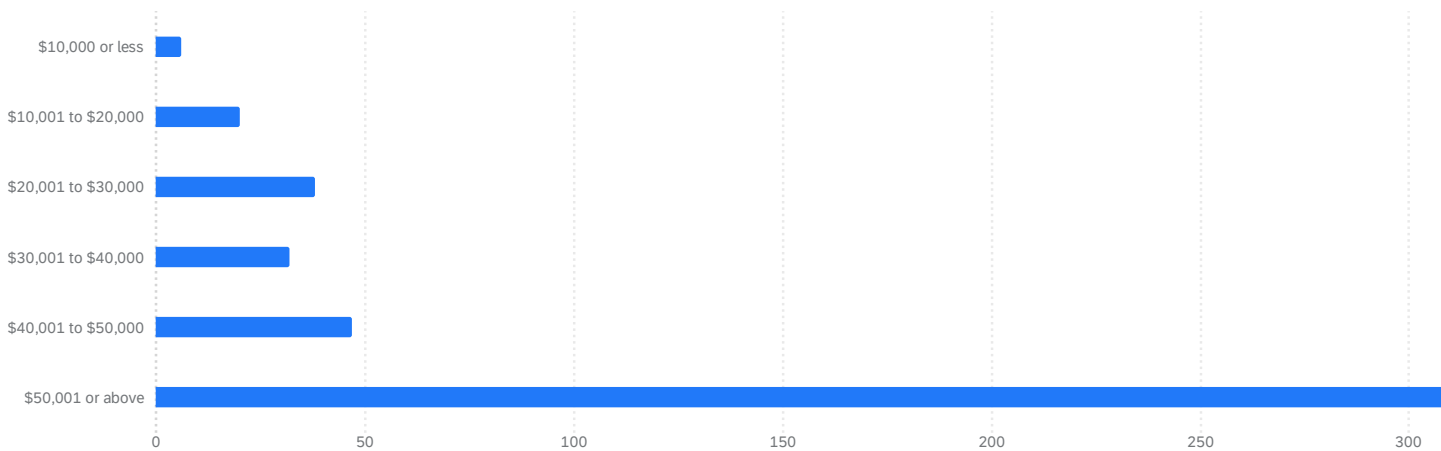
	Percentage	Count
Poor	11%	54
Needs Improvement	48%	227
Acceptable	23%	108
Good	15%	72
Excellent	2%	10

How would you rate the job that local schools are doing to prepare children for college or the job market? 471 ⓘ

How would you rate the job that local schools are doing to prepare children...

	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	54
Needs Improvement	2.00	2.00	2.00	227
Acceptable	3.00	3.00	3.00	108
Good	4.00	4.00	4.00	72
Excellent	5.00	5.00	5.00	10

Last year, what was your total household income from all sources, before taxes? 452 ⓘ



Last year, what was your total household income from all sources, before taxes? 452 ⓘ

Q12 - Last year, what was your total household income from all sources, before taxes?

	Percentage	Count
\$10,000 or less	1%	6
\$10,001 to \$20,000	4%	20

Q12 - Last year, what was your total household income from all sources, before taxes?

Percentage

Count

	Percentage	Count
\$20,001 to \$30,000	8%	38
\$30,001 to \$40,000	7%	32
\$40,001 to \$50,000	10%	47
\$50,001 or above	68%	309

Last year, what was your total household income from all sources, before taxes? 452 ⓘ

Last year, what was your total household income from all sources, before ta...

Average

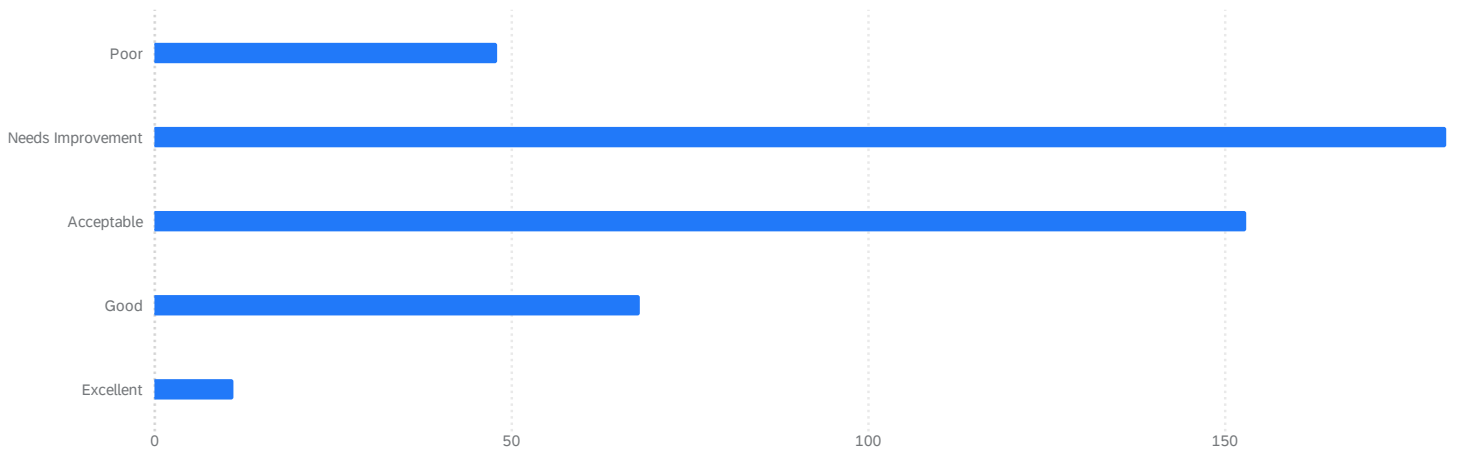
Minimum

Maximum

Count

	Average	Minimum	Maximum	Count
\$10,000 or less	1.00	1.00	1.00	6
\$10,001 to \$20,000	2.00	2.00	2.00	20
\$20,001 to \$30,000	3.00	3.00	3.00	38
\$30,001 to \$40,000	4.00	4.00	4.00	32
\$40,001 to \$50,000	5.00	5.00	5.00	47
\$50,001 or above	6.00	6.00	6.00	309

How would you rate the access to meaningful employment opportunities in your community? 461 ⓘ



How would you rate the access to meaningful employment opportunities in your community? 461 ⓘ

Q43 - How would you rate the access to meaningful employment opportunities in your community?

Percentage

Count

	Percentage	Count
Poor	10%	48
Needs Improvement	39%	181
Acceptable	33%	153
Good	15%	68

Q43 - How would you rate the access to meaningful employment opportunities in your community?

Percentage

Count

Excellent

2%

11

How would you rate the access to meaningful employment opportunities in your community? 461 ⓘ

How would you rate the access to meaningful employment opportunities in you...

Average

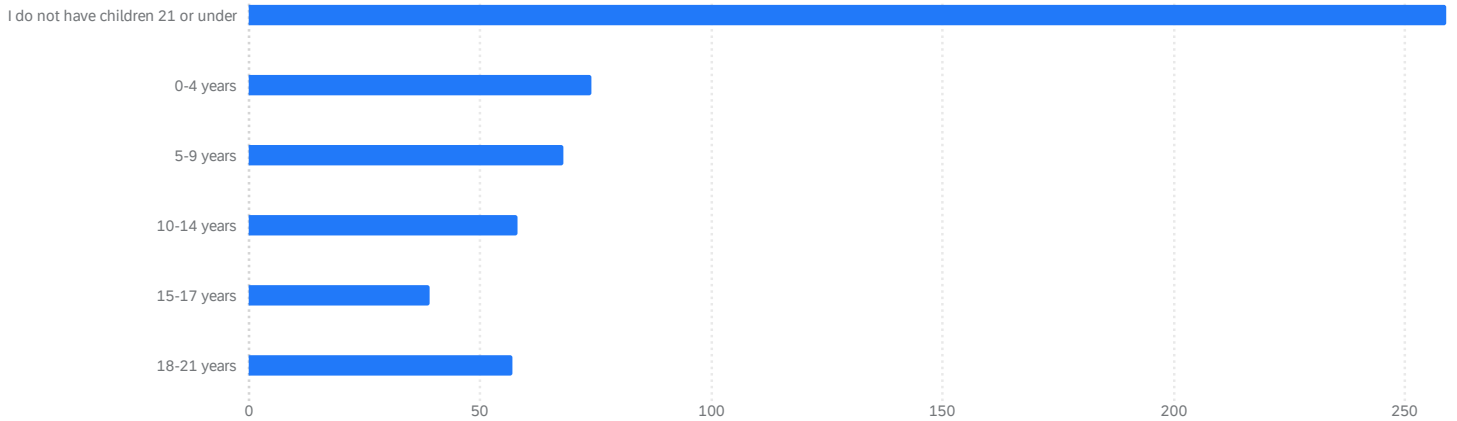
Minimum

Maximum

Count

How would you rate the access to meaningful employment opportunities in you...	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	48
Needs Improvement	2.00	2.00	2.00	181
Acceptable	3.00	3.00	3.00	153
Good	4.00	4.00	4.00	68
Excellent	5.00	5.00	5.00	11

If you have children 21 years of age or younger, how old are they? (Check all that apply) 452 ⓘ



If you have children 21 years of age or younger, how old are they? (Check all that apply) 452 ⓘ

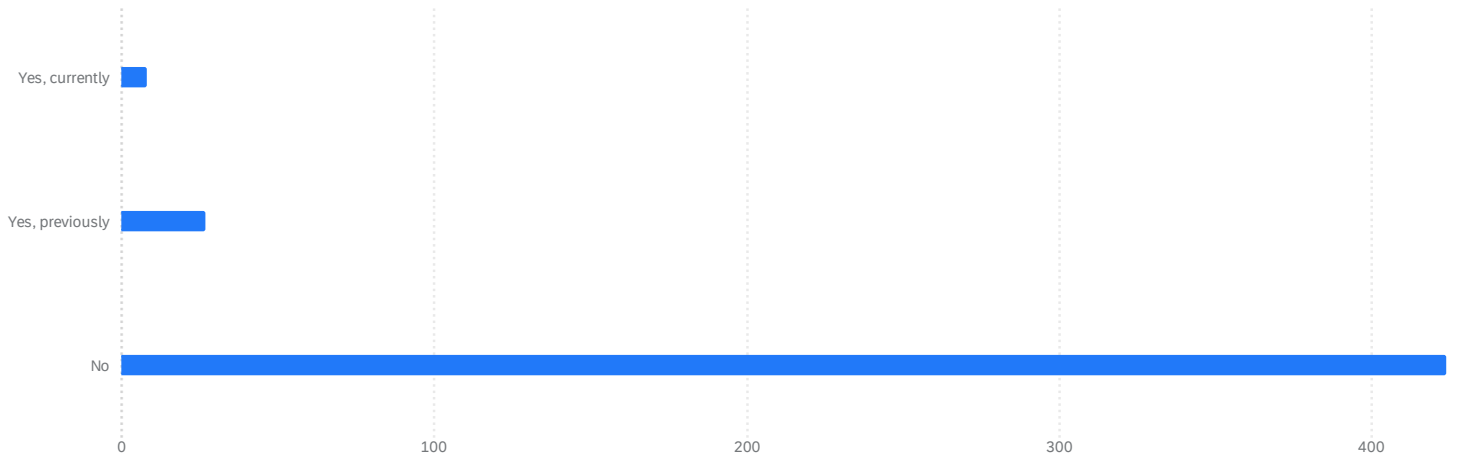
Q13 - If you have children 21 years of age or younger, how old are they? (Check all that apply)

Percentage

Count

If you have children 21 years of age or younger, how old are they? (Check all that apply)	Percentage	Count
I do not have children 21 or under	57%	259
0-4 years	16%	74
5-9 years	15%	68
10-14 years	13%	58
15-17 years	9%	39
18-21 years	13%	57

Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc. 459 ⓘ



Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc. 459 ⓘ

Q14 - Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc.

Percentage

Count

Yes, currently

2%

8

Yes, previously

6%

27

No

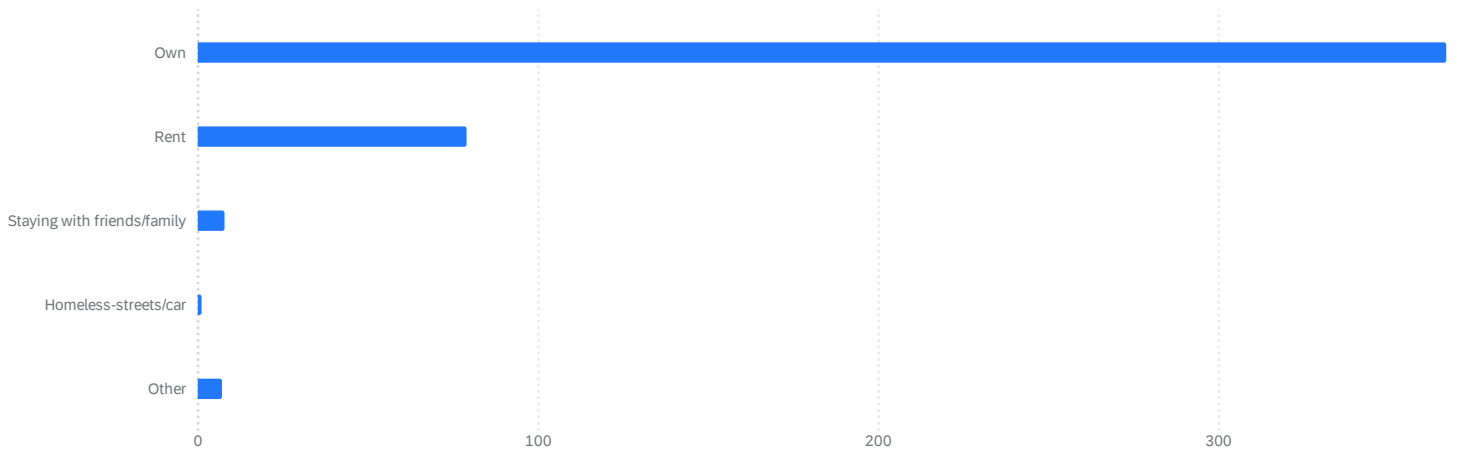
92%

424

Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc. 459 ⓘ

Are you currently, or have you ever been, without stable housing? This incl...	Average	Minimum	Maximum	Count
Yes, currently	1.00	1.00	1.00	8
Yes, previously	9.00	9.00	9.00	27
No	10.00	10.00	10.00	424

What is your housing status? 459 ⓘ



What is your housing status? 459 ⓘ

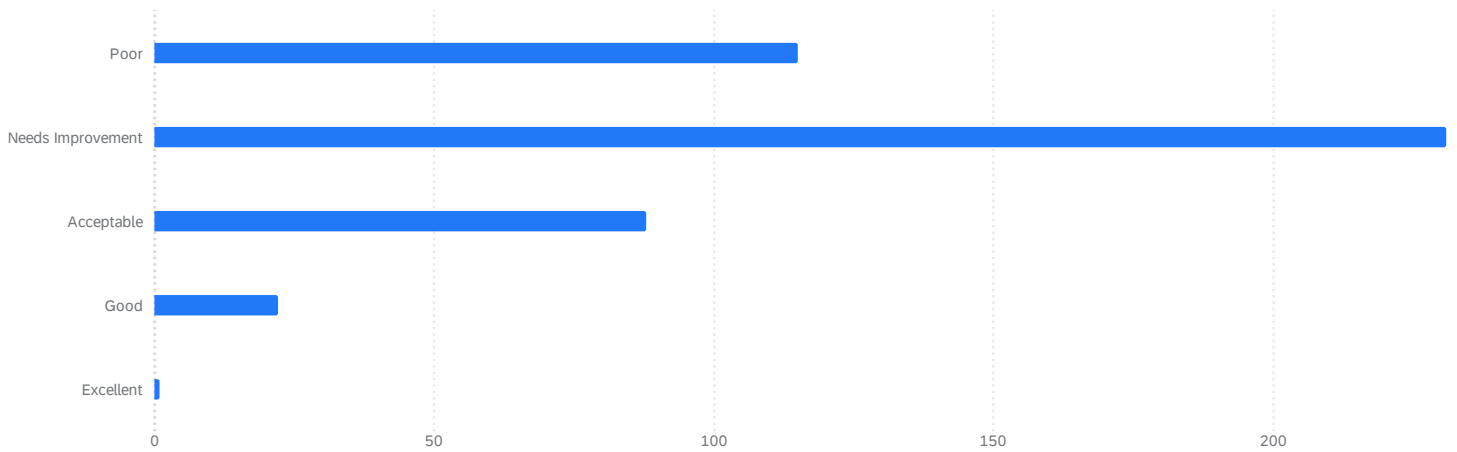
Q15 - What is your housing status? - Selected Choice	Percentage	Count
Own	80%	367
Rent	17%	79
Staying with friends/family	2%	8
Homeless-streets/car	0%	1
Other	2%	7

What is your housing status?: Other 506 ⓘ

Other

Other

How would you rate the availability of affordable housing in your community? 457 ⓘ



How would you rate the availability of affordable housing in your community? 457 ⓘ

Q42 - How would you rate the availability of affordable housing in your community?

Percentage

Count

Rating	Percentage	Count
Poor	25%	115
Needs Improvement	51%	231
Acceptable	19%	88
Good	5%	22

Q42 - How would you rate the availability of affordable housing in your community?

Percentage

Count

Excellent

0%

1

How would you rate the availability of affordable housing in your community? 457 ⓘ

How would you rate the availability of affordable housing in your community...

Average

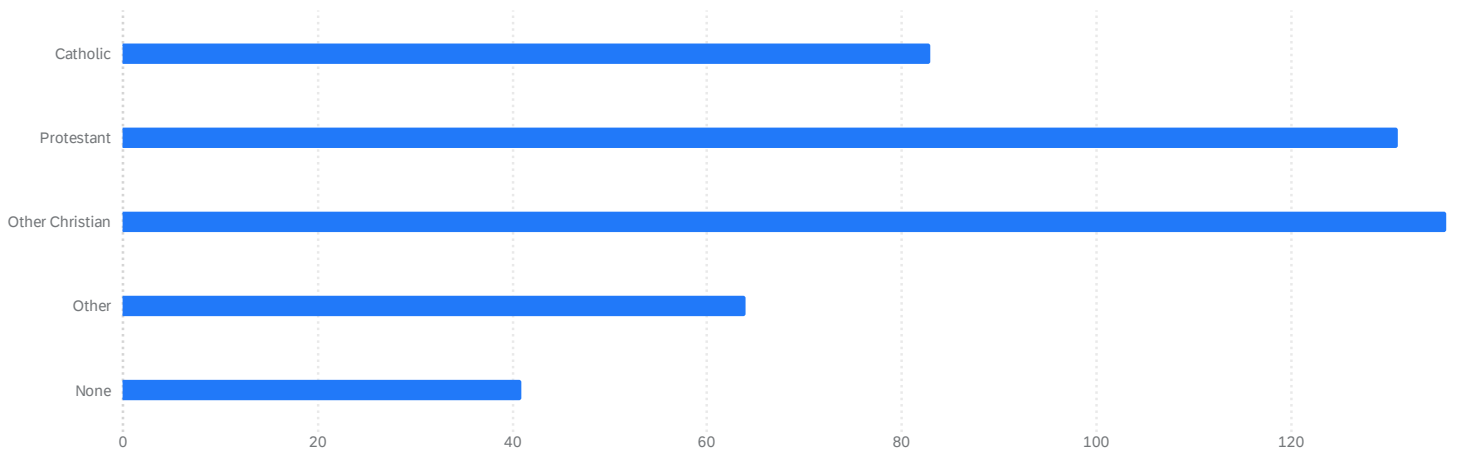
Minimum

Maximum

Count

How would you rate the availability of affordable housing in your community...	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	115
Needs Improvement	2.00	2.00	2.00	231
Acceptable	3.00	3.00	3.00	88
Good	4.00	4.00	4.00	22
Excellent	5.00	5.00	5.00	1

What is your religious/spiritual affiliation? 455 ⓘ



What is your religious/spiritual affiliation? 455 ⓘ

Q47 - What is your religious/spiritual affiliation? - Selected Choice

Percentage

Count

Q47 - What is your religious/spiritual affiliation? - Selected Choice	Percentage	Count
Catholic	18%	83
Protestant	29%	131
Other Christian	30%	136
Other	14%	64
None	9%	41

Other

First Baptist

Buddhist

Non Practicing Christian

Baptist

We are all children of God

Other

Baptist

Deist

Baptist

Omnism

Pentecost

Other

Agnostic

Other

Prefer not to answer

Baptist

Godless heathern

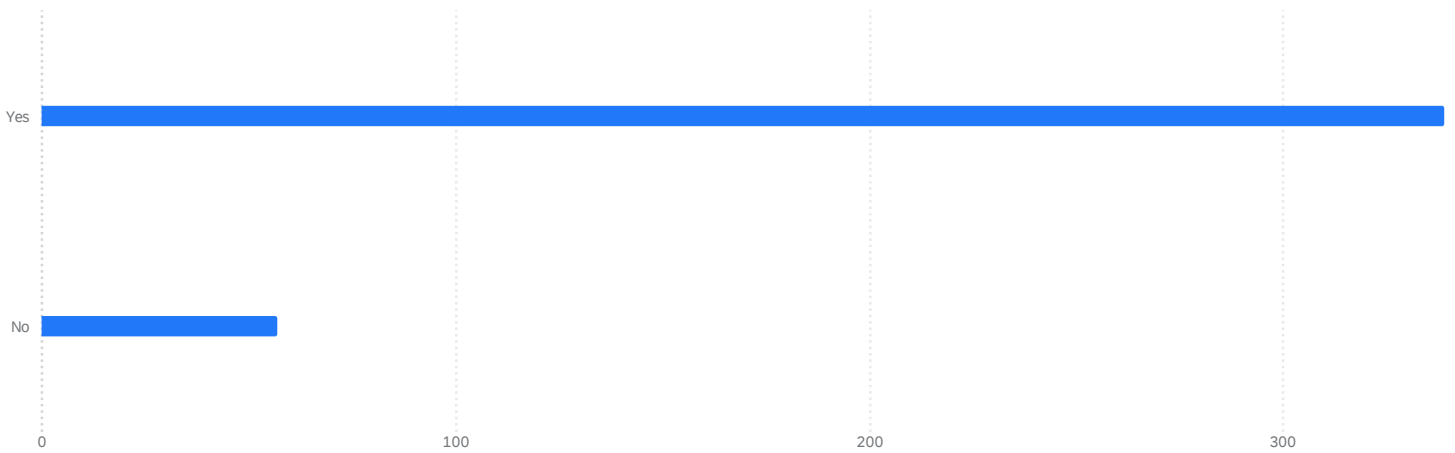
Lutheran

Christian

Other

Follower of Jesus Christ

Do you feel your spiritual needs are being met in your community? 396 ⓘ



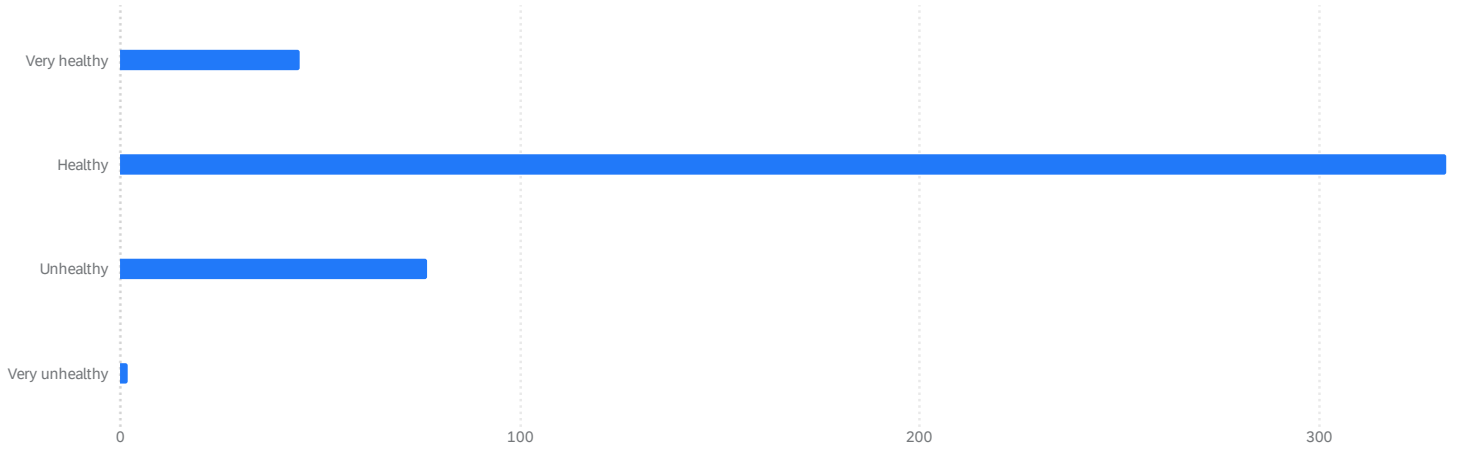
Do you feel your spiritual needs are being met in your community? 396 ⓘ

Q48 - Do you feel your spiritual needs are being met in your community?	Percentage	Count
Yes	86%	339
No	14%	57

Do you feel your spiritual needs are being met in your community? 396 ⓘ

Do you feel your spiritual needs are being met in your community?	Average	Minimum	Maximum	Count
Yes	1.00	1.00	1.00	339
No	2.00	2.00	2.00	57

How would you rate your own health? 456 ⓘ



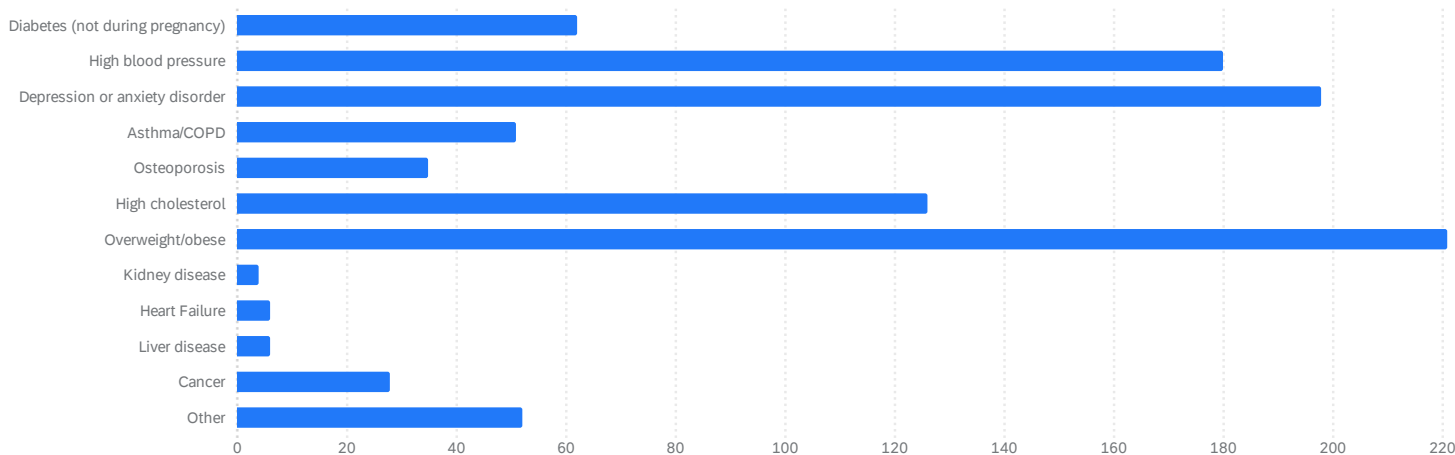
How would you rate your own health? 456 ⓘ

Q16 - How would you rate your own health?	Percentage	Count
Very healthy	10%	45
Healthy	73%	332
Unhealthy	17%	77
Very unhealthy	0%	2

How would you rate your own health? 456 ⓘ

How would you rate your own health?	Average	Minimum	Maximum	Count
Very healthy	1.00	1.00	1.00	45
Healthy	2.00	2.00	2.00	332
Unhealthy	3.00	3.00	3.00	77
Very unhealthy	4.00	4.00	4.00	2

Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) 375 ⓘ



Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) 375 ⓘ

Q17 - Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) - Selected Choice	Percentage	Count
Diabetes (not during pregnancy)	17%	62
High blood pressure	48%	180
Depression or anxiety disorder	53%	198
Asthma/COPD	14%	51
Osteoporosis	9%	35

Q17 - Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) - Selected Choice

Percentage

Count

High cholesterol

34%

126

Overweight/obese

59%

221

Kidney disease

1%

4

Heart Failure

2%

6

Liver disease

2%

6

Cancer

7%

28

Other

14%

52

Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply): Other 506 ⓘ

Other

Multiple sclerosis

Other

Spinal stenosis

Leukemia

Stroke

Autoimmune arthritis

Chronic kidney stones-3 lithotripsies to remove

spinal stenosis, Charcot Marie tooth disease, anxiety, neuropathy pain, kyphosis

Other

RA

Have hypothyroidism Glaucoma.

Other

ET

Apnea

Fatty Liver

migraines

Blood disorder

Celiac disease

Other

Sleep Apnea

cerebral palsy

Rheumatoid arthritis

Other

gastritis

Other

PCOS

ADHD

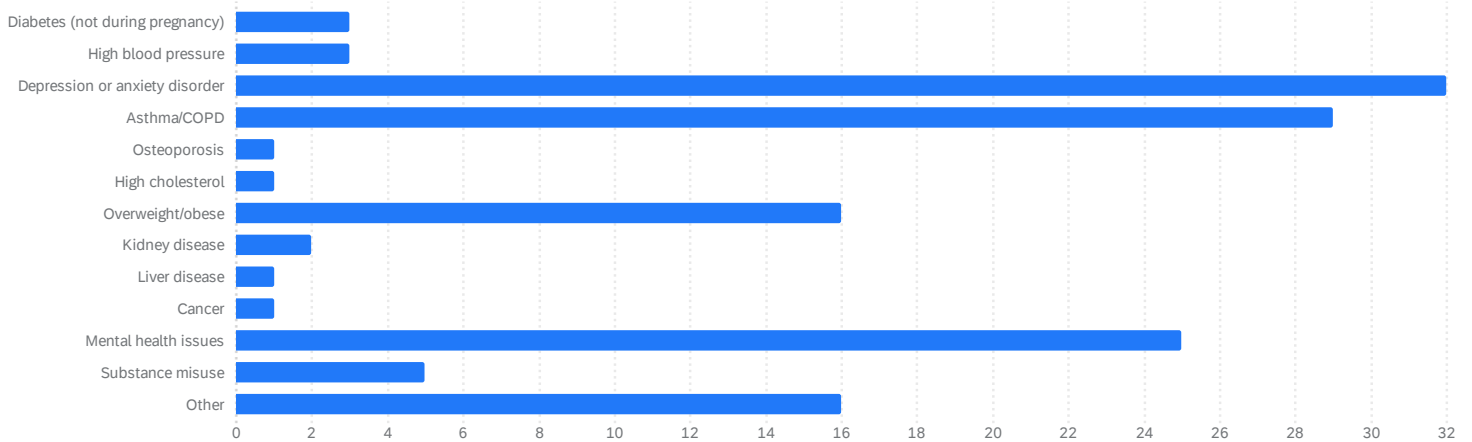
Celiac Disease

Thyroid

Other

Heart - WPW

If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) 74 ⓘ



If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) 74 ⓘ

Q18 - If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) - Selected Choice

Percentage

Count

Condition	Percentage	Count
Diabetes (not during pregnancy)	4%	3
High blood pressure	4%	3
Depression or anxiety disorder	43%	32
Asthma/COPD	39%	29
Osteoporosis	1%	1
High cholesterol	1%	1
Overweight/obese	22%	16
Kidney disease	3%	2
Liver disease	1%	1
Cancer	1%	1

Q18 - If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) - Selected Choice

Percentage

Count

Mental health issues

34%

25

Substance misuse

7%

5

Other

22%

16

If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply): Other 506 ⓘ

Other

Dextrocardia

Other

Lined area for text entry under the 'Other' heading.

Eating disorder

Lined area for text entry under the 'Eating disorder' heading.

Other

Autism

None

Other

None

Other

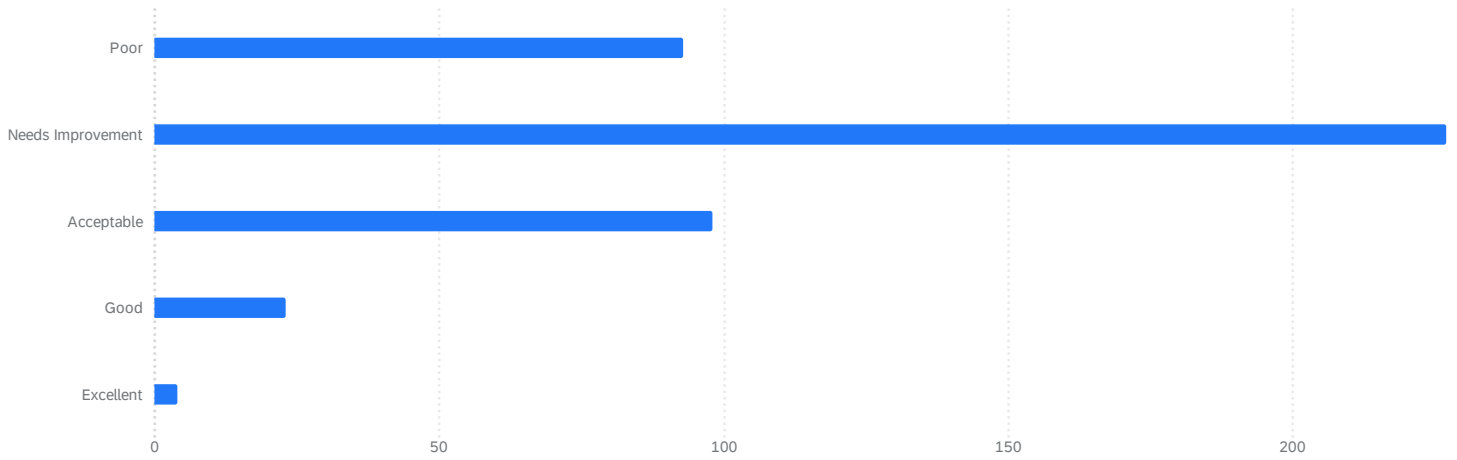
Other

cerebral palsy

CP

Other

How would you rate the availability of resources for special needs children and/or adults in your community? 445 ⓘ



How would you rate the availability of resources for special needs children and/or adults in your community? 445 ⓘ

Q44 - How would you rate the availability of resources for special needs children and/or adults in your community?

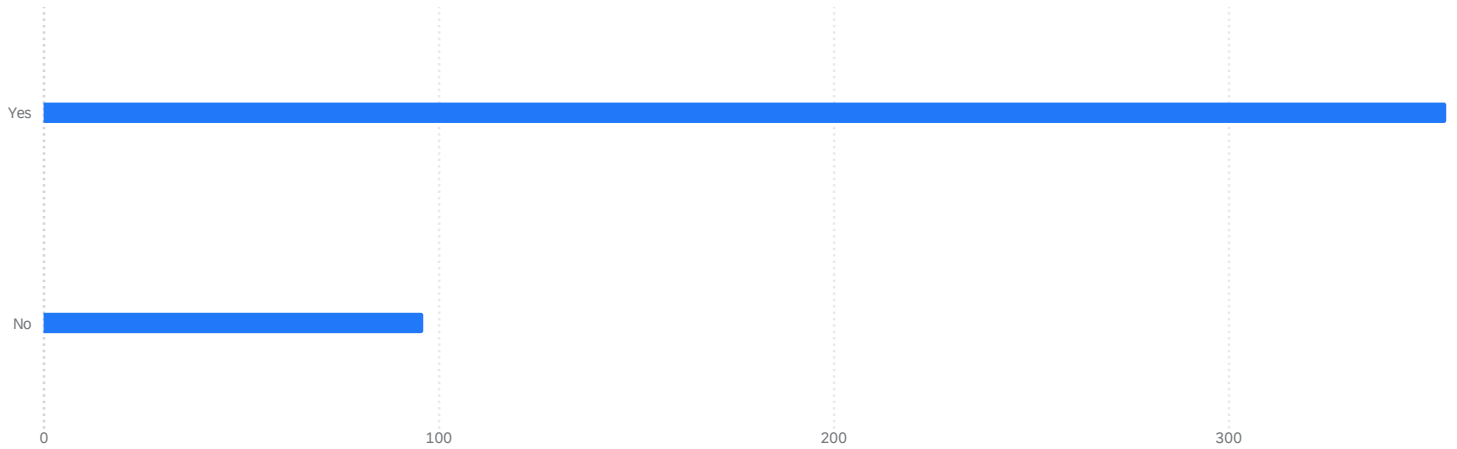
	Percentage	Count
Poor	21%	93
Needs Improvement	51%	227
Acceptable	22%	98
Good	5%	23
Excellent	1%	4

How would you rate the availability of resources for special needs children and/or adults in your community? 445 ⓘ

How would you rate the availability of resources for special needs children...

	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	93
Needs Improvement	2.00	2.00	2.00	227
Acceptable	3.00	3.00	3.00	98
Good	4.00	4.00	4.00	23
Excellent	5.00	5.00	5.00	4

Have you received any rounds of the coronavirus-19 (COVID-19) vaccine? 451 ⓘ



Have you received any rounds of the coronavirus-19 (COVID-19) vaccine? 451 ⓘ

Q40 - Have you received any rounds of the coronavirus-19 (COVID-19) vaccine?

Percentage

Count

	Percentage	Count
Yes	79%	355
No	21%	96

Have you received any rounds of the coronavirus-19 (COVID-19) vaccine? 451 ⓘ

Have you received any rounds of the coronavirus-19 (COVID-19) vaccine?

Average

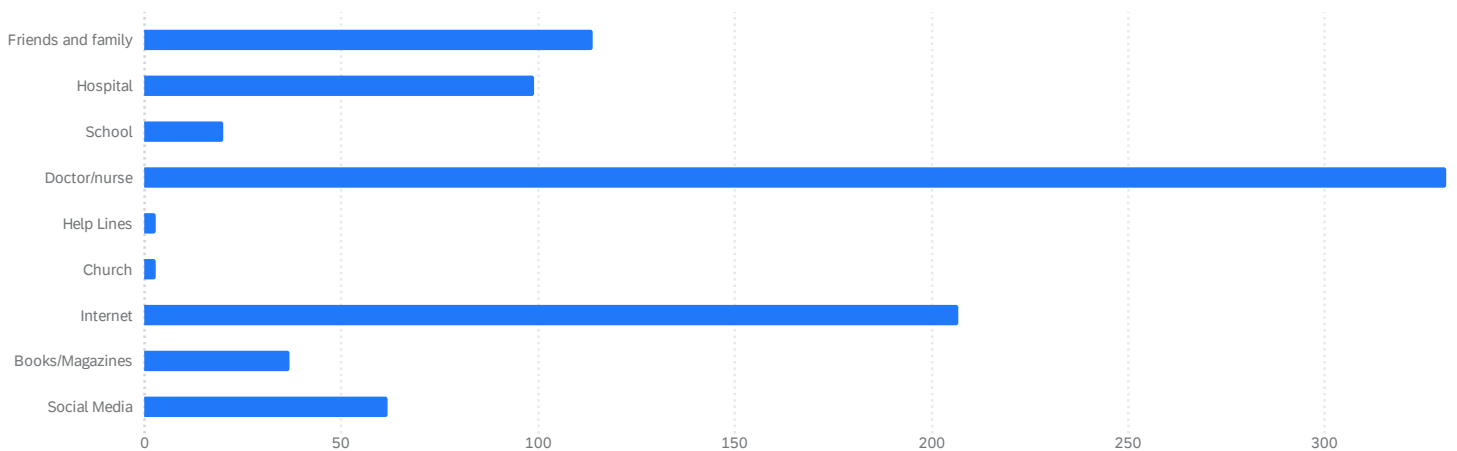
Minimum

Maximum

Count

	Average	Minimum	Maximum	Count
Yes	1.00	1.00	1.00	355
No	2.00	2.00	2.00	96

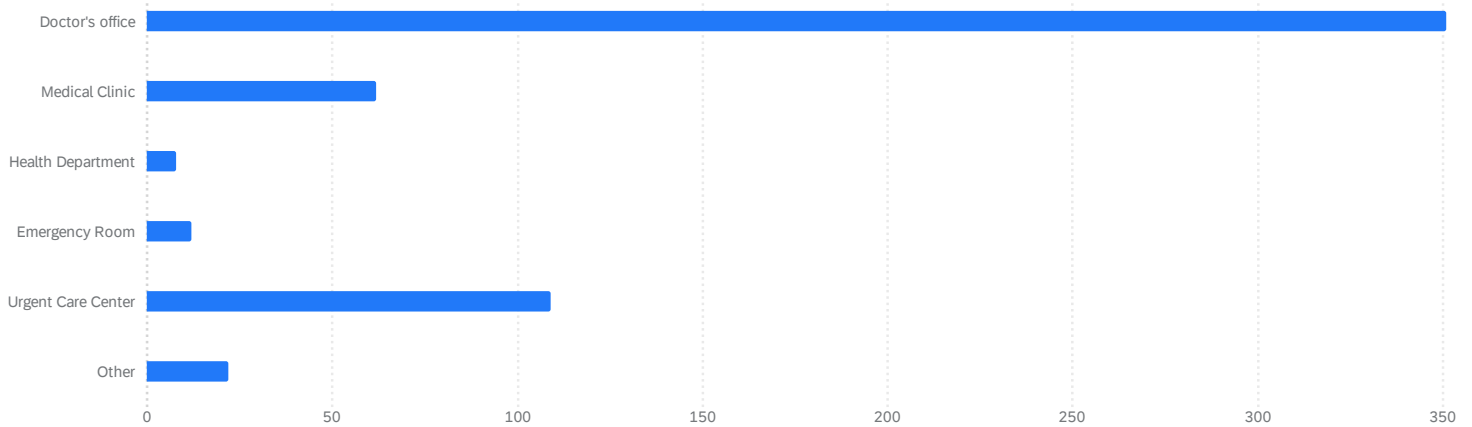
Where do you get most of your health-related information? 443 ⓘ



Where do you get most of your health-related information? 443 ⓘ

Q19 - Where do you get most of your health-related information?	Percentage	Count
Friends and family	26%	114
Hospital	22%	99
School	5%	20
Doctor/nurse	75%	331
Help Lines	1%	3
Church	1%	3
Internet	47%	207
Books/Magazines	8%	37
Social Media	14%	62

Where do you go most often when you are sick or need advice about your health? (Choose the one you use most often.) 444 ⓘ



Where do you go most often when you are sick or need advice about your health? (Choose the one you use most often.) 444 ⓘ

Q20 - Where do you go most often when you are sick or need advice about your health? (Choose the one you use most often.) - Selected Choice	Percentage	Count
Doctor's office	79%	351
Medical Clinic	14%	62
Health Department	2%	8
Emergency Room	3%	12
Urgent Care Center	25%	109
Other	5%	22

Other

primary source journal articles

teledoc

Other

Primary care provider

JESSICA KELLEY CHRISTY COOK HEATHER MILLER DERMATOLOGIST NPRN

I cannot afford to see a doctor

Other

Avoid if at all possible.

I stay at home and try to take care of it myself. Most problems the body will heal

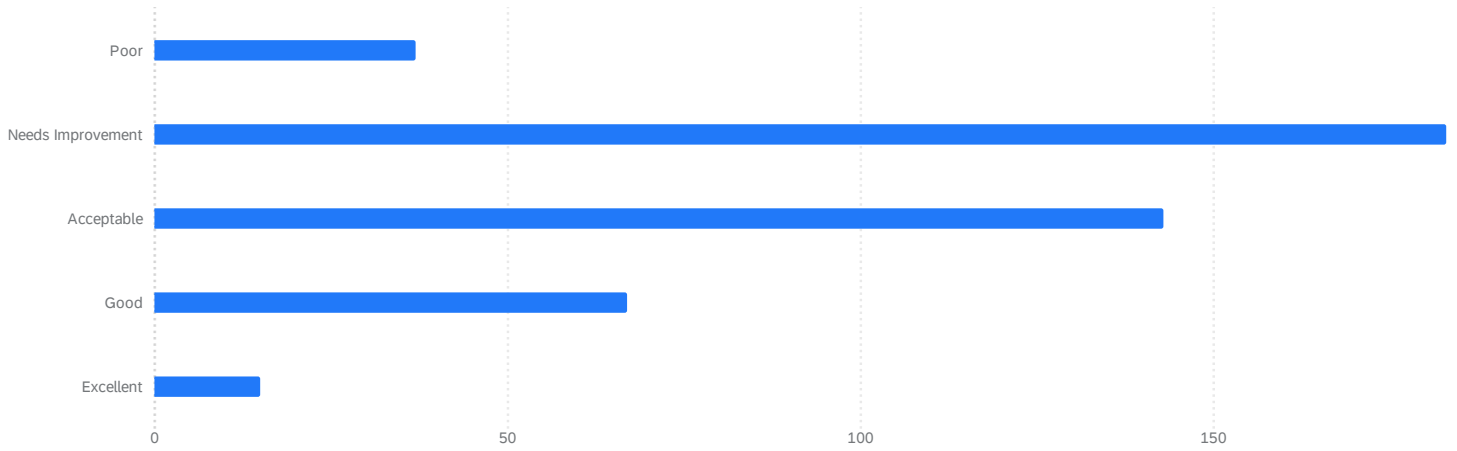
Other

I stay home and take care of myself

Can Never get into my family dr due to overbooked , or they stop taking patients at 3:45

We avoid it at all costs

How would you rate the healthcare services available in your community? 445 ⓘ



How would you rate the healthcare services available in your community? 445 ⓘ

Q45 - How would you rate the healthcare services available in your community?

Percentage

Count

Rating	Percentage	Count
Poor	8%	37
Needs Improvement	41%	183
Acceptable	32%	143
Good	15%	67
Excellent	3%	15

How would you rate the healthcare services available in your community? 445 ⓘ

How would you rate the healthcare services available in your community?

Average

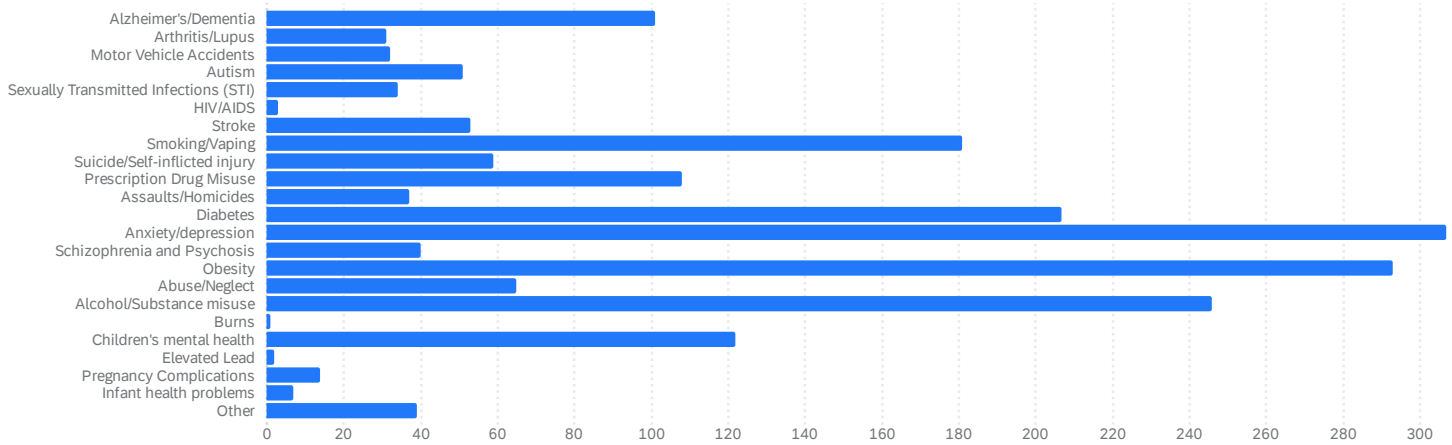
Minimum

Maximum

Count

Rating	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	37
Needs Improvement	2.00	2.00	2.00	183
Acceptable	3.00	3.00	3.00	143
Good	4.00	4.00	4.00	67
Excellent	5.00	5.00	5.00	15

What are the TOP 5 most common health issues in your community? 429 ⓘ



What are the TOP 5 most common health issues in your community? 429 ⓘ

Q21 - What are the TOP 5 most common health issues in your community? - Selected Choice	Percentage	Count
Alzheimer's/Dementia	24%	101
Arthritis/Lupus	7%	31
Motor Vehicle Accidents	7%	32
Autism	12%	51
Sexually Transmitted Infections (STI)	8%	34
HIV/AIDS	1%	3
Stroke	12%	53
Smoking/Vaping	42%	181
Suicide/Self-inflicted injury	14%	59
Prescription Drug Misuse	25%	108
Assaults/Homicides	9%	37
Diabetes	48%	207
Anxiety/depression	72%	307
Schizophrenia and Psychosis	9%	40
Obesity	68%	293
Abuse/Neglect	15%	65
Alcohol/Substance misuse	57%	246
Burns	0%	1
Children's mental health	28%	122
Elevated Lead	0%	2

Other

Severe special needs

mental health

Cancer

adult mental health issues

high blood pressure/cholesterol/other risk factors for heart attacks/disease

Other

Hypertension/ cardiovascular disease

HEART PROBLEMS

Mental Health and day-to-day illnesses that people have no medical doctors and tie up the emergency rooms

Other

Don't know

Meth

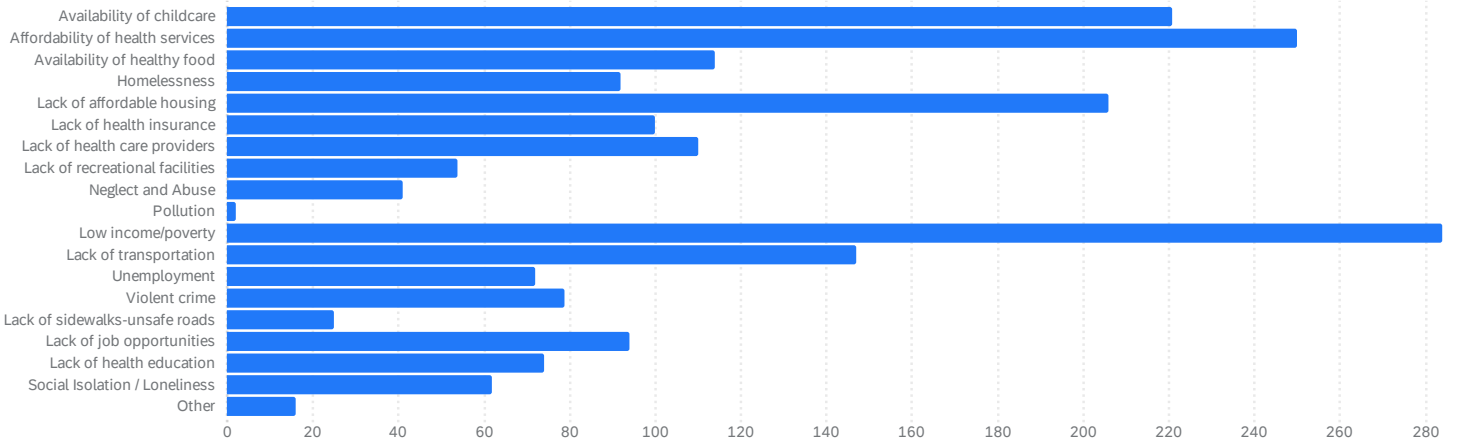
Other

Cancer

Can't pick between smoking/vaping and diabetes. I also expect more abuse and neglect of children than I can be certain of.

Other

What are the TOP 5 social issues that have the greatest effect on quality of life in your community? 428 ⓘ



What are the TOP 5 social issues that have the greatest effect on quality of life in your community? 428 ⓘ

Q22 - What are the TOP 5 social issues that have the greatest effect on quality of life in your community? - Selected Choice

Percentage

Count

Social Issue	Percentage	Count
Availability of childcare	52%	221
Affordability of health services	58%	250
Availability of healthy food	27%	114
Homelessness	21%	92
Lack of affordable housing	48%	206
Lack of health insurance	23%	100
Lack of health care providers	26%	110
Lack of recreational facilities	13%	54
Neglect and Abuse	10%	41
Pollution	0%	2
Low income/poverty	66%	284
Lack of transportation	34%	147

Other

Drugs/Good treatment centers

Other

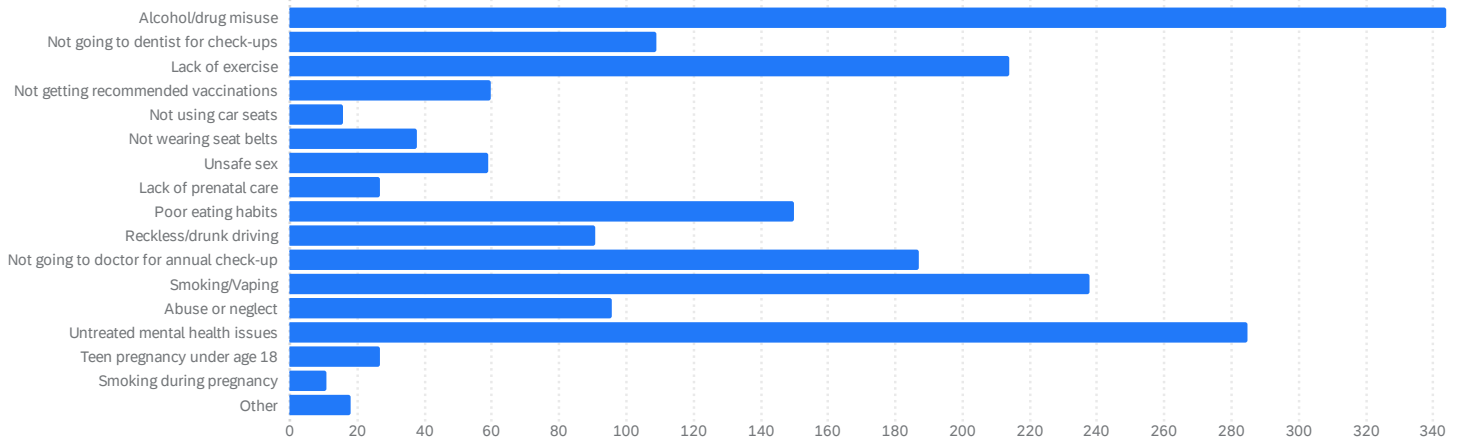
lack of mental health resources/providers

Other

Generational poverty/long-term reliance on government to provide for individual needs

Other

What are the TOP 5 risk behaviors that impact health in your community? 420 ⓘ



What are the TOP 5 risk behaviors that impact health in your community? 420 ⓘ

Q23 - What are the TOP 5 risk behaviors that impact health in your community? - Selected Choice

Percentage

Count

Selected Choice	Percentage	Count
Alcohol/drug misuse	82%	344
Not going to dentist for check-ups	26%	109
Lack of exercise	51%	214
Not getting recommended vaccinations	14%	60
Not using car seats	4%	16
Not wearing seat belts	9%	38
Unsafe sex	14%	59
Lack of prenatal care	6%	27
Poor eating habits	36%	150
Reckless/drunken driving	22%	91
Not going to doctor for annual check-up	45%	187
Smoking/Vaping	57%	238
Abuse or neglect	23%	96
Untreated mental health issues	68%	285
Teen pregnancy under age 18	6%	27
Smoking during pregnancy	3%	11
Other	4%	18

Other

Lack of resources

Do not know as a community

Lack of healthy food options

Other

Eating too much sugar which is hidden in everything.

Other

Lack of health care for day-to-day illnesses that people tie up the emergency rooms due to no health care providers

Lack of low cost dental

Other

Other

farmers burning their fields smokes us out pretty good

Other

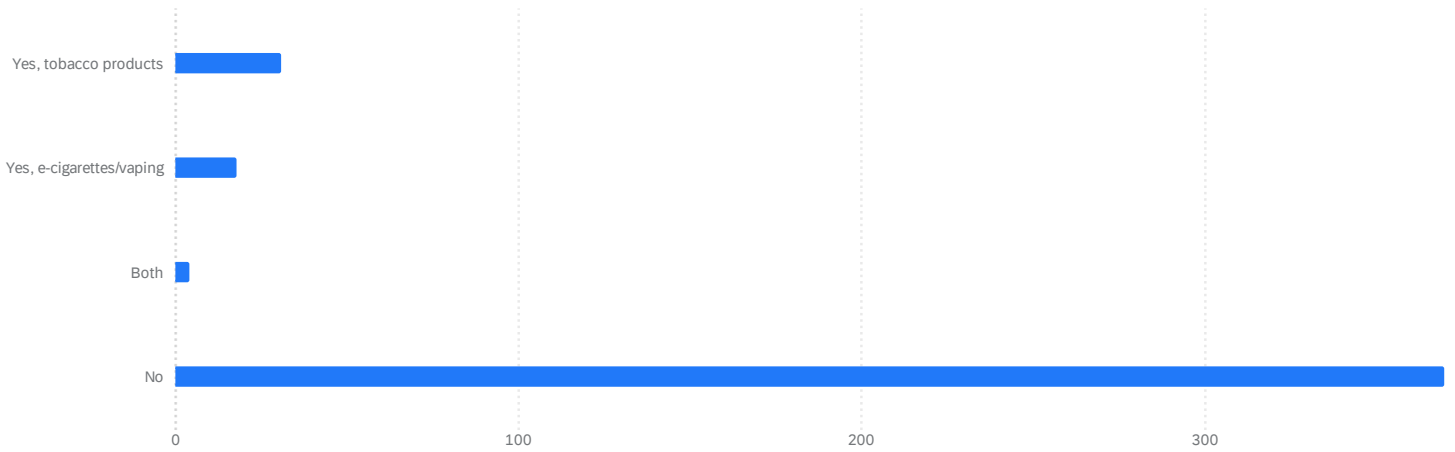
N/A

You can smell weed all over the place.

Other

Hospital

Do you currently smoke or use tobacco products including e-cigarettes/vaping? 423 ⓘ



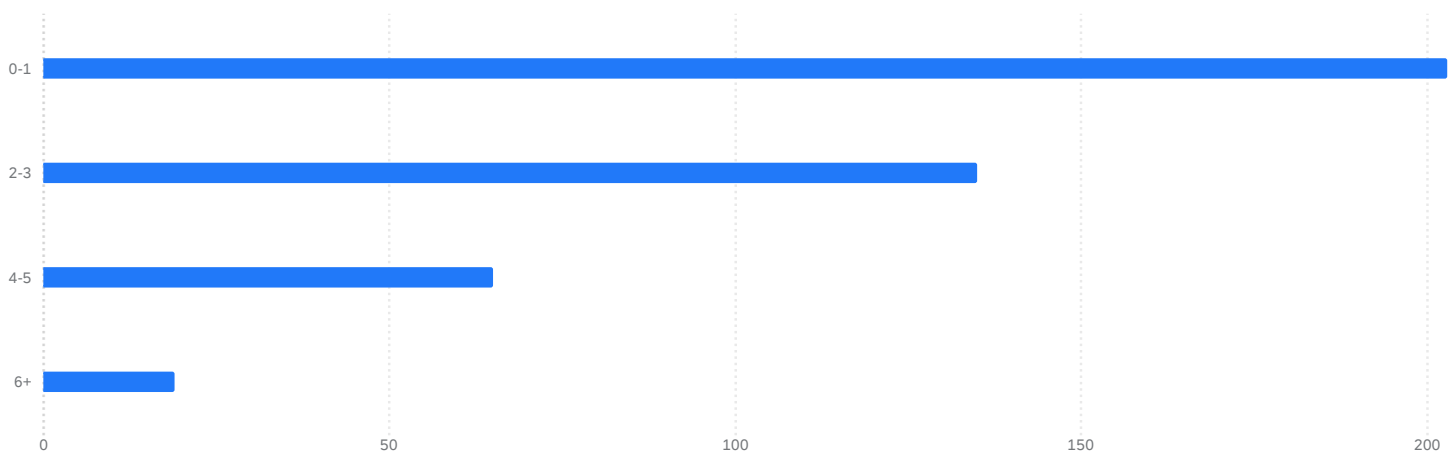
Do you currently smoke or use tobacco products including e-cigarettes/vaping? 423 ⓘ

Q25 - Do you currently smoke or use tobacco products including e-cigarettes/vaping?	Percentage	Count
Yes, tobacco products	7%	31
Yes, e-cigarettes/vaping	4%	18
Both	1%	4
No	87%	370

Do you currently smoke or use tobacco products including e-cigarettes/vaping? 423 ⓘ

Do you currently smoke or use tobacco products including e-cigarettes/vapin...	Average	Minimum	Maximum	Count
Yes, tobacco products	1.00	1.00	1.00	31
Yes, e-cigarettes/vaping	2.00	2.00	2.00	18
Both	3.00	3.00	3.00	4
No	4.00	4.00	4.00	370

In a normal week, how many times do you exercise at least 30 minutes? 422 ⓘ



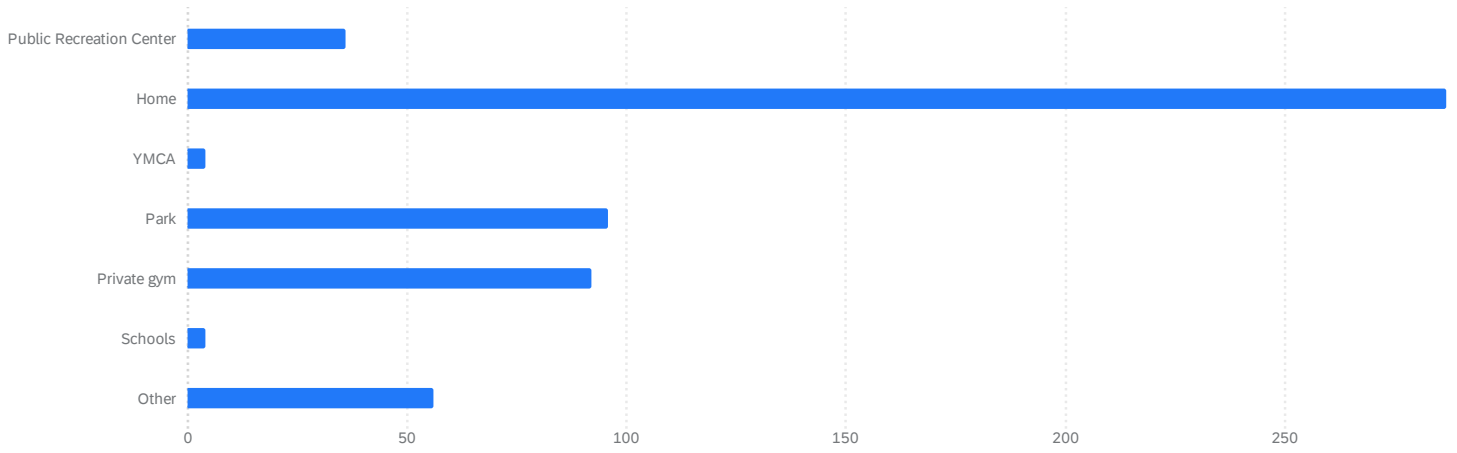
In a normal week, how many times do you exercise at least 30 minutes? 422 ⓘ

Q26 - In a normal week, how many times do you exercise at least 30 minutes?	Percentage	Count
0-1	48%	203
2-3	32%	135
4-5	15%	65
6+	5%	19

In a normal week, how many times do you exercise at least 30 minutes? 422 ⓘ

In a normal week, how many times do you exercise at least 30 minutes?	Average	Minimum	Maximum	Count
0-1	1.00	1.00	1.00	203
2-3	2.00	2.00	2.00	135
4-5	3.00	3.00	3.00	65
6+	4.00	4.00	4.00	19

Where do you go to engage in exercise or physical activity? (Select all that apply) 400 ⓘ



Where do you go to engage in exercise or physical activity? (Select all that apply) 400 ⓘ

Q27 - Where do you go to engage in exercise or physical activity?
(Select all that apply) - Selected Choice

Percentage

Count

Location	Percentage	Count
Public Recreation Center	9%	36
Home	72%	287
YMCA	1%	4
Park	24%	96
Private gym	23%	92
Schools	1%	4
Other	14%	56

Where do you go to engage in exercise or physical activity? (Select all that apply): Other 506 ⓘ

Other

Walk on sidewalk in neighborhood

Other

Trail Running/Conservation areas

Golf

Other

indoor walking at work

Other

outdoors

Outdoors

Other

I don't

None

Work

N/A

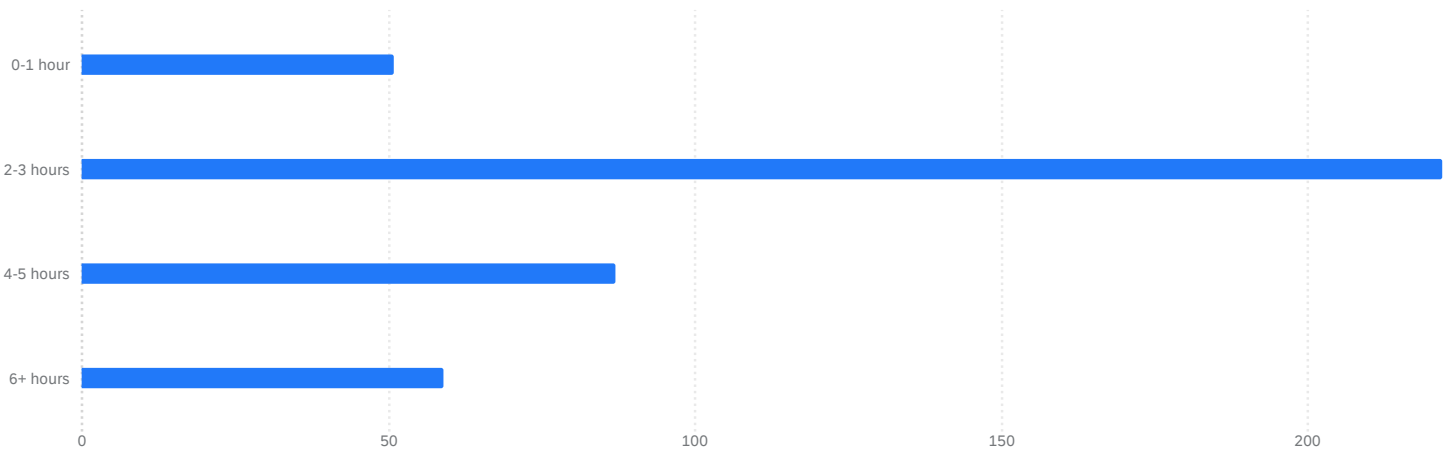
Other

I work a physical job with livestock

taekwondo school

Neighborhood

How many hours per day do you watch TV, play video games, or use the computer or a smart device for recreation? 419 ⓘ



How many hours per day do you watch TV, play video games, or use the computer or a smart device for recreation? 419 ⓘ

Q28 - How many hours per day do you watch TV, play video games, or use the computer or a smart device for recreation?

Percentage

Count

0-1 hour

12%

51

2-3 hours

53%

222

4-5 hours

21%

87

6+ hours

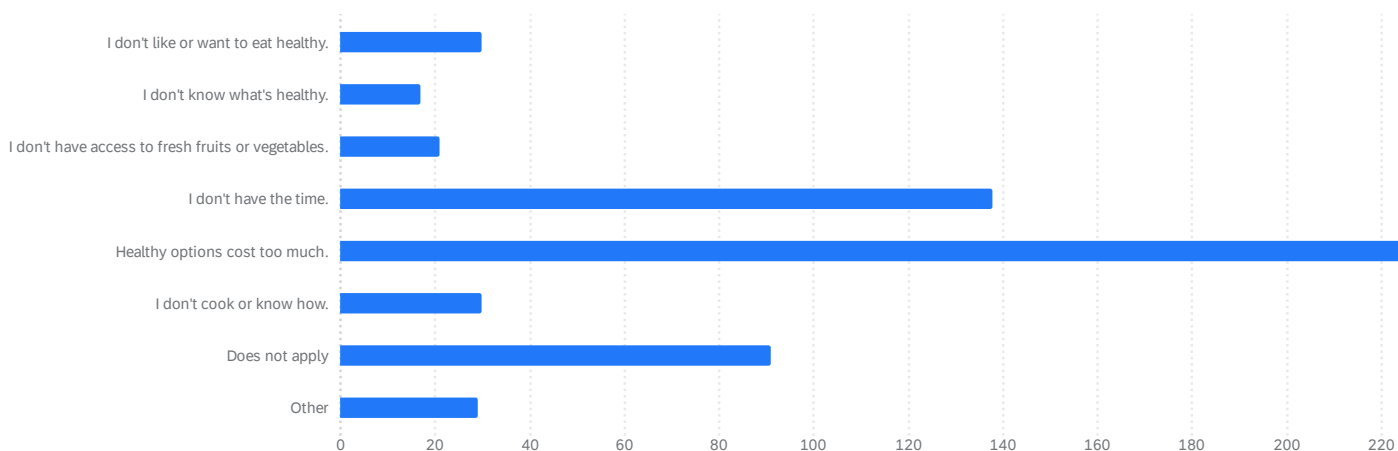
14%

59

How many hours per day do you watch TV, play video games, or use the computer or a smart device for recreation? 419 ⓘ

How many hours per day do you watch TV, play video games, or use the comput...	Average	Minimum	Maximum	Count
0-1 hour	1.00	1.00	1.00	51
2-3 hours	2.00	2.00	2.00	222
4-5 hours	3.00	3.00	3.00	87
6+ hours	4.00	4.00	4.00	59

What barriers prevent you from eating healthy foods? (Select all that apply) 412 ⓘ



What barriers prevent you from eating healthy foods? (Select all that apply) 412 ⓘ

Q29 - What barriers prevent you from eating healthy foods? (Select all that apply) - Selected Choice	Percentage	Count
I don't like or want to eat healthy.	7%	30
I don't know what's healthy.	4%	17
I don't have access to fresh fruits or vegetables.	5%	21
I don't have the time.	33%	138
Healthy options cost too much.	57%	234
I don't cook or know how.	7%	30
Does not apply	22%	91
Other	7%	29

Other

I make an effort

we do a garden for fresh produce

Limited options in area

Other

THE COST OF FRESH VEGETABLE AND FISH CHICKEN

Don't take the time

Fresh fruit/veggies too expensive

Other

my lack of effort

It as difficult to cook for just one/yourself

enjoy healthy foods but eat too much

Not a variety of options that are quick & easy. I need to do meal prep and haven't taken the time to do it...

Other

gardening

Meal Prep company

Other

Home

Other

My garden and husband is a deer hunter

