

Community Health Needs Assessment

Mercy Hospital Stoddard
2025



Contents

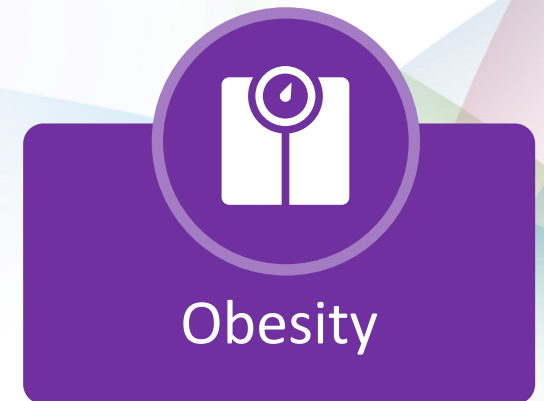
FY 22 Impact	3
Behavioral Health	
Heart Disease	
Tobacco/Substance Abuse	
Executive Summary	7
Community Profile	9
Population	
Household Income	
Education	
Insurance Status	
Access to Care	
Our Assessment Process	14
Community Partners	
Resources	
Community Input	
Coalition and Stakeholders	
Prioritized Needs	19
Access to Care	
Behavioral Health	
Cancer	
COPD	
Resources	25
Appendices	26

FY22-24 Impact

The 2022 community health needs assessment identified six priority health areas:



A community health improvement plan was developed and implemented to address these significant needs. Southeast Health developed and implemented a variety of programs and initiatives to address the needs identified in the 2022 CHNA.





FY22-24 Impact

Substance Use / Mental Health Smoking and Vaping



Project Charlie (Chemical Abuse Resolution Lies in Education): School-based program for 7–10-year-old youth to prevent substance use disorders.

Southeast Behavioral Hospital Collaboration: Work with local Behavioral Health Hospital to provide appropriate warm hand-offs to specialized care.

Smoking Cessation Program: Focused on patients with COPD to help manage health and wellbeing through evidence and education around smoking and other tobacco uses.



FY22-24 Impact

Chronic Disease Management Healthcare Access



Diabetes Support group: Hosted monthly within Mercy Fitness Center - Jackson to help engage patients with the chronic disease management.

Daybreak for Youth: Hosted annually within Mercy Fitness Center – Jackson to help educate youth to reduce diabetes prevalence

Chronic Care Management (CCM) Program: Provided comprehensive care plannings and monthly nursing engagement with patients diagnosed with chronic conditions

Extender Model in Primary Care: Allowed advanced practice providers to see physician patients, giving more capacity for top-of-license patients to see more in the community.



FY22-24 Impact

Healthcare Affordability

Obesity

Pharmacy High-cost medication assistance program: Internal Pharmacy program to help underserved patients afford essential prescriptions for treatment care plan, including specific oncological medications.

Prescription Produce Program: Ensuring access to healthy foods for patients with food insecurity to manage weight and overall health. Collaborating with Southeast Missouri Food Bank to actually provide fresh product and other food items to these enrollees. Currently have 125 patients enrolled in program.

StartingPoint: Hosted at Mercy Fitness Centers to medically manage obesity mitigation. This program has served over 150 patients during the evaluated time.

Cooking Classes for Cape Central Middle School: Providing hands-on education to youth to better understand impact of healthy food and techniques in preparing it at home. This program has served over 400 students during the evaluated time.

Executive Summary

Mercy Stoddard is committed to carrying out its mission to deliver compassionate care and exceptional service for all members of the communities it serves, with special attention to those who are marginalized, underserved, and most vulnerable. As part of this CHNA, Mercy convened a collaboration of area health care and non-profit partners to conduct a comprehensive community health survey and various focus group sessions. Available secondary health data was also obtained, and Southeast indicators were compared to those of Missouri and the United States.

Mercy Hospital Stoddard is a 43-bed acute-care hospital located in Dexter, Missouri affiliated with Mercy, a large Catholic health system. Headquartered in St. Louis, Mercy serves millions of people each year in multiple states across the central United States. For the purposes of this Community Health Needs Assessment (CHNA), the community served by Mercy Stoddard will be defined as the three-county Stoddard region made up of Stoddard, Butler and New Madrid Counties.



Executive Summary *(continued)*

The Stoddard community health needs assessment Task Force reviewed and prioritized the needs based on several criteria. 2025 prioritized community health needs are: Affordable Childcare, Behavioral Health, and Health Literacy.

These prioritized needs will be the basis of Mercy Stoddard's three-year community health improvement plan (CHIP), which will guide the coordination and targeting of resources and the planning, implementation, and evaluation of new and existing programs and interventions.

This cycle, the community health assessment process was impacted by the transition of Southeast Health to Mercy Stoddard. At Mercy and among our key collaborative partners, resources and energy were redirected to essential operational functions, including electronic health record integration. Also impacted by the transition were the methods by which our partners collaborated and collected data. This created a hybrid of both in-person and virtual data collection methods and community engagement.

Community Profile

Population

Median Age

Median Income
and Education

Population
Growth

Insurance
Coverage



Community Profile

Median Age, Household Income, Graduation Rate

Total Population = 29,556

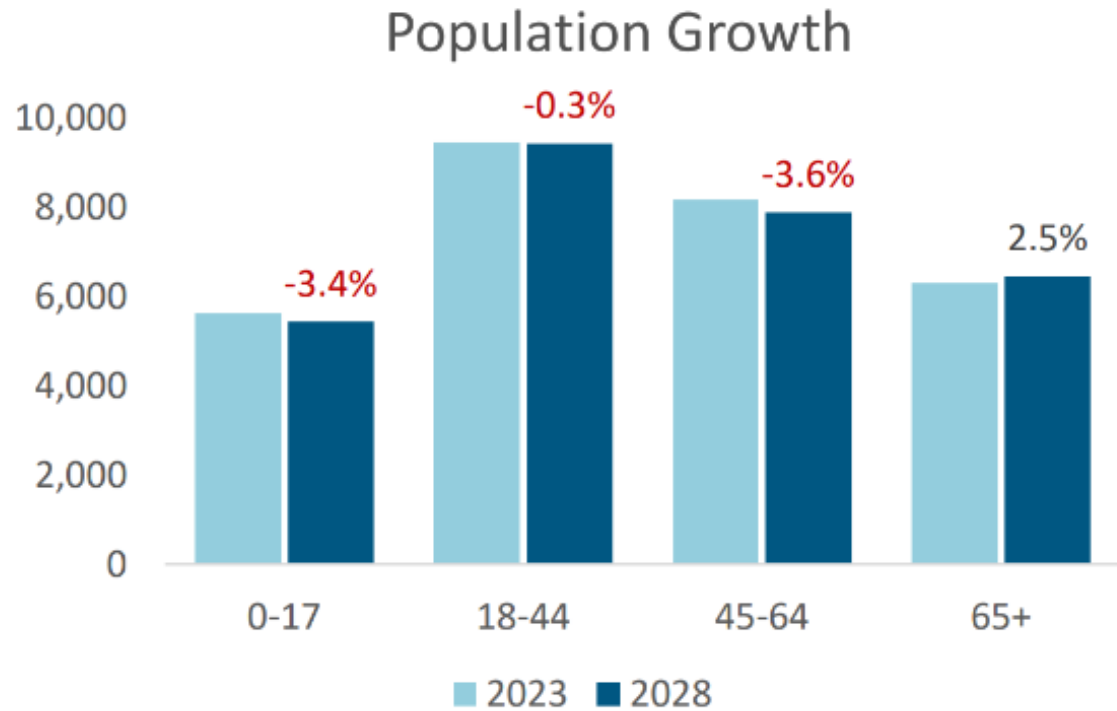
	Community	MO	US
5-Year Population Growth	-1.2%	2.8%	4.0%
Median Age	35	39	35
Median HH Income	\$42k	\$57k	\$61k
High School Grad or Greater	84%	92%	90%

Source: Advisory Board Demographic Estimates, 2023-2028



Community Profile

Population Growth



Community Profile

Access to Care



System Affiliation	ID	Hospital	City, State	Type	Total Hospital Beds	Total Inpatient Discharges	Total Births	Total Assets (millions)	Net Patient Revenue (millions)	Operating Profit Margin
Mercy	1	Mercy Hospital Southeast	Cape Girardeau, MO	Acute	245	7,045	655	\$258	\$314	-44.3%
	2	Mercy Hospital Stoddard	Dexter, MO	Acute	43	1,192	0	\$25	\$37	-44.2%
Other System or Independent	3	Saint Francis Medical Center	Cape Girardeau, MO	Acute	306	8,624	1,191	\$1,295	\$557	-1.3%
	4	Missouri Delta Medical Center	Sikeston, MO	Acute	132	3,906	443	\$95	\$126	-14.7%

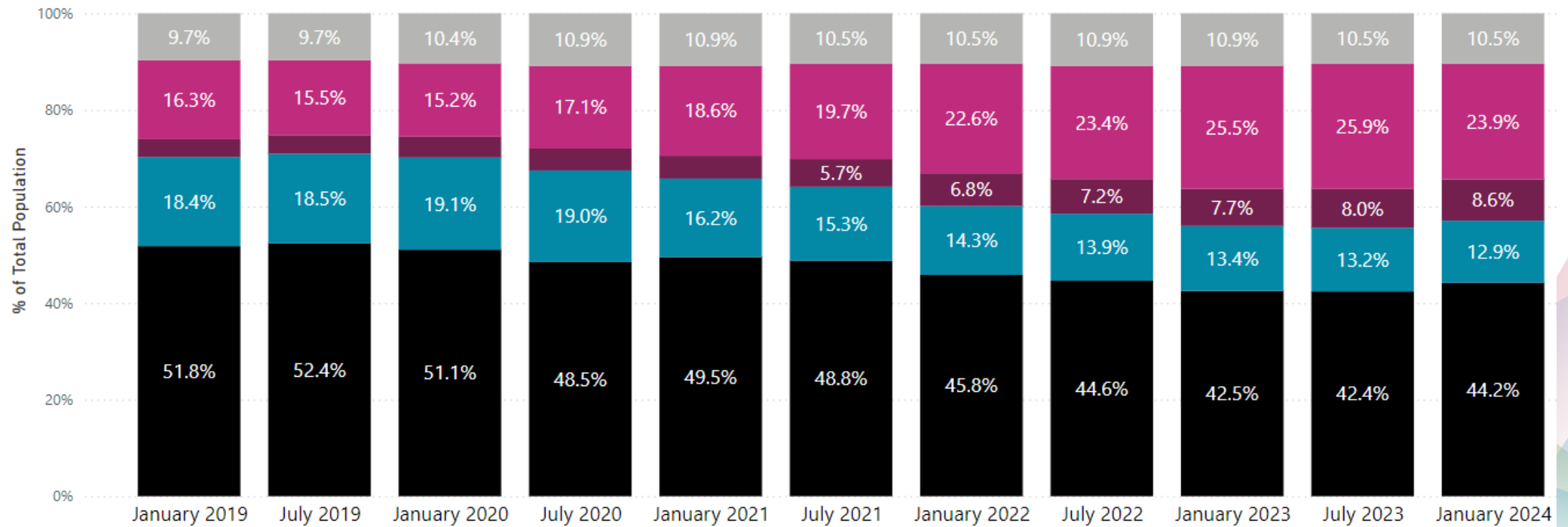
Sources: IP discharges and births-MHA/HIDI, FY2024; total beds (all types) and financials (hospital only)-AHD (reporting year varies by provider)



Community Profile

Insurance Status

● Commercial ● Medicare Traditional ● Medicare Advantage ● Medicaid ● Uninsured



Source: EDAO/Market Intelligence/Clarivate



Our Assessment Process

Finding the Real Community Needs

This CHNA process was designed to: use data to identify those who may not be flourishing; use information provided from focus groups and community surveys to help community members and organizations identify systems that perpetuate inequity; and test programmatic changes that have the potential to disrupt these systems. By doing this we hope the long-term outcome will be the creation of conditions where everyone has the opportunity to achieve health and well-being, by addressing the root causes of poor health outcomes.

The following methods were used to understand the community health needs:

- **Community Survey** – a survey of the general public to better understand what they view as the most significant health issues.
- **Community Focus Groups** – discussions with community members and community champions to delve deeper into individual experiences with health-related issues
- **Secondary Data Research** – information related to the current state of our community’s economic, social, and health status published by established sources

Our Assessment Process

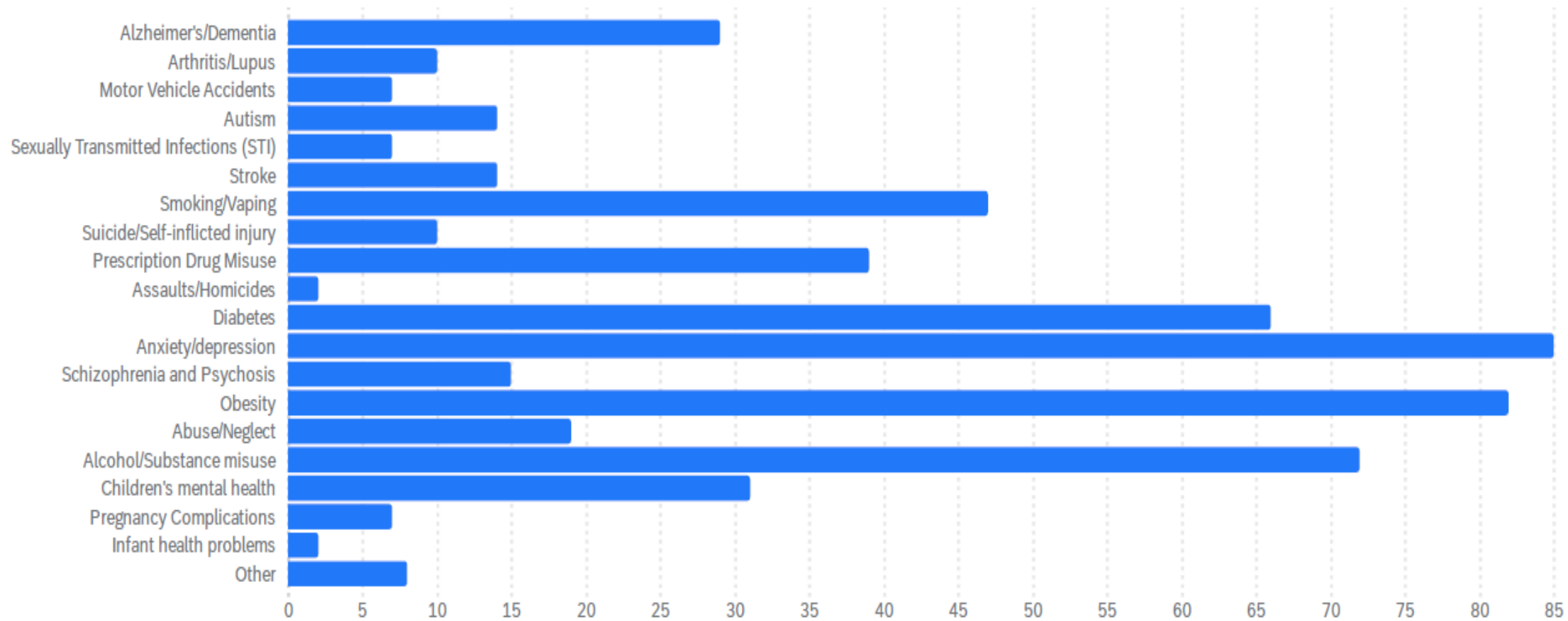
Community Input

Community Health Survey

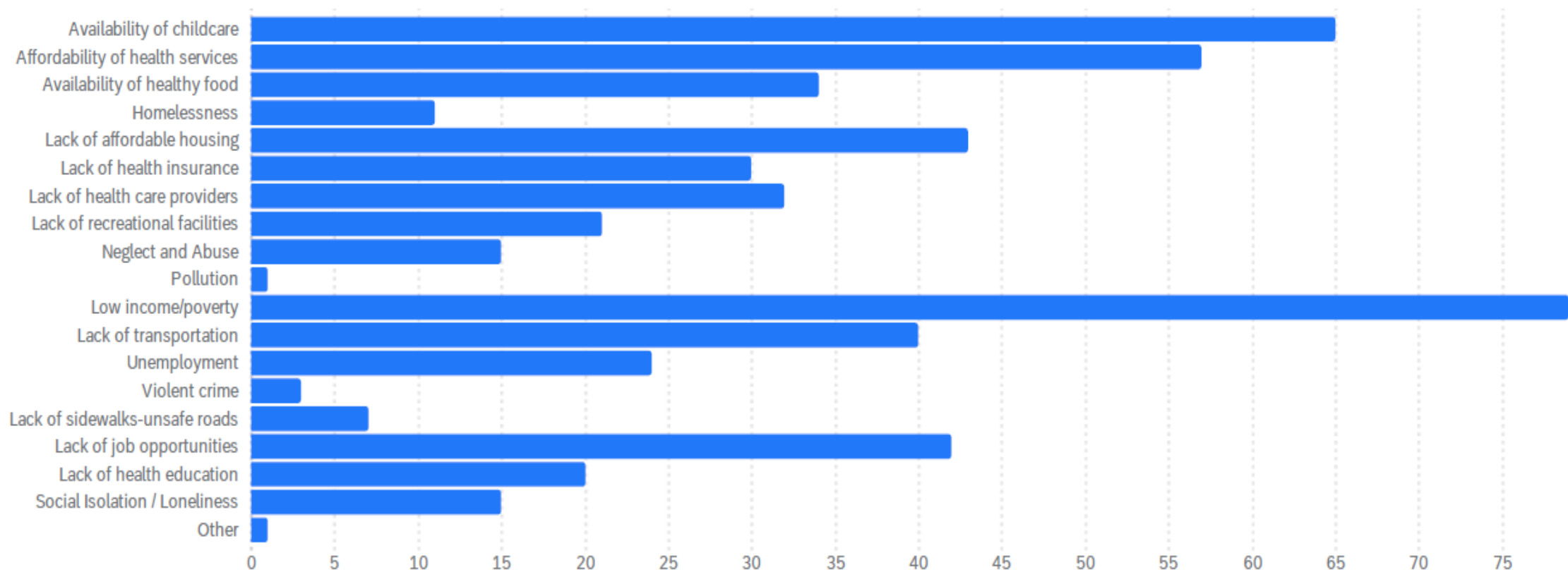
Mercy convened a community task force of *nine* Stoddard area health care and social service organizations to conduct a comprehensive community health survey in 2024. The final survey was made up of *forty* questions focused on health issues and needs most important to the respondents, wellness, mental health, barriers to care, and childhood immunizations. Various community partners promoted the survey on social media while also distributing the survey electronically to their co-workers, patients, clients, and community members by email and through social media.

142 responses were included in the final analytic sample. 73% of respondents were from Stoddard County, 18% from Butler County, and 8% from New Madrid County. Results regarding the top health issues, social issues, and risk behaviors are on the following pages. Complete results of the 2025 Southeast Community Health Survey are included in the Appendix.

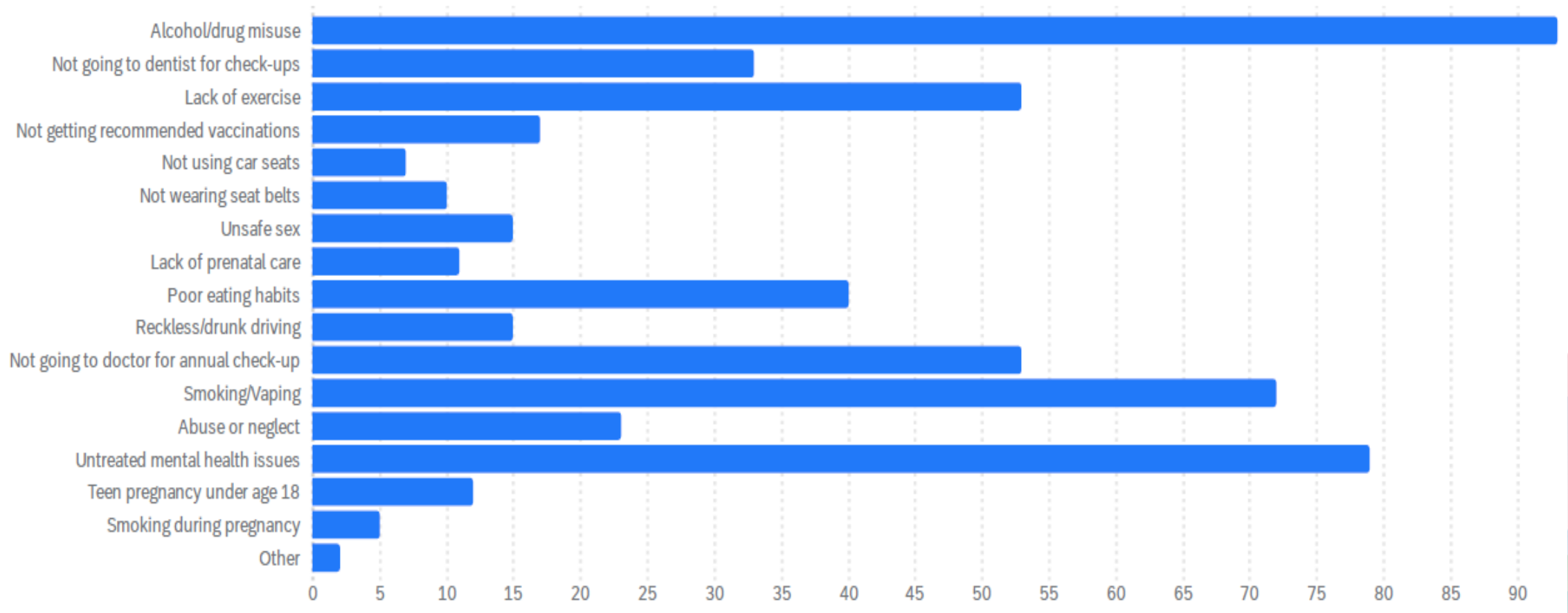
What are the TOP 5 most common health issues in your community? 117 ⓘ



What are the TOP 5 social issues that have the greatest effect on quality of life in your community? 115 ⓘ



What are the TOP 5 risk behaviors that impact health in your community? 113 ⓘ



Our Assessment Process

Community Input (continued)

Community Health Focus Groups

The facilitation team was made up of a lead facilitator and scribe during the *two* focus groups. The participants included individuals served by collaborating organizations as well as leaders from within the community. The facilitator led each community focus group and followed a written script to ensure consistent messaging at all events. The scribe then recorded quotes and ideas from individuals as they responded to each question. Both were held in-person based on local stakeholder preference.

Participants convened discussions regarding the state of health in the Stoddard region. Key community health issues were discussed whether they were *clinical* in scope (diabetes) or *non-clinical* (healthy food access). Then the group talked through currently available community resources along with the barriers to accessing these benefits. Finally, the community members brainstormed future solutions towards the top needs that included expanding/increasing current programs or developing new initiatives.

Our Assessment Process

Secondary Data Research

The following external sources of published data are examples of those utilized in the data collection process.

- U.S. Census Bureau, 2020 Census Results. <https://www.census.gov/>
- U.S. Census Bureau American Community Survey, 2023. <https://www.census.gov/programs-surveys/acs/data.html>
- The Robert Wood Johnson Foundation and The University of Wisconsin-Public Health Institute <http://www.countyhealthrankings.org/>
- Cape Girardeau County Health Department, 2023 Community Health Assessment. [cha-cape-long-2-23-23_001.pdf](#)
- MO Dept. of Health and Senior Services, 2024 Missouri State Health Assessment. <https://health.mo.gov/accreditation/pdf/state-health-assessment.pdf>

Our Assessment Process

A list of community partners involved in the CHNA process is provided below:

- Advance R-IV School District
- Cross Trails Medical & Dental Center
- Dexter Chamber of Commerce
- Dexter R-XI School District
- Federal Emergency Management Agency
- Poplar Bluff Chamber of Commerce
- New Madrid County Family Resource Center
- Regional Healthcare Foundation
- Saint Francis Healthcare
- Stoddard County Gospel Mission



Prioritized Needs

Prioritizing Identified Health Needs

The Stoddard Community Health Needs Assessment Task Force met in November 2024 to prioritize the identified health needs. The committee reviewed the primary and secondary data collected during the CHNA process, evaluated the strengths and resources of the community, and took into account the hospital's strategic plan. The committee narrowed the list of identified health needs by using a strategy grid. Criteria used to prioritize the needs using the strategy grid were Magnitude of the Need and Availability of Resources to address the need. The strategy grid narrowed the list of health needs to ten themes: **Affordable Housing, Affordable Childcare, Access to Care, Behavioral Health, Healthy Food Access, Health Literacy, Healthcare Capacity, Internet Access, Meaningful Employment, and Transportation Access.**

The above themes were then placed in level of importance through the nominal group technique. This ranked the needs based off the strategy grid, key primary and secondary data collection process and organizational insights. Based on the results of the **2025 CHNA**, Mercy Stoddard has prioritized three health needs: **Affordable Childcare, Behavioral Health, and Health Literacy.**

Prioritized Needs

Prioritizing Identified Health Needs

Strategy Grid Results

		Magnitude of Need		
		High	Medium	Low
Resources Available	High			
	Medium	Access to Care Behavioral Health Healthy Food Access	Health Literacy Meaningful Employment Transportation Access	Internet Access
	Low	Affordable Quality Housing Healthcare Capacity	Affordable Childcare	

Nominal Group Ranking Results

Identified Health Need	Ranking Score*	Chosen as Priority Need
Access to Care	20	
Affordable Housing	23	
Affordable Childcare	13	Yes
Behavioral Health	12	Yes
Healthcare Capacity	29	
Health Literacy	12	Yes
Healthy Food Access	25	
Internet Access	34	
Meaningful Employment	27	
Transportation Access	25	

Prioritized Needs



Affordable Childcare



Behavioral Health



Health Literacy



Prioritized Needs

Affordable Childcare



- Affordable childcare was shown to be a key community resource currently missing in the region from both surveys and focus groups. Access to quality childcare ensures nutrition, socio-emotional development and cognitive support for the youth. These resources continue to climb in price which reduces any affordability especially for underserved patients – US Dept. of Health and Human Services sets 7% of income as benchmark for affordability.
- In addition to the well documented benefits to the children within these programs, affordable childcare also allows parents to work or pursue education, reducing financial stress and improving mental health. This then leads to a healthier environment for the children themselves.
- Communities with accessible childcare have higher rates of employment and economic stability leading to better community health outcomes. Employers who adopt childcare benefits (i.e. subsidized rates, onsite childcare and back-up care access) have higher staff retention and engagement.



Prioritized Needs

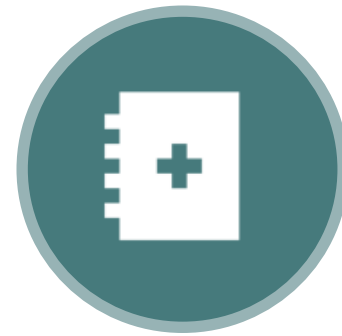


Behavioral Health

- Behavioral Health (substance use + mental health) was noted as a top health concern in many instances of the primary data collection. Drug misuse was noted as the 1st safety concern in the community survey results, with mental health a close 2nd. These community health concerns were mentioned throughout all four of the focus groups and all listed as having a high ability to collaborate on from a multi-organizational standpoint.
- Accompanied with the increases in depression and anxiety prevalence throughout the nation post-pandemic, using substances as unique coping mechanisms will also climb to higher levels. Being able to educate and communicate the risks and alternatives will be vital.
- Behavioral Health was chosen as a priority health need for Southeast Health's 2022 CHNA. Mercy remains committed to increasing access to care for uninsured, economically poor, and vulnerable persons and will be a number of programs to address this need.

Prioritized Needs

Health Literacy



- Health literacy allows patients to make informed decisions for adhering to care plans like medications and therapies. This renewed awareness also provides better information on how to live a healthier life through nutrition, exercise and other behaviors.
- The community must be given the tools to prevent and potentially manage their chronic conditions. Not only are “translations” needed to understand various instructions but also how it actually impacts their lives. This culturally shift is both needed one-on-one and at a broader regional level.
- Health Literacy promotes stronger community engagements with health-related events along with various social programs. The renewed connections build stronger community cohesion and relationships, helping reduce chronic disease burden and positive collaboration with neighbors.



Resources

Mercy Stoddard collaborates with many local community agencies and organizations that have similar missions and personnel dedicated to improving the health and quality of life for individuals within the Mercy Stoddard region.

Some of these partners include:

- City of Dexter
- First Baptist Church
- First Midwest Bank
- Lighthouse Church
- Local Stoddard County Childcare Centers
- Local Stoddard County School Districts
- Regional Healthcare Foundation
- St. Francis Healthcare
- Stoddard County Gospel Mission
- Three Rivers College
- W.W. Wood Products

Appendices





Your life is our life's work.

Mercy Stoddard Focus Group Summaries

STODDARD focus group 1

Vision for a health community: Behavioral health + substance use disorder resources; removing barriers to meaningful employment, transportation access

Most Serious health issues: School system health education, access to healthy food, affordable housing and social services for unhoused

Most Beneficial Health Resources/Services: Schools, healthcare systems, mother to mother, various nonprofit organizations

Healthcare community perception and specific services: Very long primary care wait times, lack of dental services, important behavioral health resources but still needs more capacity, convenient cares expansion, focus effort with uninsured and under insured people

Healthcare community impact on health and quality of life: Health education, integration with school systems, public health fairs, telehealth utilization, increased specialty availability, improved electronic medical record system

STODDARD focus group 2

Vision for a health community: Blue Zone development with walkability + healthy food options, reduce mental health stigma, improve transportation to employers

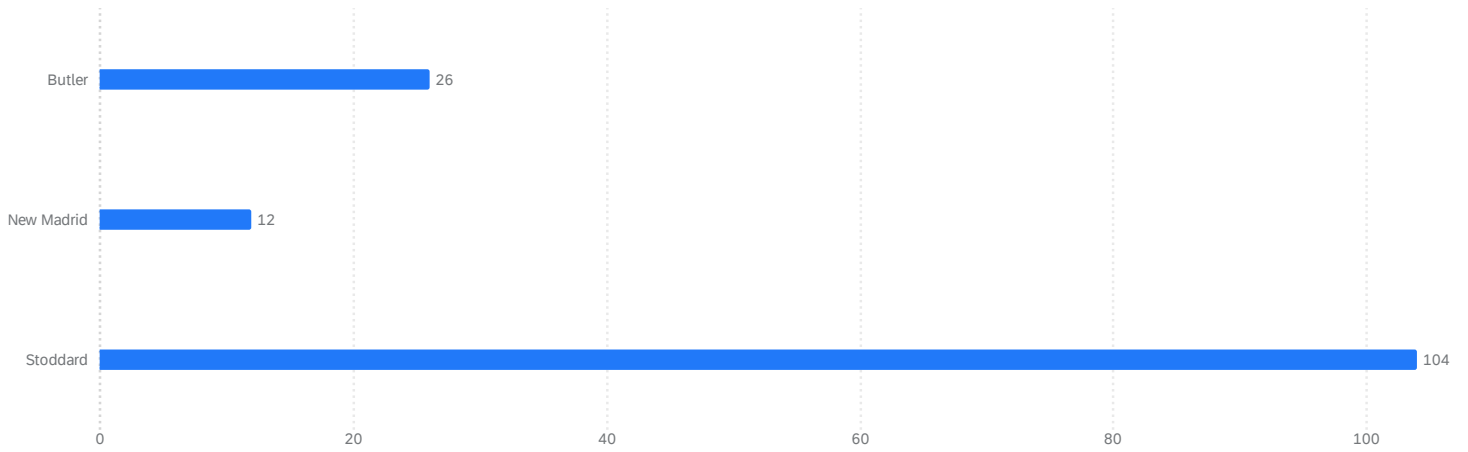
Most Serious health issues: Diabetes, hypertension, substance use disorder, behavioral health disease

Most Beneficial Health Resources/Services: Healthcare entities, faith communities for both social interaction and social needs services, dental care availability

Healthcare community perception and specific services: Very long wait times, shift culture away from emergency department to appropriate care venue, Provider consultations lacking within school system

Healthcare community impact on health and quality of life: Develop women's health capacity, expand telehealth options integrate within school districts, focus on social determinants of health for preventing chronic conditions, engage with local employers, improve electronic medical record system

Please select the county where you live. 142 ⓘ



Please select the county where you live. 142 ⓘ

Q4 - Please select the county where you live.	Percentage	Count
Butler	18%	26
New Madrid	8%	12
Stoddard	73%	104

Please select the county where you live. 142 ⓘ

Please select the county where you live.	Average	Minimum	Maximum	Count
Butler	64.00	64.00	64.00	26
New Madrid	63.00	63.00	63.00	12
Stoddard	59.00	59.00	59.00	104

Please enter your zip code in the space provided: 142 ⓘ

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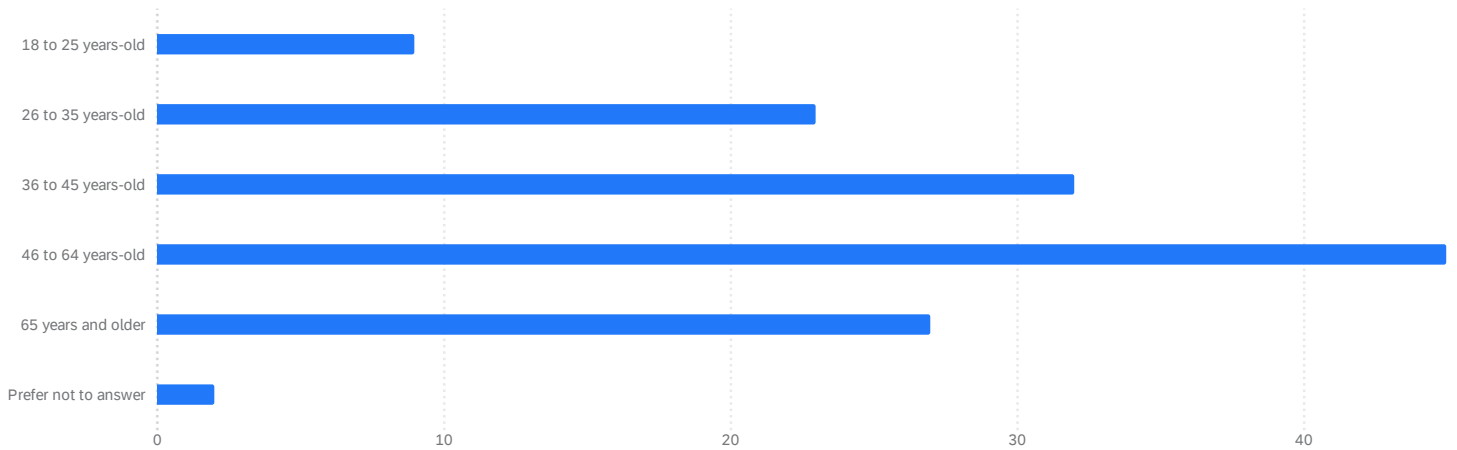
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Please select the age range that best fits you. 138 ⓘ



Please select the age range that best fits you. 138 ⓘ

Q7 - Please select the age range that best fits you.	Percentage	Count
18 to 25 years-old	7%	9
26 to 35 years-old	17%	23

Q7 - Please select the age range that best fits you.

Percentage

Count

	Percentage	Count
36 to 45 years-old	23%	32
46 to 64 years-old	33%	45
65 years and older	20%	27
Prefer not to answer	1%	2

Please select the age range that best fits you. 138 ⓘ

Please select the age range that best fits you.

Average

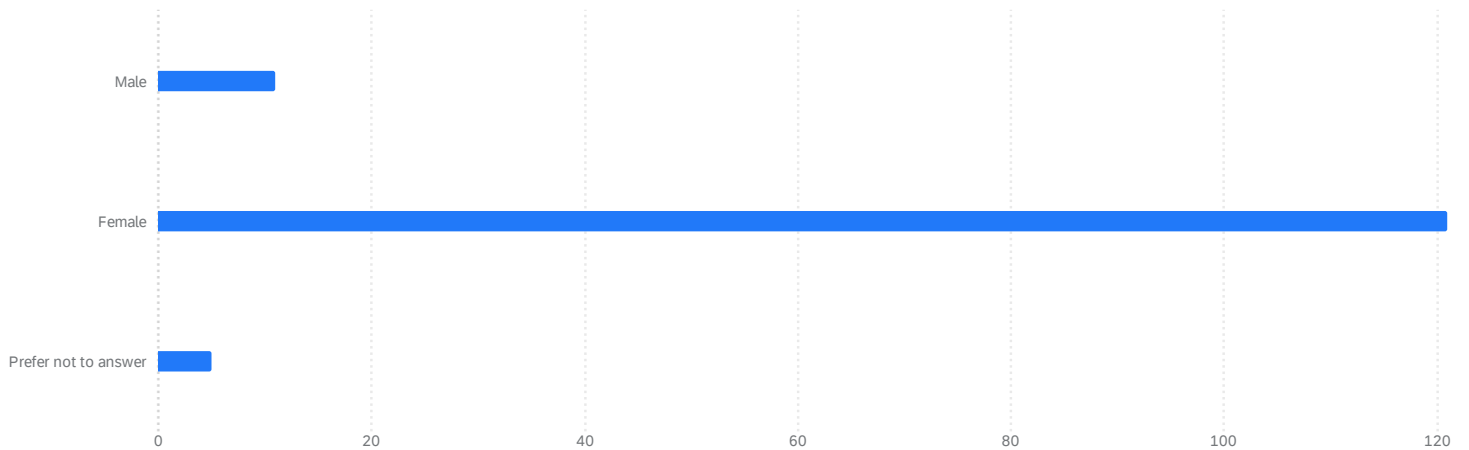
Minimum

Maximum

Count

	Average	Minimum	Maximum	Count
18 to 25 years-old	1.00	1.00	1.00	9
26 to 35 years-old	2.00	2.00	2.00	23
36 to 45 years-old	3.00	3.00	3.00	32
46 to 64 years-old	4.00	4.00	4.00	45
65 years and older	5.00	5.00	5.00	27
Prefer not to answer	6.00	6.00	6.00	2

What is your gender identity? 137 ⓘ



What is your gender identity? 137 ⓘ

Q8 - What is your gender identity? - Selected Choice

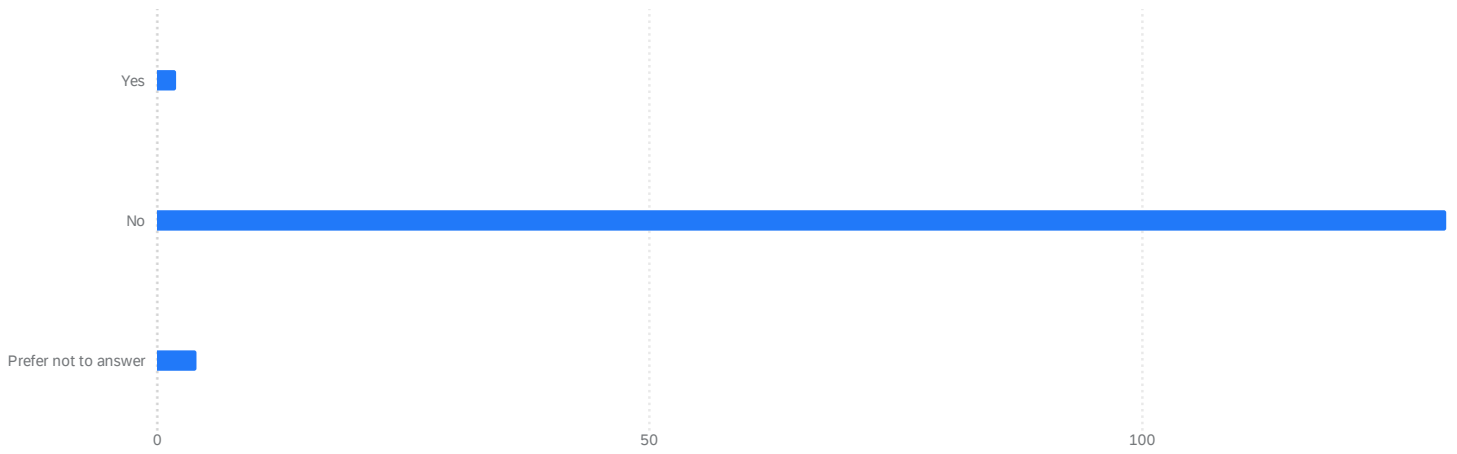
Percentage

Count

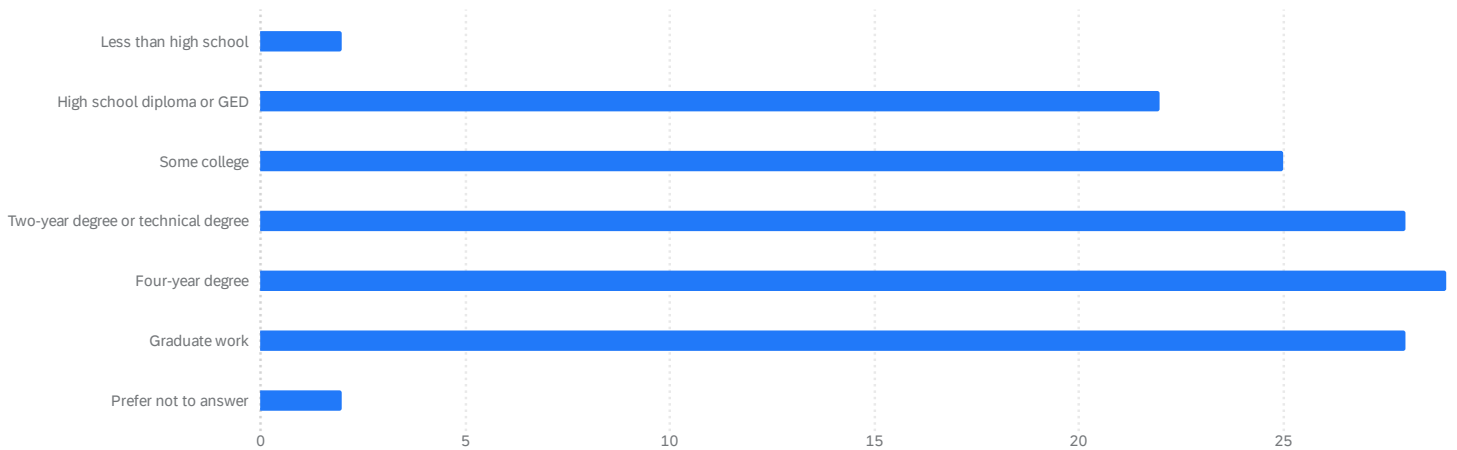
	Percentage	Count
Male	8%	11
Female	88%	121
Prefer not to answer	4%	5

Other

Do you identify yourself as Hispanic or Latino? 137 ⓘ



Please select the education level that best describes you. 136 ⓘ



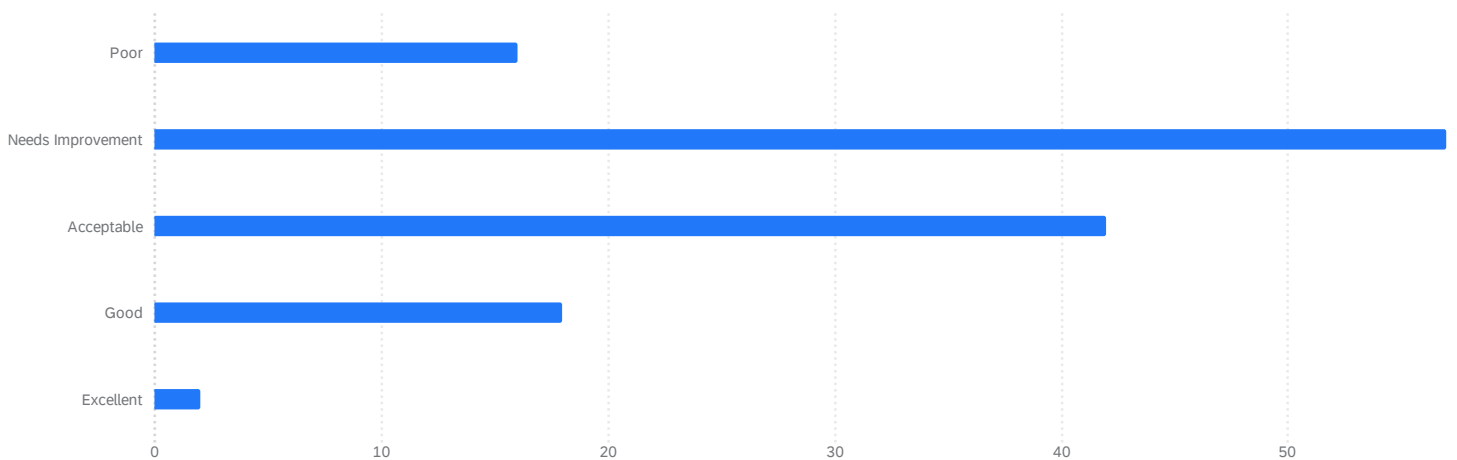
Please select the education level that best describes you. 136 ⓘ

Q11 - Please select the education level that best describes you.	Percentage	Count
Less than high school	1%	2
High school diploma or GED	16%	22
Some college	18%	25
Two-year degree or technical degree	21%	28
Four-year degree	21%	29
Graduate work	21%	28
Prefer not to answer	1%	2

Please select the education level that best describes you. 136 ⓘ

Please select the education level that best describes you.	Average	Minimum	Maximum	Count
Less than high school	7.00	7.00	7.00	2
High school diploma or GED	2.00	2.00	2.00	22
Some college	4.00	4.00	4.00	25
Two-year degree or technical degree	5.00	5.00	5.00	28
Four-year degree	6.00	6.00	6.00	29
Graduate work	14.00	14.00	14.00	28
Prefer not to answer	15.00	15.00	15.00	2

How would you rate the job that local schools are doing to prepare children for college or the job market? 135 ⓘ



How would you rate the job that local schools are doing to prepare children for college or the job market? 135 ⓘ

Q46 - How would you rate the job that local schools are doing to prepare children for college or the job market?

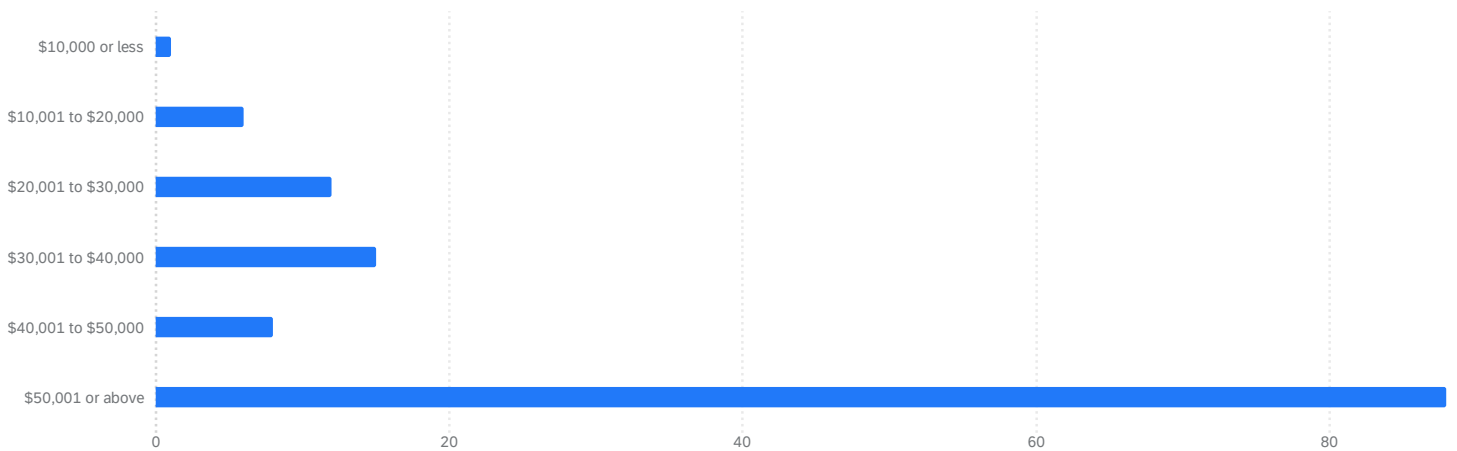
	Percentage	Count
Poor	12%	16
Needs Improvement	42%	57
Acceptable	31%	42
Good	13%	18
Excellent	1%	2

How would you rate the job that local schools are doing to prepare children for college or the job market? 135 ⓘ

How would you rate the job that local schools are doing to prepare children...

	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	16
Needs Improvement	2.00	2.00	2.00	57
Acceptable	3.00	3.00	3.00	42
Good	4.00	4.00	4.00	18
Excellent	5.00	5.00	5.00	2

Last year, what was your total household income from all sources, before taxes? 130 ⓘ



Last year, what was your total household income from all sources, before taxes? 130 ⓘ

Q12 - Last year, what was your total household income from all sources, before taxes?

	Percentage	Count
\$10,000 or less	1%	1
\$10,001 to \$20,000	5%	6

Q12 - Last year, what was your total household income from all sources, before taxes?

Percentage

Count

\$20,001 to \$30,000

9%

12

\$30,001 to \$40,000

12%

15

\$40,001 to \$50,000

6%

8

\$50,001 or above

68%

88

Last year, what was your total household income from all sources, before taxes? 130 ⓘ

Last year, what was your total household income from all sources, before ta...

Average

Minimum

Maximum

Count

\$10,000 or less

1.00

1.00

1.00

1

\$10,001 to \$20,000

2.00

2.00

2.00

6

\$20,001 to \$30,000

3.00

3.00

3.00

12

\$30,001 to \$40,000

4.00

4.00

4.00

15

\$40,001 to \$50,000

5.00

5.00

5.00

8

\$50,001 or above

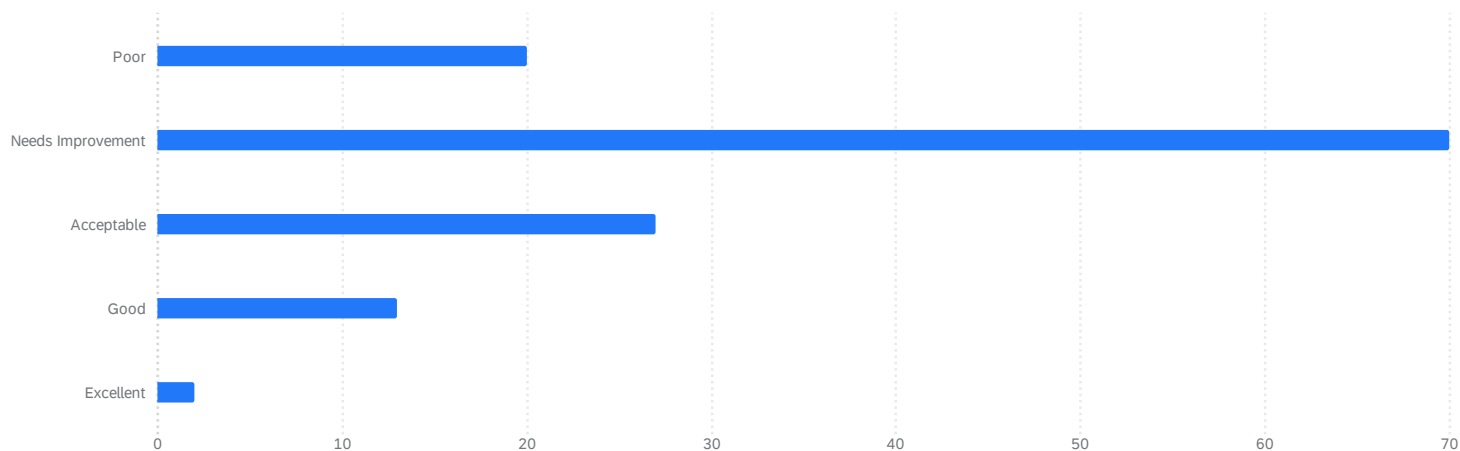
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How would you rate the access to meaningful employment opportunities in your community? 132 ⓘ



How would you rate the access to meaningful employment opportunities in your community? 132 ⓘ

Q43 - How would you rate the access to meaningful employment opportunities in your community?

Percentage

Count

Poor

15%

20

Needs Improvement

53%

70

Acceptable

20%

27

Good

10%

13

Q43 - How would you rate the access to meaningful employment opportunities in your community?

Percentage

Count

Excellent

2%

2

How would you rate the access to meaningful employment opportunities in your community? 132 ⓘ

How would you rate the access to meaningful employment opportunities in you...

Average

Minimum

Maximum

Count

How would you rate the access to meaningful employment opportunities in you...	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	20
Needs Improvement	2.00	2.00	2.00	70
Acceptable	3.00	3.00	3.00	27
Good	4.00	4.00	4.00	13
Excellent	5.00	5.00	5.00	2

If you have children 21 years of age or younger, how old are they? (Check all that apply) 126 ⓘ

I do not have children 21 or under

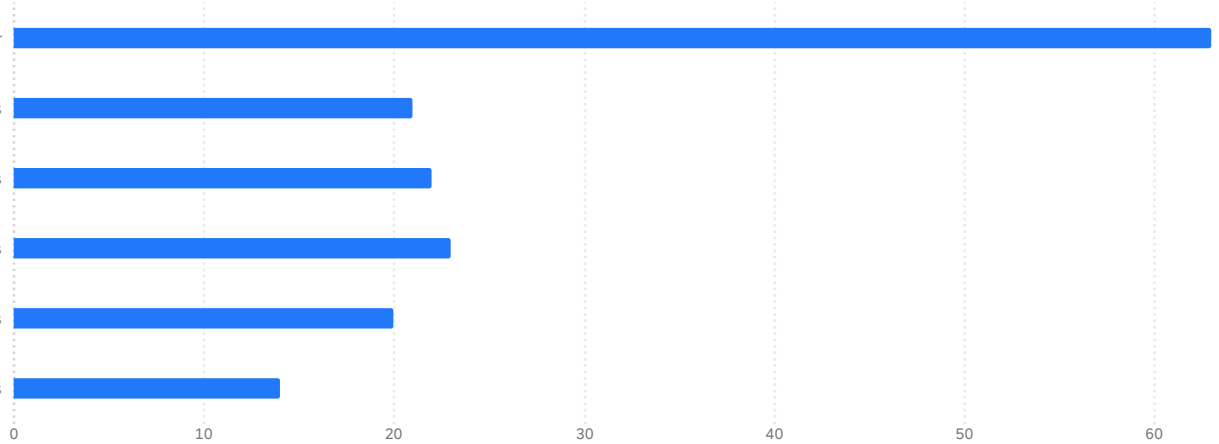
0-4 years

5-9 years

10-14 years

15-17 years

18-21 years



If you have children 21 years of age or younger, how old are they? (Check all that apply) 126 ⓘ

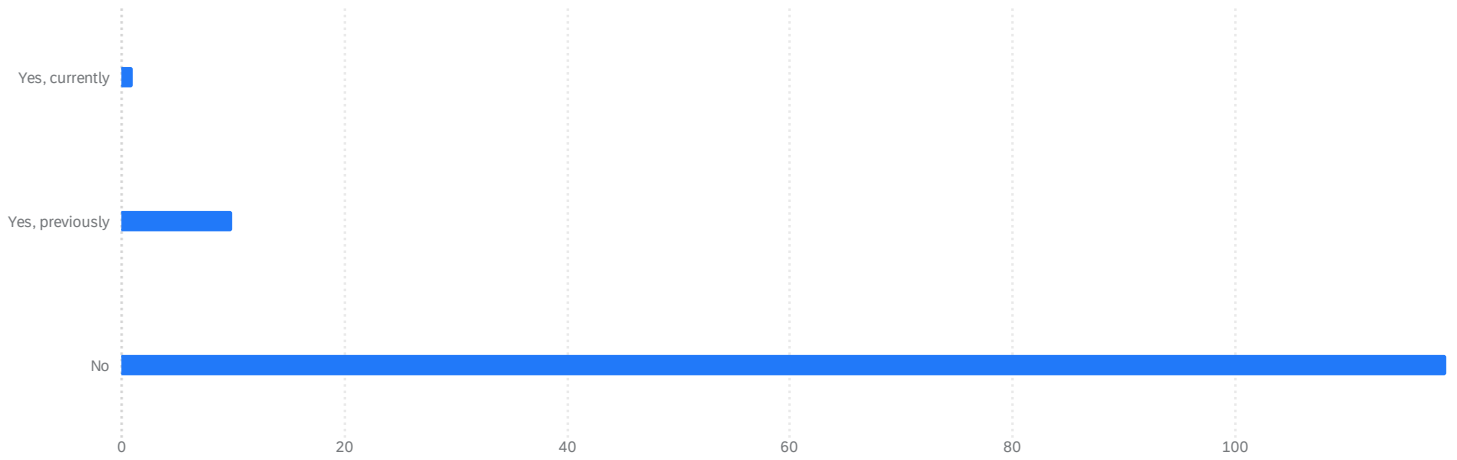
Q13 - If you have children 21 years of age or younger, how old are they? (Check all that apply)

Percentage

Count

Q13 - If you have children 21 years of age or younger, how old are they? (Check all that apply)	Percentage	Count
I do not have children 21 or under	50%	63
0-4 years	17%	21
5-9 years	17%	22
10-14 years	18%	23
15-17 years	16%	20
18-21 years	11%	14

Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc. 130 ⓘ



Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc. 130 ⓘ

Q14 - Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc.

Percentage

Count

Yes, currently

1%

1

Yes, previously

8%

10

No

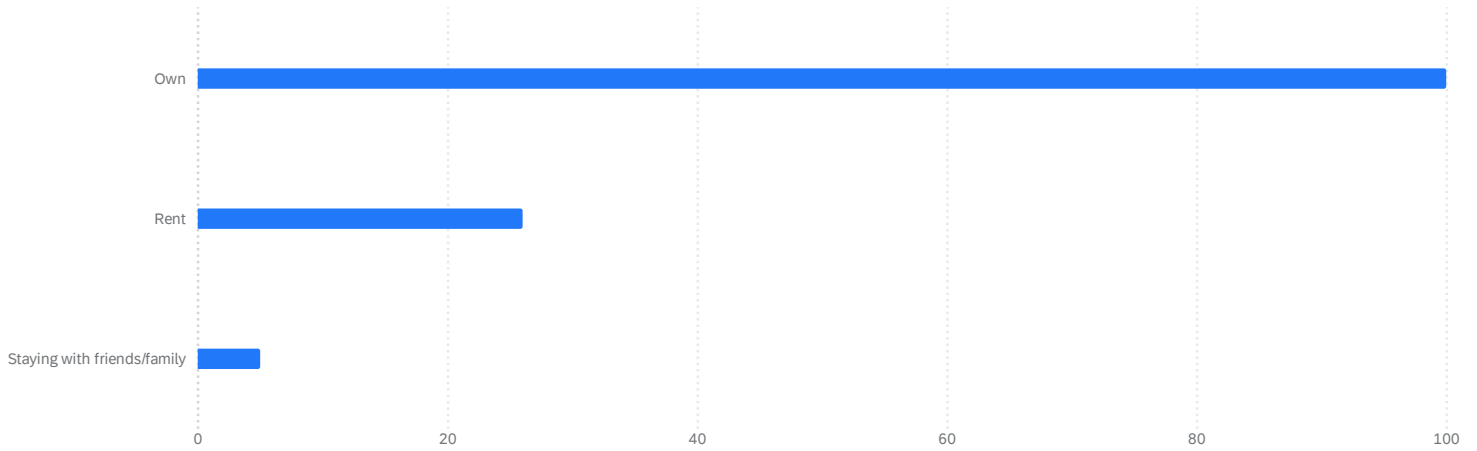
92%

119

Are you currently, or have you ever been, without stable housing? This includes sleeping in a tent, car, camper, make-shift shelter, couch surfing, etc. 130 ⓘ

Are you currently, or have you ever been, without stable housing? This incl...	Average	Minimum	Maximum	Count
Yes, currently	1.00	1.00	1.00	1
Yes, previously	9.00	9.00	9.00	10
No	10.00	10.00	10.00	119

What is your housing status? 129 ⓘ



What is your housing status? 129 ⓘ

Q15 - What is your housing status? - Selected Choice	Percentage	Count
Own	78%	100
Rent	20%	26
Staying with friends/family	4%	5

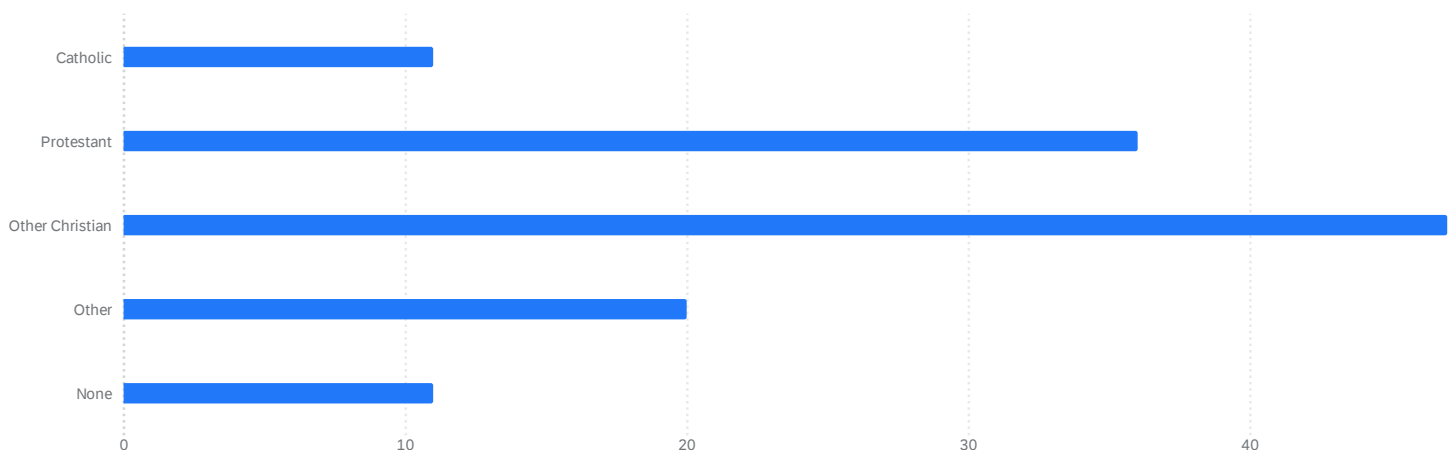
What is your housing status?: Other 142 ⓘ

Other

How would you rate the availability of affordable housing in your community? 129 ⓘ

How would you rate the availability of affordable housing in your community...	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	41
Needs Improvement	2.00	2.00	2.00	58
Acceptable	3.00	3.00	3.00	25
Good	4.00	4.00	4.00	5

What is your religious/spiritual affiliation? 125 ⓘ



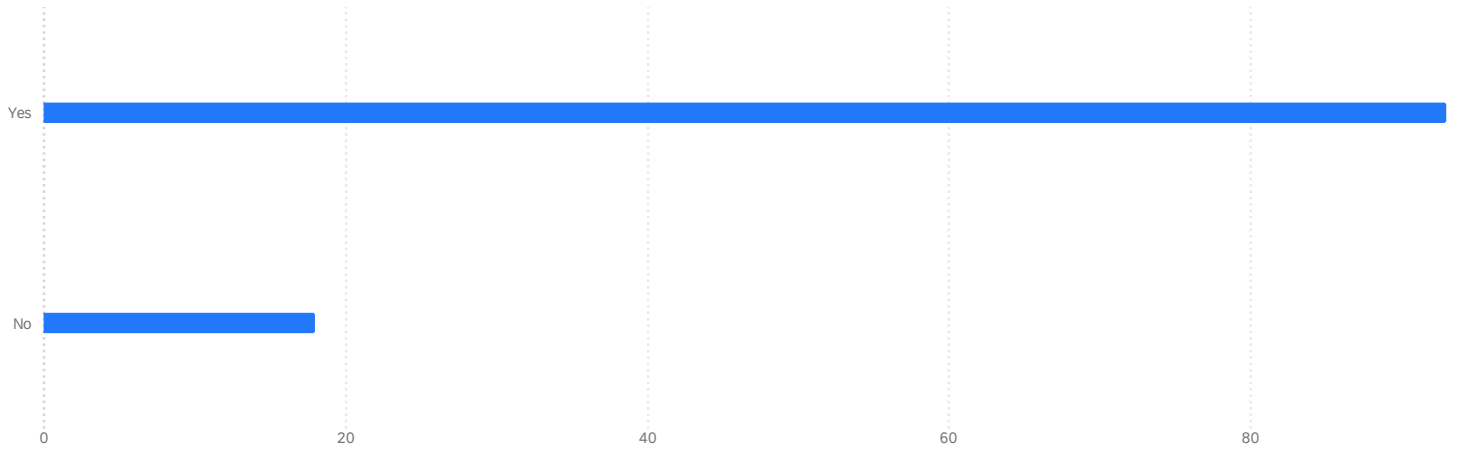
What is your religious/spiritual affiliation? 125 ⓘ

Q47 - What is your religious/spiritual affiliation? - Selected Choice	Percentage	Count
Catholic	9%	11
Protestant	29%	36
Other Christian	38%	47
Other	16%	20
None	9%	11

What is your religious/spiritual affiliation? 125 ⓘ

What is your religious/spiritual affiliation?	Average	Minimum	Maximum	Count
Catholic	1.00	1.00	1.00	11
Protestant	2.00	2.00	2.00	36
Other Christian	3.00	3.00	3.00	47
Other	6.00	6.00	6.00	20

Do you feel your spiritual needs are being met in your community? 111 ⓘ



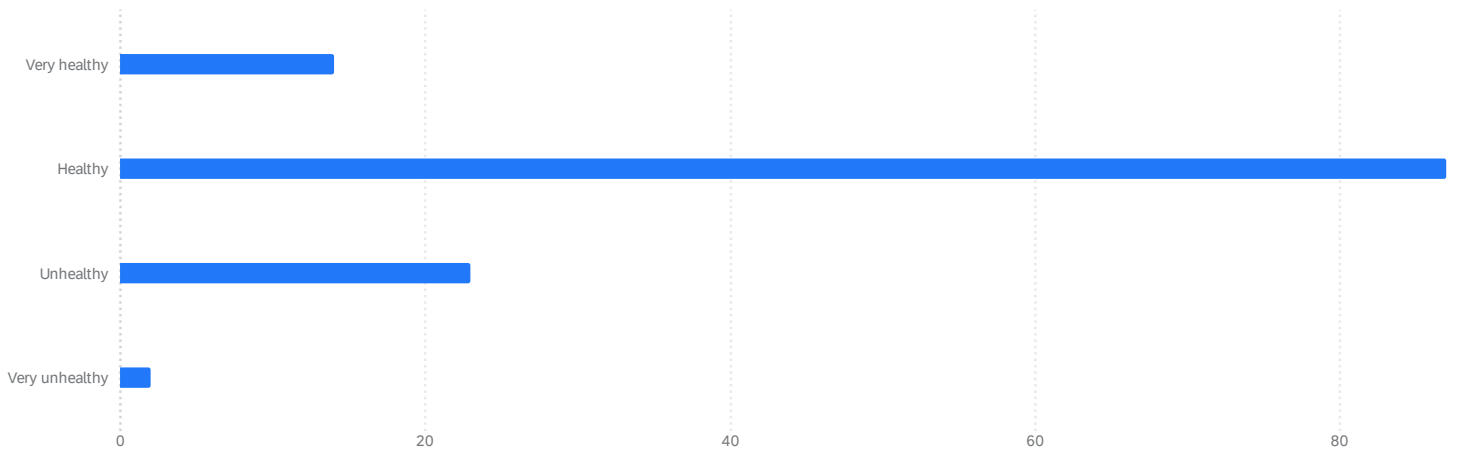
Do you feel your spiritual needs are being met in your community? 111 ⓘ

Q48 - Do you feel your spiritual needs are being met in your community?	Percentage	Count
Yes	84%	93
No	16%	18

Do you feel your spiritual needs are being met in your community? 111 ⓘ

Do you feel your spiritual needs are being met in your community?	Average	Minimum	Maximum	Count
Yes	1.00	1.00	1.00	93
No	2.00	2.00	2.00	18

How would you rate your own health? 126 ⓘ



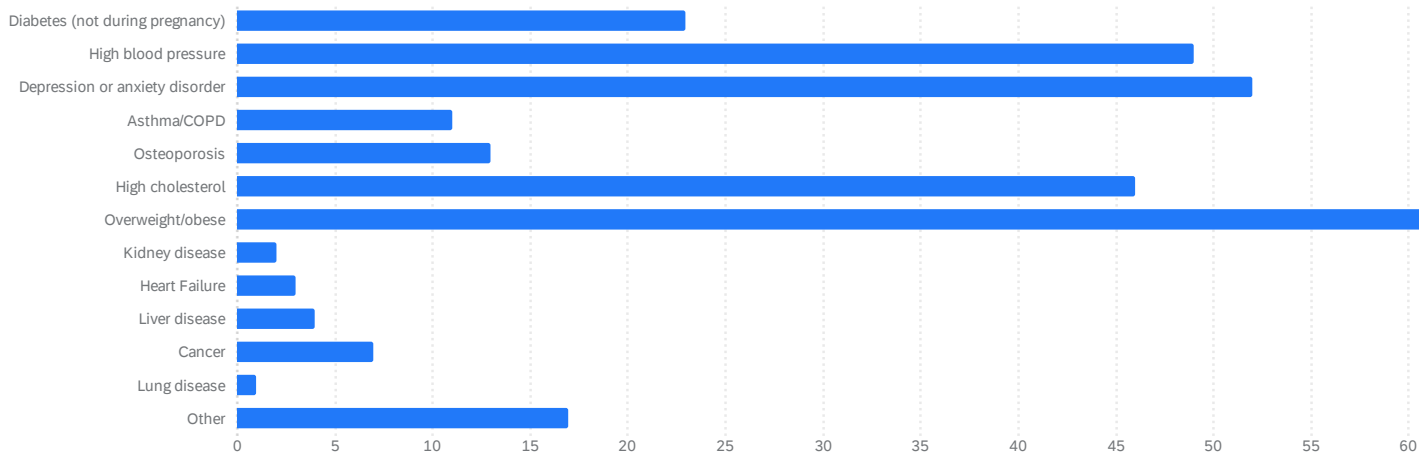
How would you rate your own health? 126 ⓘ

Q16 - How would you rate your own health?	Percentage	Count
Very healthy	11%	14
Healthy	69%	87
Unhealthy	18%	23
Very unhealthy	2%	2

How would you rate your own health? 126 ⓘ

How would you rate your own health?	Average	Minimum	Maximum	Count
Very healthy	1.00	1.00	1.00	14
Healthy	2.00	2.00	2.00	87
Unhealthy	3.00	3.00	3.00	23
Very unhealthy	4.00	4.00	4.00	2

Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) 106 ⓘ



Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) 106 ⓘ

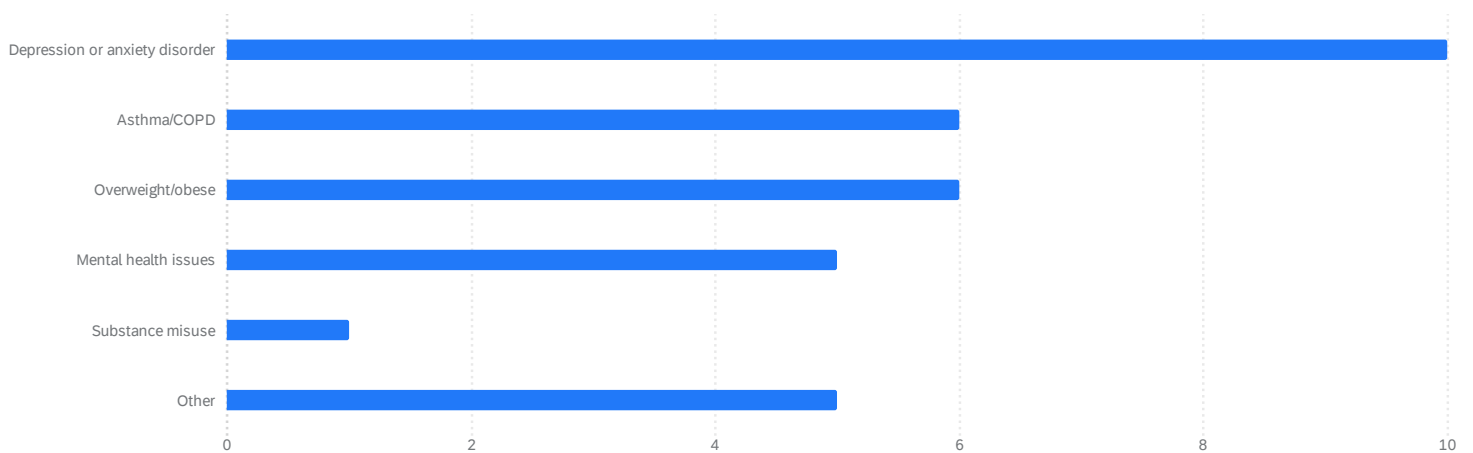
Q17 - Have you ever been told by a doctor, nurse, or other health professional that you have any of the following conditions? (Select all that apply) - Selected Choice	Percentage	Count
Diabetes (not during pregnancy)	22%	23
High blood pressure	46%	49
Depression or anxiety disorder	49%	52
Asthma/COPD	10%	11
Osteoporosis	12%	13

Other

Heart - WPW

Heart murmur

If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) 22 ⓘ



If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) 22 ⓘ

Q18 - If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply) - Selected Choice

Percentage

Count

	Percentage	Count
Depression or anxiety disorder	45%	10
Asthma/COPD	27%	6
Overweight/obese	27%	6
Mental health issues	23%	5
Substance misuse	5%	1
Other	23%	5

If you have children under the age of 21, have your children ever been diagnosed with any of the following ? (Select all that apply): Other 142 ⓘ

Other

How would you rate the availability of resources for special needs children and/or adults in your community? 121 ⓘ

Q44 - How would you rate the availability of resources for special needs children and/or adults in your community?

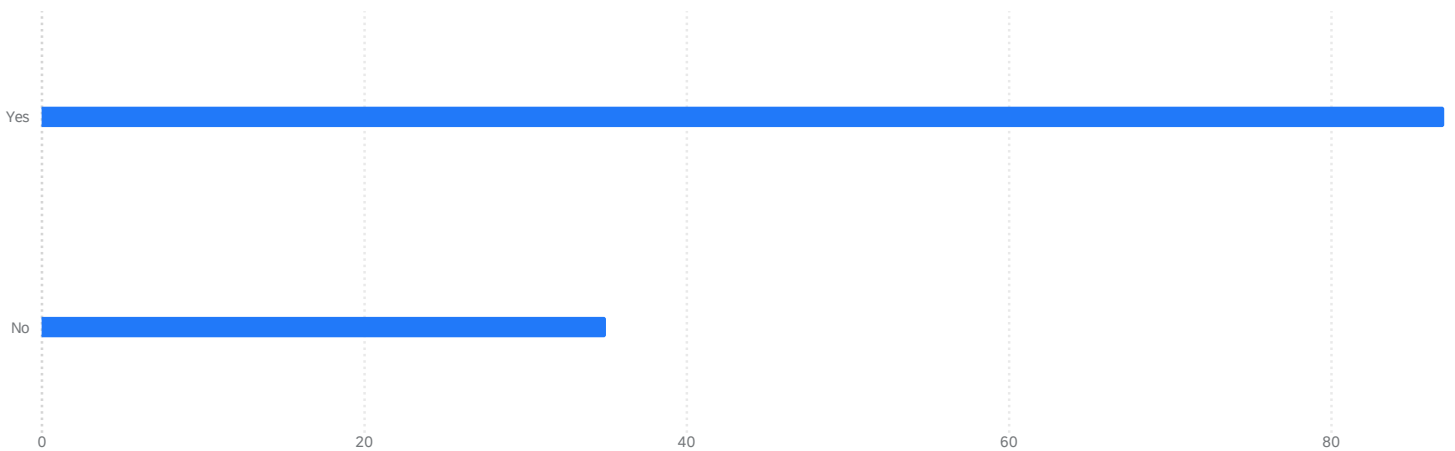
	Percentage	Count
Poor	24%	29
Needs Improvement	51%	62
Acceptable	17%	20
Good	7%	9
Excellent	1%	1

How would you rate the availability of resources for special needs children and/or adults in your community? 121 ⓘ

How would you rate the availability of resources for special needs children...

	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	29
Needs Improvement	2.00	2.00	2.00	62
Acceptable	3.00	3.00	3.00	20
Good	4.00	4.00	4.00	9
Excellent	5.00	5.00	5.00	1

Have you received any rounds of the coronavirus-19 (COVID-19) vaccine? 122 ⓘ



Have you received any rounds of the coronavirus-19 (COVID-19) vaccine? 122 ⓘ

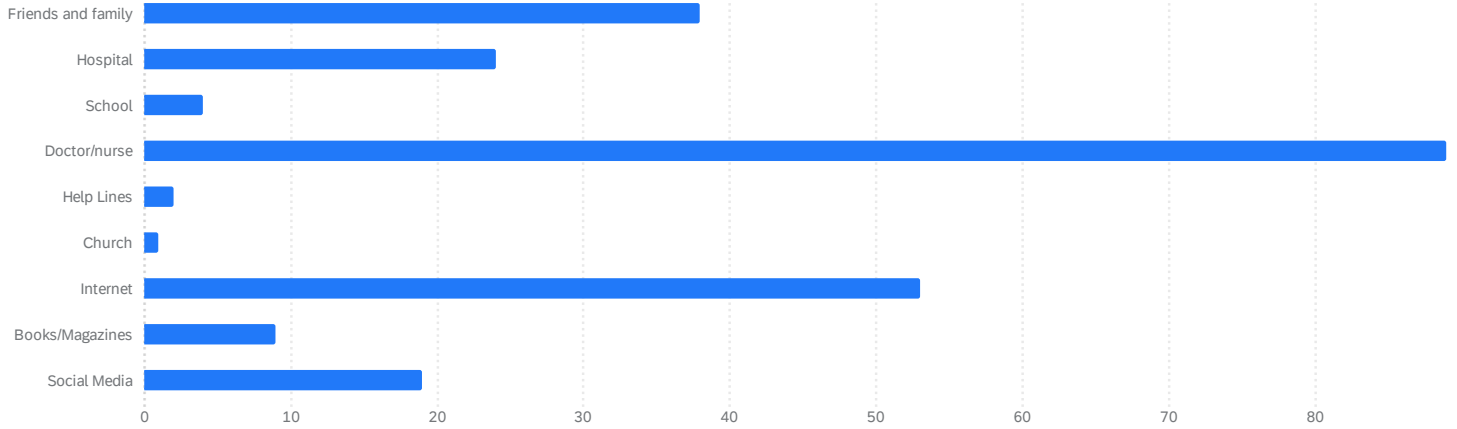
Q40 - Have you received any rounds of the coronavirus-19 (COVID-19) vaccine?

	Percentage	Count
Yes	71%	87
No	29%	35

Have you received any rounds of the coronavirus-19 (COVID-19) vaccine? 122 ⓘ

Have you received any rounds of the coronavirus-19 (COVID-19) vaccine?	Average	Minimum	Maximum	Count
Yes	1.00	1.00	1.00	87
No	2.00	2.00	2.00	35

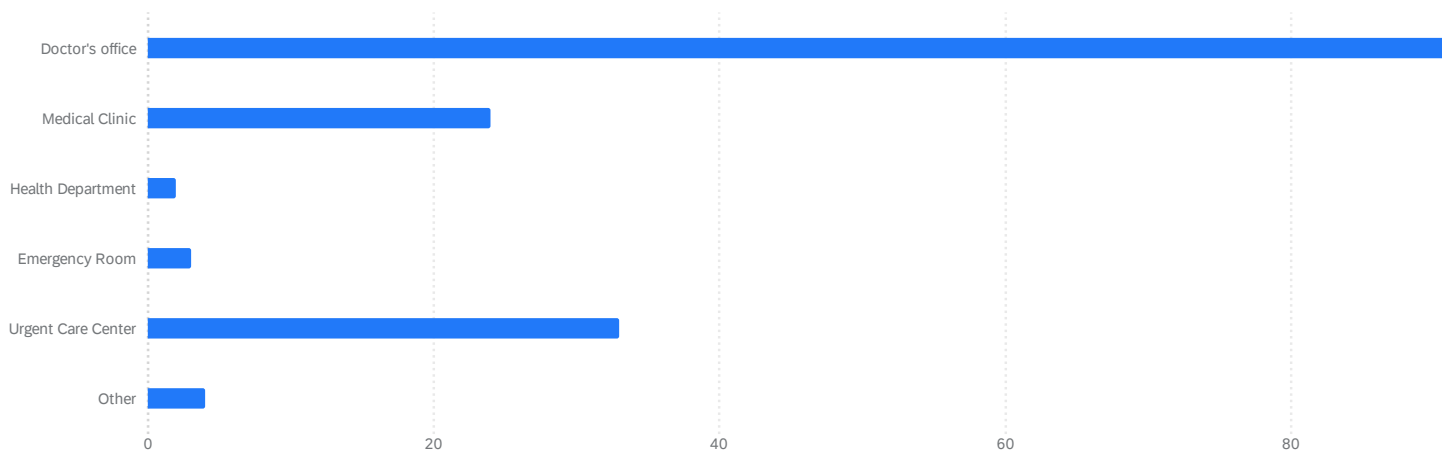
Where do you get most of your health-related information? 119 ⓘ



Where do you get most of your health-related information? 119 ⓘ

Q19 - Where do you get most of your health-related information?	Percentage	Count
Friends and family	32%	38
Hospital	20%	24
School	3%	4
Doctor/nurse	75%	89
Help Lines	2%	2
Church	1%	1
Internet	45%	53
Books/Magazines	8%	9
Social Media	16%	19

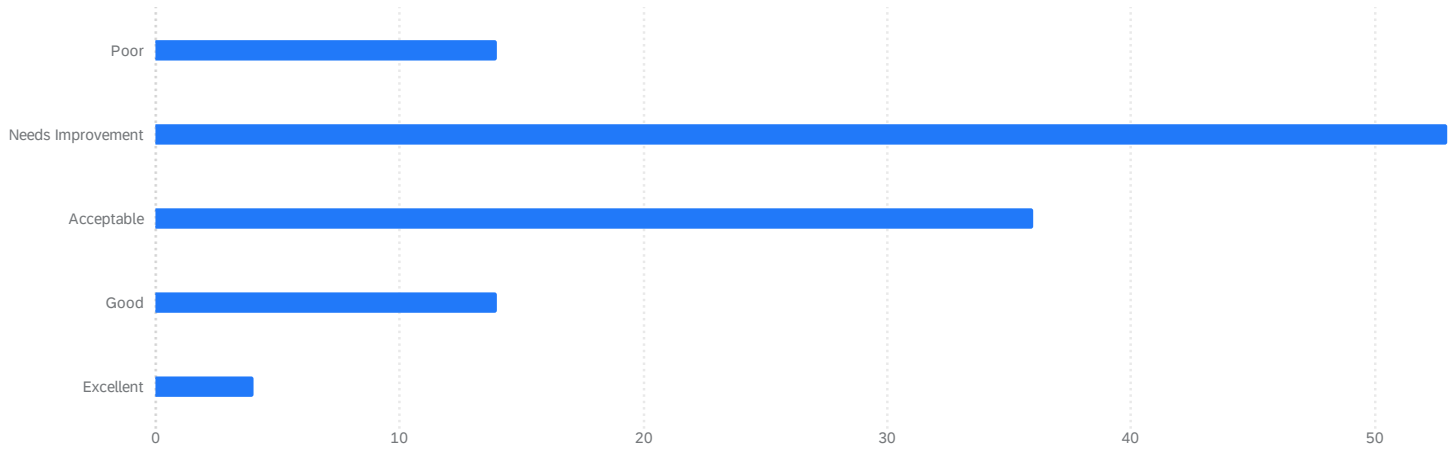
Where do you go most often when you are sick or need advice about your health? (Choose the one you use most often.) 120 ⓘ



Where do you go most often when you are sick or need advice about your health? (Choose the one you use most often.) 120 ⓘ

Q20 - Where do you go most often when you are sick or need advice about your health? (Choose the one you use most often.) - Selected Choice	Percentage	Count
Doctor's office	76%	91
Medical Clinic	20%	24
Health Department	2%	2
Emergency Room	3%	3
Urgent Care Center	28%	33
Other	3%	4

How would you rate the healthcare services available in your community? 121 ⓘ



How would you rate the healthcare services available in your community? 121 ⓘ

Q45 - How would you rate the healthcare services available in your community?

Percentage

Count

Rating	Percentage	Count
Poor	12%	14
Needs Improvement	44%	53
Acceptable	30%	36
Good	12%	14
Excellent	3%	4

How would you rate the healthcare services available in your community? 121 ⓘ

How would you rate the healthcare services available in your community?

Average

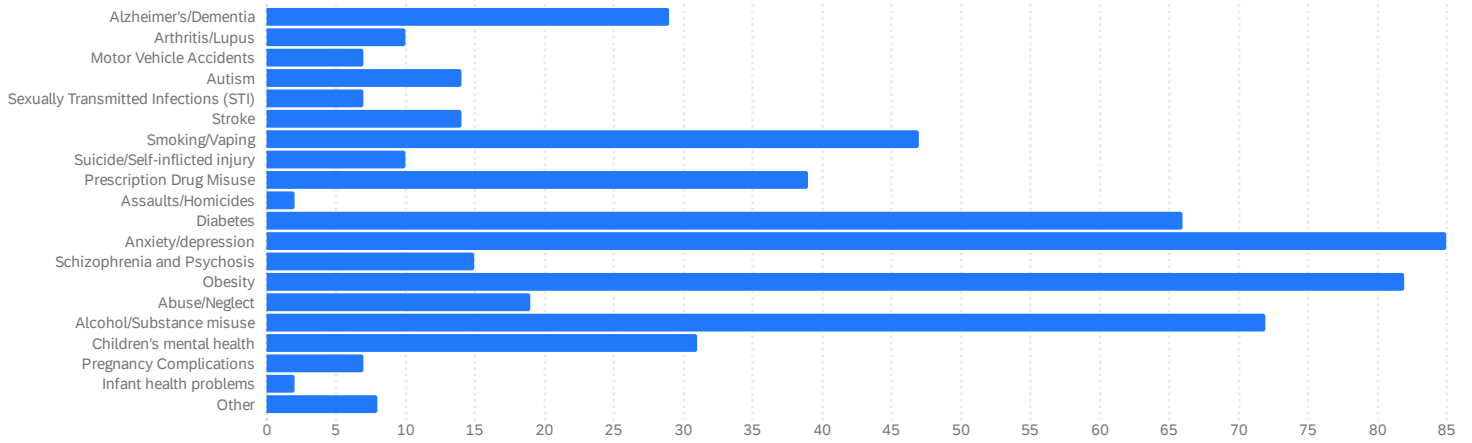
Minimum

Maximum

Count

Rating	Average	Minimum	Maximum	Count
Poor	1.00	1.00	1.00	14
Needs Improvement	2.00	2.00	2.00	53
Acceptable	3.00	3.00	3.00	36
Good	4.00	4.00	4.00	14
Excellent	5.00	5.00	5.00	4

What are the TOP 5 most common health issues in your community? 117 ⓘ



What are the TOP 5 most common health issues in your community? 117 ⓘ

Q21 - What are the TOP 5 most common health issues in your community? - Selected Choice	Percentage	Count
Alzheimer's/Dementia	25%	29
Arthritis/Lupus	9%	10
Motor Vehicle Accidents	6%	7
Autism	12%	14
Sexually Transmitted Infections (STI)	6%	7
Stroke	12%	14
Smoking/Vaping	40%	47
Suicide/Self-inflicted injury	9%	10
Prescription Drug Misuse	33%	39
Assaults/Homicides	2%	2
Diabetes	56%	66
Anxiety/depression	73%	85
Schizophrenia and Psychosis	13%	15
Obesity	70%	82
Abuse/Neglect	16%	19
Alcohol/Substance misuse	62%	72
Children's mental health	26%	31
Pregnancy Complications	6%	7
Infant health problems	2%	2
Other	7%	8

Other

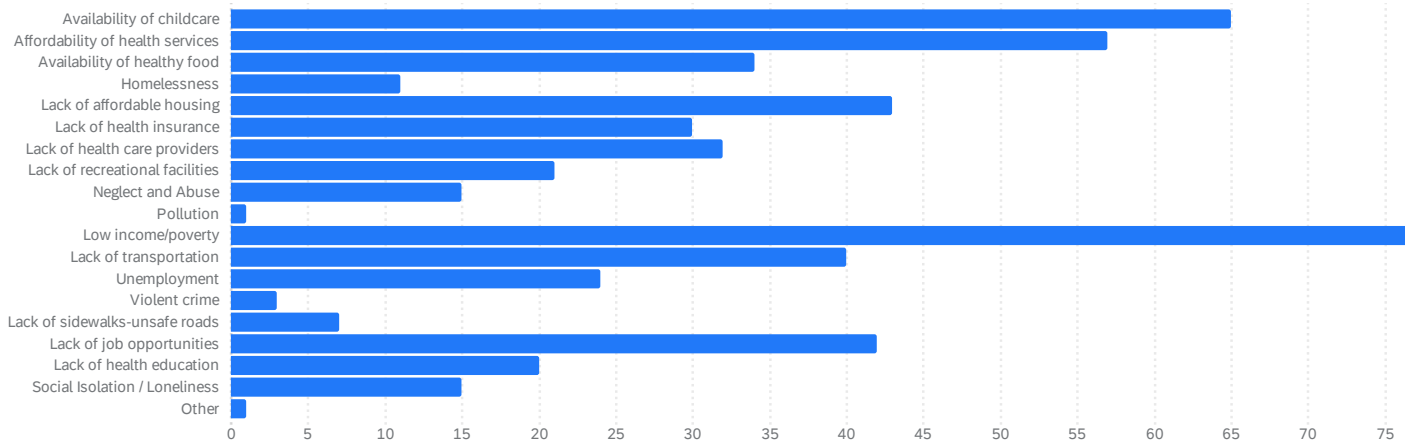
Cancer

Heart disease/cancer

orthopedic

Cancer

What are the TOP 5 social issues that have the greatest effect on quality of life in your community? 115 ⓘ



What are the TOP 5 social issues that have the greatest effect on quality of life in your community? 115 ⓘ

Q22 - What are the TOP 5 social issues that have the greatest effect on quality of life in your community? - Selected Choice

Percentage

Count

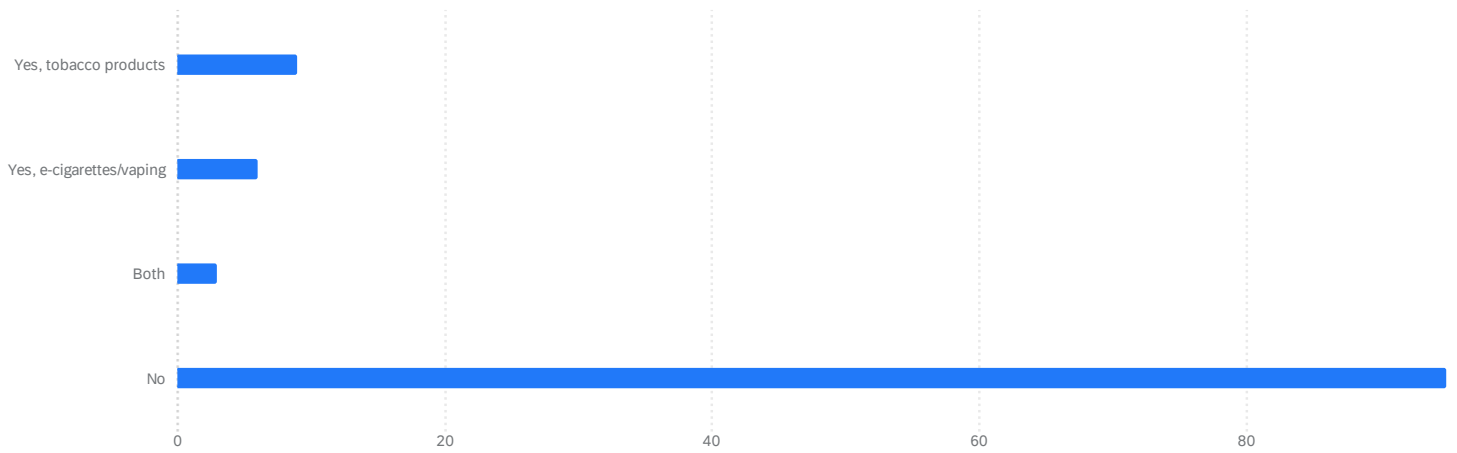
Social Issue	Percentage	Count
Availability of childcare	57%	65
Affordability of health services	50%	57
Availability of healthy food	30%	34
Homelessness	10%	11
Lack of affordable housing	37%	43
Lack of health insurance	26%	30
Lack of health care providers	28%	32
Lack of recreational facilities	18%	21
Neglect and Abuse	13%	15
Pollution	1%	1
Low income/poverty	69%	79
Lack of transportation	35%	40
Unemployment	21%	24
Violent crime	3%	3
Lack of sidewalks-unsafe roads	6%	7
Lack of job opportunities	37%	42
Lack of health education	17%	20
Social Isolation / Loneliness	13%	15
Other	1%	1

What are the TOP 5 risk behaviors that impact health in your community? 113 ⓘ

Q23 - What are the TOP 5 risk behaviors that impact health in your community? - Selected Choice	Percentage	Count
Alcohol/drug misuse	82%	93
Not going to dentist for check-ups	29%	33
Lack of exercise	47%	53
Not getting recommended vaccinations	15%	17
Not using car seats	6%	7
Not wearing seat belts	9%	10
Unsafe sex	13%	15
Lack of prenatal care	10%	11
Poor eating habits	35%	40
Reckless/drunken driving	13%	15
Not going to doctor for annual check-up	47%	53
Smoking/Vaping	64%	72
Abuse or neglect	20%	23
Untreated mental health issues	70%	79
Teen pregnancy under age 18	11%	12
Smoking during pregnancy	4%	5
Other	2%	2

Other

Do you currently smoke or use tobacco products including e-cigarettes/vaping? 113 ⓘ



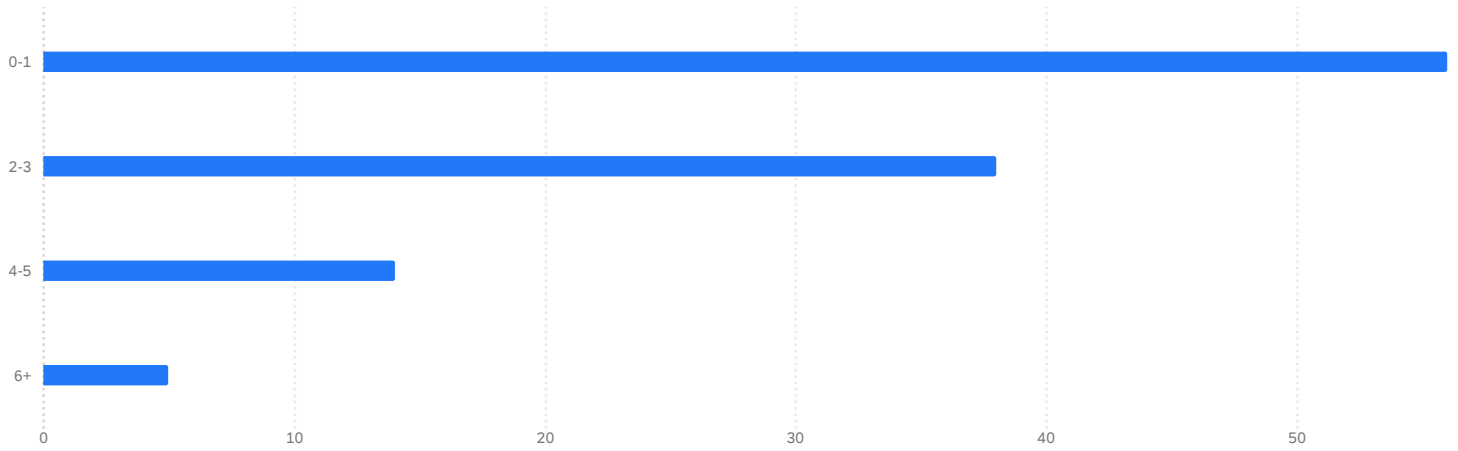
Do you currently smoke or use tobacco products including e-cigarettes/vaping? 113 ⓘ

Q25 - Do you currently smoke or use tobacco products including e-cigarettes/vaping?	Percentage	Count
Yes, tobacco products	8%	9
Yes, e-cigarettes/vaping	5%	6
Both	3%	3
No	84%	95

Do you currently smoke or use tobacco products including e-cigarettes/vaping? 113 ⓘ

Do you currently smoke or use tobacco products including e-cigarettes/vapin...	Average	Minimum	Maximum	Count
Yes, tobacco products	1.00	1.00	1.00	9
Yes, e-cigarettes/vaping	2.00	2.00	2.00	6
Both	3.00	3.00	3.00	3
No	4.00	4.00	4.00	95

In a normal week, how many times do you exercise at least 30 minutes? 113 ⓘ



In a normal week, how many times do you exercise at least 30 minutes? 113 ⓘ

Q26 - In a normal week, how many times do you exercise at least 30 minutes?

Percentage

Count

Frequency Category	Percentage	Count
0-1	50%	56
2-3	34%	38
4-5	12%	14
6+	4%	5

In a normal week, how many times do you exercise at least 30 minutes? 113 ⓘ

In a normal week, how many times do you exercise at least 30 minutes?

Average

Minimum

Maximum

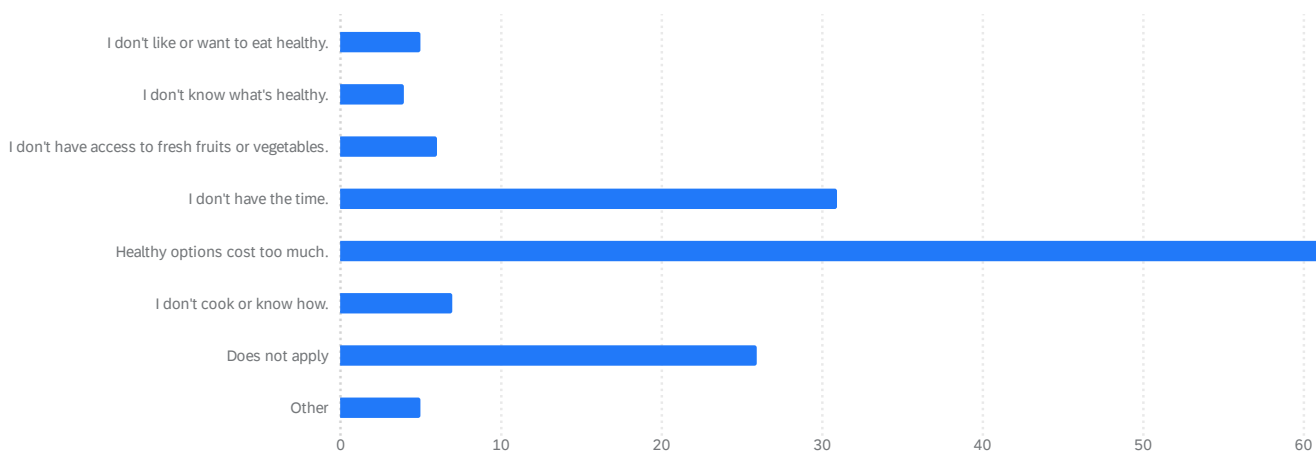
Count

Frequency Category	Average	Minimum	Maximum	Count
0-1	1.00	1.00	1.00	56
2-3	2.00	2.00	2.00	38
4-5	3.00	3.00	3.00	14
6+	4.00	4.00	4.00	5

How many hours per day do you watch TV, play video games, or use the computer or a smart device for recreation? 112 ⓘ

How many hours per day do you watch TV, play video games, or use the comput...	Average	Minimum	Maximum	Count
0-1 hour	1.00	1.00	1.00	25
2-3 hours	2.00	2.00	2.00	50
4-5 hours	3.00	3.00	3.00	19
6+ hours	4.00	4.00	4.00	18

What barriers prevent you from eating healthy foods? (Select all that apply) 112 ⓘ



What barriers prevent you from eating healthy foods? (Select all that apply) 112 ⓘ

Q29 - What barriers prevent you from eating healthy foods? (Select all that apply) - Selected Choice	Percentage	Count
I don't like or want to eat healthy.	4%	5
I don't know what's healthy.	4%	4
I don't have access to fresh fruits or vegetables.	5%	6
I don't have the time.	28%	31
Healthy options cost too much.	62%	69
I don't cook or know how.	6%	7
Does not apply	23%	26
Other	4%	5

